

# PHYLLIS A. ERNST Senior Center

Recreation & Parks  
Department  
3810 Veterans Memorial Drive  
Hilliard, Ohio 43026  
614.876.0747  
8 a.m. – 4 p.m.

VOLUME 40, NO. 3  
JUNE – AUGUST 2018  
[hilliardohio.gov](http://hilliardohio.gov)



# PLAY!

REAL PEOPLE. REAL POSSIBILITIES.



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## Membership Renewal

Memberships are valid for a period of 12 months. A renewal form is available in the office. Memberships are \$15. Complimentary memberships are provided to those 90 years of age and older.

## Senior travelers take a big trip Down Under

Hopefully by now the fog of jet lag has cleared and any of our seniors who experienced the wonders of the South Pacific — Australia and New Zealand, with a post Fiji Island trip — can tell you it met all of their expectations. During our more than two-week excursion, we chalked up 10 airplane rides, five boat trips, walking tours, horseback trekking, coach bus rides, a jeep canyon safari, a gondola ride and about 22,000 miles of travel!

(Continued on Page 3)



## WHAT ELSE CAN YOU TELL US?

**Which country did you like best:**  
**Australia or New Zealand?**

**Judy Aufderheide:** Australia  
**Diana Fife:** New Zealand  
**Jan Fitz:** New Zealand  
**Becky Donahue:** New Zealand  
**Karen Spooner:** New Zealand

**Which was your favorite accent:**  
**New Zealand or Australian?**

**Judy:** Australian  
**Diana:** Australian  
**Jan:** Australian  
**Becky:** Was there a difference?  
**Karen:** Was there a difference?

**Which one did you like more: koala or crocodile?**

**Judy:** Koala  
**Diana:** Koala  
**Jan:** Koala  
**Becky:** Koala  
**Karen:** Koala

**Which one tasted better: Kangaroo or crocodile?**

**Judy:** Didn't try either.  
**Diana:** Kangaroo  
**Jan:** Kangaroo  
**Becky:** Didn't try either.  
**Karen:** Kangaroo

# NEWS & NOTES

## Senior Center Newsletter

VOLUME 40, NO. 3  
JUNE – AUGUST 2018

### New Cashless Policy

As of Jan. 1, we are no longer accepting cash. Please be prepared to pay with a credit card, debit card or check for all programs, memberships and lunch. We do offer punch cards for lunch and exercises classes. We are still accepting cash for your ticket admission the day of a scheduled trip. You must bring the exact amount as we will not have any change available. Ticket admission is going to be collected on the bus. Once again under no circumstances do we accept cash. Local Shop and Bingo are now FREE!

#### Lunch Cards

- 3 Lunches \$15
- 6 Lunches \$29
- 13 Lunches \$58 (Get one free!)

### Registration

Online registration begins Friday, May 11. Sign up for all June, July and August programs in person at 9 a.m. on Tuesday, May 15.

### Center Closings

The Center is closed on Wednesday, July 4 and Sept. 4-10.

### Time Changes for the Summer

During June, July and August all lunches are served at 11:30 a.m. Some programs may begin earlier due to the lunch time change and some are rescheduled due to campers using the facilities. Please be sure to check the summer schedule.

### PLAY! Program & Activity Guide

For additional information on daily programs and cancelation policies pick up our Spring & Summer Program and Activity Sheets.

### Library

We have a library available with a wide selection of books, movies, books on tape and puzzles. Computers and printers are also available for your use. Please stop in and enjoy the library. Thank you to everyone who has donated books!



### OSHIIP

The Ohio Senior Health Insurance Information Program provides free information and other services covered by Medicare. Schedule a one-on-one appointment at the Center office for the fourth Thursday of the month.

## ACTIVITIES & SPECIAL EVENTS

### Programs Canceled

There are no lunches or programs, July 4. All scheduled programs resume on Thursday, July 5.

### Mill Run Luncheon

Mill Run hosts this luncheon on the third Friday of the month. Mill Run provides an informative speaker after lunch.

- Fridays, June 15, July 20 and Aug. 17, 11:30 a.m. Free

### Happiness Club

Your reservation is due by 4 p.m. the Wednesday before the lunch. Register at the center or online.

- Fridays, June 8, July 13 and Aug. 10, 11:30 a.m.; \$6

### Bible Study

- Mondays, 10:15 a.m.; Free

### Prayer Luncheon

An area minister presents a short message after lunch. Reservations due the day before the luncheon.

- Fridays, June 29, July 27 and Aug. 31, 11:30; \$5

### Po-Ke-No

Sponsored by Mayfair Village.

- June 28, July 26 and Aug. 30, 10 a.m.; Free

### Craft Club

This group works on various projects for fundraisers and donations; supplies provided.

- Wednesdays, 9:30 a.m.; Free

### Jewelry Making Class

- Wednesdays, first and third, 1 p.m.; Free



### Lunch & Learn – Edward Jones – “Health Care and Your Retirement”

The potential impact of rising health care costs on retirement savings. Includes an introduction to Medicare coverage and costs, long-term care costs, available options for supplemental health care and long-term care insurance.

- Wednesday, July 25, 10:30 a.m.; Free. Must attend seminar to receive the free lunch.

# TRAVEL ABROAD



Our holiday began in Cairns, Australia, the gateway city to the Great Barrier Reef, the largest living structure in the world. This tropical town welcomed us with summer-like temps and a trip out to the reef for exploration by snorkeling, on a glass bottom boat ride, from the pier, or simply walking along the beach. That evening, in true Aussie tradition, we were treated to native cuisine of local fish, crocodile or kangaroo.

We toured the scenic countryside of the South of Wales the next day of our trip and learned about the Aborigines at the Tjapuki Aboriginal Cultural Center who are the traditional land owners of Australia. There was dancing, didgeridoo playing, boomerang, spear throwing taught to us by the natives and lots of Aboriginal art. Afterward, we visited Hartley's Croc Farm where the croc tamers were amazing and brave, and put on quite a show! We also got to feed and pet kangaroos and cuddle koalas.

Sydney, Australia, the largest city in the country, was a bustling place that felt like a cross between San Francisco and New York, but with a beach-y vibe. We had a private tour of the iconic Sydney Opera House and even got a sneak peak of and listened to the Sydney Symphony Orchestra rehearsing! We toured the city and saw famous landmarks such as Kings Cross, the Harbour Bridge, Chinatown, the Rocks, Circular Quay, the Botanic Gardens and the burbs of Paddington.

Later that day we learned how raw opals are mined at the National Opal Centre. The following day was a free day to explore more of the city followed by a dinner cruise that featured wines from local wineries and beautiful views of the city, Opera House and Harbour Bridge from the Sydney Harbour.

Next we headed to New Zealand. Probably one of our fondest memories of the "Kiwis" (native New Zealanders) was our visit and dinner in the homes of Christchurch families. During this unforgettable evening, we were treated to a traditional home-cooked meal of lamb, potatoes, peas and carrots, followed by Pavlova for dessert. It was incredible to be immersed into the culture and learn all about their way of life. These host families were so kind to have us! We also learned about the 2011 earthquake devastation in Christchurch; some took an excursion to the International Antarctic Centre (a surprise to be so close!)

Departing Christchurch, we rounded out the trip with a four-day stay in Queenstown, New Zealand which is nestled on Lake Wakatipu and surrounded by the majestic Remarkable Mountains. We toured the New Zealand countryside the first day there, viewed Mt. Cook National Park, visited a family owned sheep farm, and shopped a famous roadside fruit stand.

The next morning, we bused through the Hollyford Valley to Milford Sound where we took a boat trip out to the

Tasmanian Sea, winding in and out of fiords and 4,000 waterfalls. On our third day, we enjoyed the fall-like weather; some went on the Jeep excursion through Skippers Canyon (the seventh-most dangerous road in the world), panned for gold and saw where many of the scenes from "Lord of the Rings" movies were filmed. Following that was an exhilarating 80 m.p.h. jet boat ride through the Shotover River. The final day down under was spent in Arrowtown, a turn of the century Gold Rush settlement with quaint shops and cafes. We also visited New Zealand's southern most winery, Gibbston Valley, where we enjoyed wine, cheese and honey tasting. Our farewell dinner was an amazing buffet (with the biggest prawns ever) on top of Bob's Peak, overlooking all of Queenstown reached only by a gondola ride straight up the mountain!

A few of us went on to the island of Fiji, while the rest of us made the 20-some-hour trip back to the states.

We all truly enjoyed our time with the Aussies and the Kiwis down under. They are welcoming people who are good company and really make Americans feel welcome. We also met some other travelers who joined our group from Florida, California, Tennessee and Texas and made our trip even more fun!

Stay tuned to where we adventure to next...



# EXCURSIONS



Lindey's

## Local Shop

The center bus can pick you up at your home if you live in the City of Hilliard. The bus departs from the center at 11 a.m.; Free. Please call in advance to make a reservation.

- Friday, June 1: Kroger
- Friday, June 15: Meijer
- Friday, July 6: Wal-Mart
- Friday, July 20: Kroger
- Friday, Aug. 3: Meijer
- Friday, Aug. 17: Wal-Mart

## Grove City Showstoppers – Senior Moments

“Senior Moments” is a hilarious look at each of us as we enjoy our “Senior” years! This show was written by one of Grove City Showstoppers’ member John Schall.

- Wednesday, June 6, 11 a.m.; \$4 at signup and can of food donation day of performance, plus lunch OYO at local restaurant

## Hollywood Casino

\$5 free play, \$5 off lunch buffet and new card sign-ups get to play a Kiosk game and win between \$5-15. You must be registered for the trip by Friday to receive the free play and lunch credit.

- Thursdays, June 28, July 19 and Aug. 9, 9:30 a.m.; \$3, plus lunch OYO at Casino

## Scioto Downs Racino

\$10 free play and \$5 dining credit. You must register for the trip by Friday to receive the free play and lunch credit.

- Wednesdays, June 20, July 11 and Aug. 22, 9:30 a.m.; \$4, plus lunch OYO at Racino
- Limit - only 20 people arriving in cars, please register for the bus

## Columbus Clippers – Franklin County Office On Aging Day

The Columbus Clippers host the Norfolk Tides. Fans aged 60 and over receive a boxed lunch and chance for special door prizes.

- Thursday, June 7, 9:45 a.m.; \$6 at signup, plus free boxed lunch at game

## Schnormeier Gardens – Gambier, Ohio

Building of the Schnormeier Gardens began in 1996 and has grown to include 50 acres of manicured lawns, 10 lakes, a variety of discrete garden areas and several waterfalls.

- Friday, June 8, 9 a.m.; \$6 at signup, plus lunch OYO at local restaurant

## Ohio Supreme Court Building Tour and Lunch at Lindey's in German Village

From school-aged children to art-enthusiast adults, the Judicial Center tours highlight the history of the building's birth in the 1930s and its beautiful Art Deco architecture, as well as the inner workings of the Ohio Supreme Court and the Ohio judicial system. Lindey's has been consistently voted one of Columbus' top restaurants for the past 36 years.

- Monday, June 11, 9:15 a.m.; \$4 at signup, plus lunch OYO at Lindey's

# EXCURSIONS



## **Heini's Cheese and Lunch at Mrs. Yoder's – Millersburg**

In 1948, John and Lili, together with their two children, their father Peter and aunt Marguerite, sold the family farm in Switzerland to join John's brother Crist in the United States. Crist had purchased Bunker Hill Cheese in 1935 and asked John to join him in building the family cheese business. Today it is one of the premier cheese retailers east of the Mississippi River, and one of the most successful wholesale manufacturers serving clients throughout North America. If there is time we stop at Wendell August Forge company and leather shop.

- Trip 1: Wednesday, June 13, 9 a.m.; \$7 at signup, plus lunch OYO at Mrs. Yoder's restaurant
- Trip 2: Monday, June 25; 9 a.m.; \$7 at signup, plus lunch OYO at Mrs. Yoder's restaurant

## **Moser Glass Company and Theo's Restaurant – Cambridge**

Mosser Glass offers area tourists an interesting learning experience. We are given a guided tour through the facility, where we see talented craftsman at work and learn about the process of glass making. Theo's Restaurant in downtown Cambridge has been a family dining tradition since 1931.

- Tuesday, June 19, 9 a.m.; \$7 at signup, plus lunch OYO at Theo's restaurant

## **Fairport Harbor Museum & Lighthouse with Pickle Bill's Lunch – Cleveland**

The Fairport Harbor Marine Museum is the first Great Lakes Lighthouse Marine Museum in Ohio and United States. Since 1945, the keeper's dwelling has been home to the museum's outstanding collection of Fairport Harbor and Great Lakes maritime history. As you tour the various exhibit rooms, you should note some of the important artifacts in the collection.

- Wednesday, June 27, 8 a.m.; \$7 at signup and \$6 cash day of tour, plus lunch OYO at Pickle Bill's restaurant.

## **Decorative Arts Center Lancaster – Costumes and Characters from Paramount Pictures**

The exhibition, curated by Paramount Archivist Randall Thropp, promises to be a colorful showcase of creative designed costumes from 1987-Present.

- Tuesday, July 10, 9 a.m.; \$6 at signup and \$5 cash day of tour, plus lunch OYO at local restaurant

## **Senior Days at Franklin County Fair Free Shuttle**

Shuttle runs from 8:45 a.m. – 2 p.m. You must purchase entry ticket (limited numbered) by Friday, July 6 to receive the free lunch. Fair tickets are available for purchase at several senior center lunches (TBD) as well as Destination Hilliard offices.

- Monday, July 16 and Tuesday, July 17; Free shuttle. Activities scheduled 9 a.m.-1 p.m.



# EXCURSIONS



**Pontifical College Josephinum**

## **Pontifical College Josephinum Tour – Worthington**

The Pontifical College Josephinum is a Roman Catholic seminary whose mission is to prepare men for the ordained priesthood through human, spiritual, intellectual, and pastoral formation. The seminary consists of two academic divisions: The College of Liberal Arts and The School of Theology, which includes a Pre-Theology Program.

- Wednesday, July 25, 9:15 a.m.; \$4 at signup, plus lunch OYO at local restaurant

## **Ohio State Fair – Senior Day**

Enjoy a day at the Ohio State Fair (9:30 a.m.-2:30 p.m.). Discounted entry and free concert from The Rat Pack!

- Tuesday, July 31, 9 a.m.; \$7 includes entry to the fair, plus lunch OYO at fairgrounds

## **D&D Auto Restoration and Lunch at Buffalo Jacks – Covington, Ohio**

D&D Classic Automobile Restoration was founded in 1985 by Dale Sotzing and Dave Meyers to be the premier restorer of Rolls-Royce, Bentley and other coach built cars. Today it consists of eight buildings and has won hundreds of awards for restorations.

- Tuesday, Aug. 21, 8:45 a.m.; \$6 at signup, plus lunch OYO at local restaurant

## **Doll and Toy Museum – Canal Winchester**

We visit the museum featuring thousands of antique to modern dolls, toys, Disney memorabilia, trains, and circus collections.

- Wednesday, Aug. 8, 10 a.m.; \$4 at signup and \$3 cash day of tour, plus lunch OYO at local restaurant

## **KitchenAid Stand Mixer Factory Tour – Greenville, Ohio**

Visit the KitchenAid Stand Mixer Factory Tour in Greenville, Ohio. This unique factory tour is led by actual production associates and brings the tourist into contact with the people who are responsible for making this beloved icon of the American kitchen.

- Wednesday, Aug. 15, 9 a.m.; \$6 at signup, plus lunch OYO at local restaurant

## **Cleveland Indians Vs Minnesota Twins**

Located above the first-base line, Club Seats provide excellent views and amenities for an exceptional value. Club Seat Holders can watch the game from a prime outdoor location with access to the climate-controlled Club Lounge, located directly behind the seating area. All Club Seat tickets include all-inclusive food and non-alcoholic beverages available in the Club Lounge.

- Tuesday, Aug. 28, bus leaves at 3:30 p.m.; \$70 at signup.

# OVERNIGHT TRIPS

EXCURSIONS	My Old Kentucky Home	Rocking Horse Ranch	Sedona, Red Rock & The Grand Canyon	ALASKA Land and Cruise 2019	Nashville's Opryland Christmas
<b>Depart</b>	Tuesday, Aug 21, 2018	Sunday, Sept. 9 2018	Monday, Oct. 15, 2018	More info coming Spring 2018	Monday, Nov. 26, 2018
<b>Return</b>	Wednesday, Aug. 22, 2018	Saturday, Sept. 15, 2018	Sunday, Oct. 21, 2018	August/ September 2019	Thursday, Nov. 29, 2018
<b>Transportation</b>	Motorcoach	Motorcoach	Flight/Motorcoach	Flight/ Motorcoach /Ship	Motorcoach
<b>Length</b>	2 Days/ 1 night	7days/6 nights	7days/6 nights		4 Days/ 3 nights
<b>Provider</b>	World of Travel	World of Travel	World of Travel	World of Travel	White Star Tours
<b>Fees (Double Occupancy)</b>	\$299	\$1,499	\$2,995		\$785
<b>Deposit</b>	\$100	\$300	\$400		
<b>Final Payment</b>	May 18, 2018	May 3, 2018	June 29, 2018		
<b>Travel Protection</b>	Yes/Available	Yes/Available	Yes/Available		Available
<b>Passport</b>	No	No	No	No	No

# HEALTH & WELLNESS



## Bowling

Meet Bill Lobuzzetta at Sawmill Lanes on Monday mornings at 9 a.m.

## Golf

Want to Golf on Wednesdays in a relaxed atmosphere, make some new friends and have fun? Then join us May-September when you are available this season. Meet Bill Lobuzzetta at the course.

- Wednesdays, 8:30 a.m.; pick up a flyer with the schedule.

## Summer Water Aerobics

Join us at the HFAC in the slide pool.

- Mondays and Thursdays, June 5-July 26, 9-9:45 a.m.; \$2 or membership to pool

## Strength Training

Fitness equipment, treadmills, free weights and stationery bikes are available in the weight room.

- \$5/month

## Get Fit

This class is a complete full-body workout. Some exercises are done while seated and some while standing. All students work at their own pace. Free weights are used. Instructors: Tony Johnson and Maggie Schmidt.

- Tuesdays and Fridays, 9:15-10 a.m.; activity card only

## The New Lifestyle

Fantastic fitness that empowers you to embrace a healthier lifestyle. Increase strength, endurance, balance and flexibility in a fun and encouraging atmosphere. Instructor: Jane Stauffer

- Mondays and Thursdays, 10:15-11 a.m.; Saturdays, 9:45-10:30 a.m.; \$7 drop in fee. First class is free!

## Indoor Walking

Indoor walking Monday-Friday, 8-8:45 a.m. in the gym.

- No walking: June 11-15, June 25-29, July 4-29, and Sept 1 – Sept 9.

## Zumba

Ditch the workout and join the party! Zumba uses interval training combining fast and slow rhythms for an effective aerobic workout. Watch and follow along. Zumba is great for the body and mind. The class is designed for all abilities. Instructor: Doreen Woodard.

- Mondays and Wednesdays, 9:15-9:45 a.m.; Sundays, 5-6 p.m.; Wednesdays and Thursdays, 6-7 p.m.; \$3

## Pickleball

Interested in Pickleball? It is a court game slower than tennis with strategies similar to tennis and table tennis. Pickleball is played with wood or composite paddles and perforated, plastic balls similar to Wiffle balls.

- June 4, 6, 8: 12:30-3:30 p.m.
- June 11, 13, 15: 10-11:30 a.m.\*
- June 18, 20, 22: 12:30-3:30 p.m.
- June 25-29: 10-11:30 a.m.\*
- July 2 and 6- 12:30-3:30 p.m.
- July 9-13: 10-11:30 a.m.\*
- July 16-22: 12:30-3:30 p.m.
- July 23-27: 10-11:30 a.m.\*
- Mondays, Wednesdays and Fridays, 12:30 p.m.; Free with Senior Membership.

\*Weather permitting: If it is raining, camp needs the gym so Pickleball is cancelled. If in doubt, call us 614.876.5200.

## Alzheimer's Support Group

A support group for family members, caregivers and friends of people with Alzheimer's disease or related disorders meets at the Center and is facilitated by a trained professional. This group provides participants with an opportunity to discuss caregiving challenges and share helpful tips, while receiving support from others who are in similar situations.

- Third Friday of the month, 9:30 a.m.; Free.



# Phyllis A. Ernst Senior Center Daily Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING</b>	<u>8 a.m.</u> <ul style="list-style-type: none"> <li>Indoor Walking</li> </ul> <u>8 a.m.-4 p.m.</u> <ul style="list-style-type: none"> <li>Billiards</li> </ul> <u>9 a.m.</u> <ul style="list-style-type: none"> <li>Bowling at Sawmill Lanes</li> </ul> <u>9:15 a.m.</u> <ul style="list-style-type: none"> <li>Zumba</li> </ul> <u>10:15 a.m.</u> <ul style="list-style-type: none"> <li>Bible Study</li> </ul> <u>10:15-11 a.m.</u> <ul style="list-style-type: none"> <li>New Lifestyle exercise class</li> </ul>	<u>8 a.m.</u> <ul style="list-style-type: none"> <li>Indoor Walking</li> </ul> <u>8 a.m.-4 p.m.</u> <ul style="list-style-type: none"> <li>Billiards</li> </ul> <u>9:15 a.m.</u> <ul style="list-style-type: none"> <li>Get Fit exercise class</li> </ul> <u>10 a.m.</u> <ul style="list-style-type: none"> <li>Beginner Bridge</li> </ul>	<u>8 a.m.</u> <ul style="list-style-type: none"> <li>Indoor Walking</li> </ul> <u>8 a.m.-4 p.m.</u> <ul style="list-style-type: none"> <li>Billiards</li> </ul> <u>9 a.m.</u> <ul style="list-style-type: none"> <li>Golf (May-Sept.)</li> </ul> <u>9:15 a.m.</u> <ul style="list-style-type: none"> <li>Zumba</li> </ul> <u>9:30 a.m.</u> <ul style="list-style-type: none"> <li>Corn Hole</li> <li>Craft Club</li> <li>Bridge</li> </ul>	<u>8 a.m.</u> <ul style="list-style-type: none"> <li>Indoor Walking</li> </ul> <u>8 a.m.-4 p.m.</u> <ul style="list-style-type: none"> <li>Billiards</li> </ul> <u>9 a.m. Tai Chi</u> <u>10 a.m.</u> <ul style="list-style-type: none"> <li>Beginner Bridge</li> <li>Po-Ke-No (Last Thurs)</li> </ul> <u>10:15-11 a.m.</u> <ul style="list-style-type: none"> <li>New Lifestyle exercise class</li> </ul>	<u>8 a.m.</u> <ul style="list-style-type: none"> <li>Indoor Walking</li> </ul> <u>8 a.m.-4 p.m.</u> <ul style="list-style-type: none"> <li>Billiards</li> </ul> <u>9:15 a.m.</u> <ul style="list-style-type: none"> <li>Get Fit exercise class</li> </ul> <u>9:30 a.m.</u> <ul style="list-style-type: none"> <li>Open Studio</li> <li>Alzheimer's Support Group (3<sup>rd</sup>)</li> </ul> <u>11 a.m.</u> <ul style="list-style-type: none"> <li>Local Shopping (1<sup>st</sup> &amp; 3<sup>rd</sup>)</li> </ul>
<b>LUNCH</b>		<u>11:30 a.m.</u>	<u>11:30 a.m.</u>	<u>11:30 a.m.</u>	<u>11:30 a.m.</u> <ul style="list-style-type: none"> <li>Happiness Club (2<sup>nd</sup>)</li> <li>Prayer Luncheon (last)</li> </ul>
<b>AFTERNOON</b>	<u>12:30 p.m.</u> <ul style="list-style-type: none"> <li>Hand &amp; Foot</li> <li>Duplicate Bridge</li> <li>Pinochle</li> <li>Pickleball</li> </ul>	<u>12:30 p.m.</u> <ul style="list-style-type: none"> <li>Hand &amp; Foot</li> </ul> <u>6:15 p.m.</u> <ul style="list-style-type: none"> <li>Yoga</li> </ul>	<u>12:30 p.m.</u> <ul style="list-style-type: none"> <li>Hand &amp; Foot</li> <li>Pickleball</li> </ul> <u>1 p.m.</u> <ul style="list-style-type: none"> <li>Euchre</li> <li>Jewelry (1<sup>st</sup> &amp; 3<sup>rd</sup>)</li> </ul> <u>6 p.m.</u> <ul style="list-style-type: none"> <li>Zumba</li> </ul>	<u>12:30 p.m.</u> <ul style="list-style-type: none"> <li>Hand &amp; Foot</li> </ul> <u>1 p.m.</u> <ul style="list-style-type: none"> <li>Pinochle</li> <li>Bingo</li> </ul> <u>6 p.m.</u> <ul style="list-style-type: none"> <li>Zumba</li> </ul>	<u>12:30 p.m.</u> <ul style="list-style-type: none"> <li>Pickleball</li> </ul> <u>1:30 p.m.</u> <ul style="list-style-type: none"> <li>Friday Flick (2<sup>nd</sup> &amp; last)</li> </ul>



Real People. Real Possibilities.™

# HILLIARD PARK CAFE

614.876.0747

Meals are served at  
11:30 a.m. **Cost is \$5.**  
Meal price for  
non-members is \$7.

JUNE 2018			
Tuesday	Wednesday	Thursday	Friday
			1
			<b>Firefighter's Lunch</b>
5	6	7	8
Cabbage Rolls Mashed Potatoes Corn Casserole Raspberry Brownie	Apricot Chicken White Rice Broccoli Cherry Pie	Beef & Noodles Mashed Potatoes Mixed Vegetables Bread Pudding	<b>Happiness Club</b> Pork Roast Parsley Buttered Potatoes Succotash Perfection Salad Dessert
12	13	14	15
Hamburgers Macaroni & Cheese Baked Beans Chocolate Pudding	Spaghetti w/ Meat Sauce Tossed Salad Garlic Bread Ice Cream Sundae	Ham Loaf Buttered Potatoes Peas & Carrots Dump Cake	<b>Mill Run Luncheon</b>
19	20	21	22
Chicken & Noodles Mashed Potatoes Cauliflower Vanilla Pudding	Pork Stroganoff over Noodles Peas Ice Cream	Pork Chops Fried Potatoes w/ Onions Green Beans Strawberry Pretzel Dessert	
26	27	28	29
Barbeque Pork Sandwich Broccoli Salad Macaroni & Cheese Blueberry Crisp	City Chicken Au Gratin Potatoes Glazed Carrots Apple Pie	Oven Fried Chicken Mashed Potatoes Mixed Vegetables Wacky Cake	<b>Prayer Luncheon</b> Baked Ham Scalloped Potatoes Cali. Blend Veggies

Please make a reservation by 4 p.m. the preceding day. Meal tickets are available in the Senior Center office as an alternative to paying the \$5 meal charge each day. A meal ticket may be purchased for three (3) meals for \$15, six (6) meals for \$29 or 13 meals for \$58 with check, VISA, Discover, American Express or MasterCard.

# HILLIARD PARK CAFE

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Meals are served at  
11:30 a.m. **Cost is \$5.**  
Meal price for  
non-members is \$7.

## JULY 2018

Tuesday	Wednesday	Thursday	Friday
3	4	5	6
Oven Fried Chicken Potato Salad Baked Beans Cookies & Ice Cream	<b>CLOSED</b>	Cheddar Chicken Wild Rice Cauliflower Peach Crisp	
10	11	12	13
Broccoli Cheese Soup Hot Dogs Chips Butterscotch Pudding	Taco Salad Muffin Fruit Cup Peanut Butter Ice Cream Pie	Veal Cutlets Scalloped Potatoes Succotash Angel Food Cake w/ Strawberries	<b>Happiness Club</b> Roast Beef Mashed Potatoes Broccoli Applesauce Dessert
17	18	19	20
Baked Steak Mashed Potatoes Green Beans Cherry Crisp	Chicken Cordon Bleu Au Gratin Potatoes Peas & Carrots Apple Dumplings	Lasagna Tossed Salad Garlic Bread Apple Pie	<b>Mill Run Luncheon</b>
24	25	26	27
Meat Loaf Cheesy Potatoes Glazed Carrots Brownie	Pork Chops Parsley Potatoes Cali, Blend Veggies Applesauce Spice Cake	Ham Baked Sweet Potato Broccoli Strawberry Shortcake	<b>Prayer Luncheon</b> Parmesan Chicken Au Gratin Potatoes
31			
Chicken a la King Tossed Salad Applesauce Cherry Pie			

Please make a reservation by 4 p.m. the preceding day. Meal tickets are available in the Senior Center office as an alternative to paying the \$5 meal charge each day. A meal ticket may be purchased for three (3) meals for \$15, six (6) meals for \$29 or 13 meals for \$58 with check, VISA, Discover, American Express or MasterCard.



# HILLIARD PARK CAFE

614.876.0747

Meals are served at  
11:30 a.m. **Cost is \$5.**  
Meal price for  
non-members is \$7.

## AUGUST 2018

Tuesday	Wednesday	Thursday	Friday
	1	2	3
	Chef Salad Cottage Cheese Muffin Robert Redford Pie	Shredded Chicken Sandwich Macaroni & Cheese Applesauce Apple Pie	
7	8	9	10
Creamed Chipped Beef over Biscuit Cali. Blend Veggies Chocolate Pudding	Oven Fried Chicken Mashed Potatoes Glazed Carrots Butterfinger Pie	City Chicken Au Gratin Potatoes Green Beans Lemon Dessert	<b>Happiness Club</b> Lasagna Tossed Salad Garlic Bread Dessert
14	15	16	17
Vegetable Beef Soup Grilled Cheese Pickle Chips Ice Cream	Chicken Salad on Croissant Broccoli Salad Fruit Cocktail Dump Cake	Spaghetti w/ Meat Sauce Tossed Salad Garlic Bread Texas Sheet Cake	<b>Mill Run Luncheon</b>
21	22	23	24
Italian Sausage Sandwich w/ Peppers & Onions Pasta Salad Chips Vanilla Pudding	Salisbury Steak Mashed Potatoes Mixed Vegetables Cherry Cheesecake	Pork Chops Stuffing Baked Beans Fruit Cocktail Cake	
28	29	30	31
Grilled Reuben Sandwich Potato Salad Applesauce Cherry Pie	Sweet & Sour Beef over Rice Broccoli Dirt Pudding	Cheese Ravioli w/ Meat Sauce Tossed Salad Garlic Bread Peanut Butter Ice Cream Pie	<b>Prayer Luncheon</b> Pot Roast w/ Potatoes & Carrots Applesauce Lemon Bars

Please make a reservation by 4 p.m. the preceding day. Meal tickets are available in the Senior Center office as an alternative to paying the \$5 meal charge each day. A meal ticket may be purchased for three (3) meals for \$15, six (6) meals for \$29 or 13 meals for \$58 with check, VISA, Discover, American Express or MasterCard.