

# 2019 Senior Newsletter

Vol. 41, No. 4  
September - November 2019





# NOTES & RESOURCES

## Center Closing

The Senior Center is closed Monday, Sept. 2, through Friday, Sept. 6.; Monday, Oct. 14; Monday, Nov. 11; Thursday, Nov. 28; and Friday, Nov 29.

## Library

Our library has a wide selection of books, movies, audio books and puzzles. Computers and printers are also available for your use. Thanks you to everyone who has donated books!

## Membership

An annual fee of just \$15 gives members access to special events, educational speakers, exciting trips and regular activities including fitness and sports, arts and crafts, cards and home-style lunch. Membership is available to seniors 55 and older. Members also get free income tax preparation from AARP, health checks and screenings. Complementary memberships are provided to those 90 and older.

## OSHIIP

The Ohio Senior Health Insurance Information Program provides free information and other health insurance services to Ohioans covered by Medicare. Schedule a one-on-one appointment at the Senior Center office for the fourth Thursday of each month.

## Program and Activity Guide

For additional information on daily programs and cancellation policies pick up our Winter Program and Activity Guide starting in November. You can also get it online at [hilliardohio.gov](http://hilliardohio.gov).

## Support Services

The Senior Center provides information about independent living facilities, residential care, nursing, rehabilitation and contact information for local and national resources.

## Registration

Online registration begins Friday, Aug 9, and in person at 9 a.m. Tuesday, Aug 13.

## Winter Weather Policy

If Hilliard City Schools are closed due to weather, all Recreation and Parks Department programs and activities are cancelled. Please don't risk driving or walking in poor or hazardous weather conditions. Remember, side streets and parking lots are often the last areas to be cleared!

## Important Links & Numbers

### AARP

[www.aarp.org](http://www.aarp.org)  
1-800-687-2277

### Alzheimer's Association

[www.alz.org/centralohio](http://www.alz.org/centralohio)  
1-800-272-3900

### Central Ohio Area Agency on Aging (COAAA)

[www.coaaa.org](http://www.coaaa.org)  
1-800-589-7277

### Franklin County Office on Aging

[www.officeonaging.org](http://www.officeonaging.org)  
(614) 525-5230

### Ohio Department of Aging

[www.aging.ohio.gov](http://www.aging.ohio.gov)  
1-800-266-4346



## FOLLOW US

Connect with us on Facebook at "*City of Hilliard, Ohio*", on Twitter and Instagram at *@HilliardGov*.



# ACTIVITIES

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## Alzheimer's Support Group

**Time** Third Friday of the month, 9:30 a.m.

**Cost** Free

A support group for family members, caregivers, and friends of people with Alzheimer's disease or related disorders meets at the Senior Center. This session is facilitated by a trained professional. This group lets participants discuss caregiving challenges and share helpful tips while receiving support from others who are in similar situations.

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## Aspiring Writers Support Group

**Time** Mondays, 9-11 a.m.

**Cost** Free

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## Bible Study

**Time** Mondays, 10:15 a.m.

**Cost** Free

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## Bowling

**Instructor** Bill Lobuzzetta

**Location** Sawmill Lanes

**Time** Mondays, 9 a.m.

**Cost** \$8

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## Craft Club

**Time** Wednesdays, 9:30 a.m.

**Cost** Free

This group works on various projects for fundraisers and donations. Supplies are provided.

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## Get Fit

**Instructor** Jo Hughes, Maggie Schmidt

**Time** Tuesdays and Fridays, 9:15 - 10 a.m.

**Cost** Activity Card Online

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## Indoor Walking

**Time** Weekdays, 8 - 9 a.m.

**Cost** Free

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## Jewelry Making Class

**Time** First and third Wednesdays of the month, 1 p.m.

**Cost** Free

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## Pickleball

**Time** Mondays & Fridays, 9 a.m. - 12:30 p.m.,  
Wednesdays, 12:30 - 3:30 p.m.

**Cost** Free

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## Po-Ke-No

**Time** Thursdays, Sept. 4 & 18

**Cost** Free

Sponsored by Mayfair Village

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## Strength Training

**Cost** \$5 per month

Fitness equipment, treadmills, free weights and stationery bikes are available in the weight room.

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## Tai Chi

**Time** Thursdays, 9 a.m.

**Cost** Free

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## The New Lifestyle

**Instructor** Jane Staufer

**Time** Mondays & Thursdays, 10:15 - 11 a.m.  
Saturdays, 9:45 - 10:30 a.m.

**Cost** \$8 drop-in fee (first class is free)

Enjoy fantastic fitness that empowers you to embrace a healthier lifestyle by increasing strength, endurance, balance, and flexibility.

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## Zumba

**Instructor** Doreen Woodard

**Time** Sundays, 5 - 6 p.m.

Wednesdays and Thursdays, 6 - 7 p.m.

**Cost** \$5

Zumba uses interval training, combining fast and slow rhythms for an effective aerobic workout. Watch and follow along. The class is designed for all abilities

# DAY TRIPS

## Activity Levels

**Mild:** May require some leisurely walking. There may be minimal steps or uneven surfaces and some standing.

**Moderate:** May require moderate walking and extended standing. There may be steps or uneven surfaces.

**Strenuous:** May require extended periods of walking and standing. There may be numerous steps or uneven terrain.

## Excursion/Trip Chaperones

The duty of the trip chaperone is to take a head count, distribute tickets and assist in case of an emergency. Chaperones cannot provide one-on-one assistance. Trip participants are expected to be able to function independently, both physically and mentally. If you require individual assistance you may bring someone to help you. All participants and helpers must register and buy a ticket.

## Refunds

Day trip refunds are provided if you cancel at least seven days in advance of the trip. If your trip or activity required advance purchase of tickets, we issue a refund only if we are able to re-sell your reservation to a patron on the waiting list. If we are unable to re-sell your ticket, you are responsible for the cost.

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## Civil War Presentation

**Lunch** Lunch on your own

**Location** Dublin Retirement, Dublin

**Cost** \$3 at sign-up

**Activity Level** Mild

“Civil War Facts and Trivia” is a fun and informative way to learn about the Civil War. This talk challenges the group to see how much it knows about the people, battles and events that occurred during this time. Many facts, figures and strange occurrences shed light on the enormity of this great conflict. Fast paced and enlightening.

Activity No.	Date	Time	Day(s)
715157-68	Sept. 10	12:30 p.m.	Tuesday

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## 5B's Embroidery & Screen Printing Factory Tour

**Lunch** Lunch on your own at Muddy Misers

**Location** Zanesville

**Cost** \$7 at sign-up

**Activity Level** Moderate/Strenuous

From its humble beginnings as a specialty sewing business operated from the family's basement, 5B's now occupies a 170,000-square-foot facility. 5B's has more than 400 embroidery heads and six screen print presses, with more to come after completion of the current building expansion.

Activity No.	Date	Time	Day(s)
715157-69	Sept. 11	9 a.m.	Wednesday
715157-73	Sept. 24	9 a.m.	Tuesday

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## Harmon Museum Tour

**Lunch** Lunch on your own at Golden Lamb Restaurant

**Location** Lebanon

**Cost** \$7 at sign-up plus \$10 cash day of tour

**Activity Level** Moderate/Strenuous

Harmon Museum (commonly referred to as the “Lebanon Museum”) is in historic Harmon Hall, a three story, 28,000-square-foot building with displays of artifacts dating from prehistoric eras to the mid-20th century.

Activity No.	Date	Time	Day(s)
715157-70	Sept. 17	8:15 a.m.	Tuesday
715157-76	Oct. 1	8:15 a.m.	Tuesday

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## Scioto Downs Racino

**Lunch** Lunch on your own at Scioto Downs Racino

**Location** Columbus

**Cost** \$4 at sign-up

**Activity Level** Mild

You must be registered by the Friday before the trip to receive the free play and lunch credit.

Activity No.	Date	Time	Day(s)
715157-71	Sept. 18	9:30 a.m.	Wednesday
715157-85	Oct. 30	9:30 a.m.	Wednesday
715157-92	Nov. 27	9:30 a.m.	Wednesday

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## Springfield Extravaganza Flea Market

**Lunch** Lunch on your own at food vendors

**Location** Springfield

**Cost** \$6 at sign-up plus \$8 day of trip

**Activity Level** Moderate/Strenuous

In 2019 Springfield's flea market — which draws more than 20,000 shoppers — rounded out its dealers of 19th-century midwestern antiques and 45 food vendors with live music, beer and wine stands, and a tented Vintage Marketplace dedicated to more trend-driven items.

Activity No.	Date	Time	Day(s)
715157-72	Sept. 20	8:30 a.m.	Friday

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## Turtle Creek Train Ride Tour

**Lunch** Lunch on your own

**Location** Lebanon

**Cost** \$7 at sign-up plus \$16 cash day of trip

**Activity Level** Moderate/Strenuous

The train travels through suburban Warren County by way of Lebanon, Turtle Creek Township, and Union Township. The train follows Turtle Creek most of the route, crossing five bridges (including a large offset truss bridge over Turtle Creek.).

Activity No.	Date	Time	Day(s)
715157-74	Sept. 25	9 a.m.	Wednesday
715157-83	Oct. 23	9 a.m.	Wednesday



## BalletMet's Twisted 3

**Lunch** Lunch on your own before performance

**Location** Ohio Theater

**Cost** \$5 at sign-up plus \$19 cash day of performance

**Activity Level** Moderate

200 of Columbus' professional performers from BalletMet, Columbus Symphony and Opera Columbus will reunite for *Twisted 3*, the highly anticipated sequel to 2014's smash hit, *Twisted*. Conducted by CSO Music Director Rossen Milanov with masterful choreography from internationally acclaimed Val Caniparoli, Matthew Neenan, Alex Ketley and Edwaard Liang. This includes works from Wagner, Haydn and Beethoven as well as selections from such beloved operas as *Carmen*, *The Barber of Seville*, and *Porgy and Bess*.

Activity No.	Date	Time	Day(s)
715157-75	Sept. 26	4:30 p.m.	Thursday

## Hollywood Casino

**Lunch** Lunch on your own at Hollywood Casino

**Location** Columbus

**Cost** \$3 at sign-up

**Activity Level** Mild

You must be registered by the Friday before the trip to receive the free play and lunch credit.

Activity No.	Date	Time	Day(s)
715157-77	Oct. 2	9:30 a.m.	Wednesday
715157-87	Nov. 13	9:30 a.m.	Wednesday

## Axe Throwing

**Lunch** Lunch on your own at a local restaurant

**Location** Columbus

**Cost** \$4 at sign-up plus \$3 cash day of trip

**Activity Level** Mild/Moderate

Lumber Jacks and Jills rejoice! Learn how to throw an axe safely under an instructor's watchful eyes! After a half hour learning the safety rules and procedures, participants will be able to safely throw an axe during their sessions.

Activity No.	Date	Time	Day(s)
715157-78	Oct. 8	9 a.m.	Tuesday

## Roscoe Village Spirit Tour

**Lunch** Lunch is on your own at Roscoe Village

**Location** Coshocton

**Cost** \$7 at sign-up plus \$10 cash day of tour

**Activity Level** Moderate/Strenuous

Hear about Roscoe Village's firebug, the tragedy at the hotel, and the horrible tale of the blood-stained Bible! Sense the fear of the cholera epidemic and experience the danger and humor of being a post boy. Join us on this tour... if you dare!

Activity No.	Date	Time	Day(s)
715157-79	Oct. 9	9 a.m.	Wednesday

## Bob Evans Farm Festival

**Lunch** Lunch on your own at the festival

**Location** Rio Grande

**Cost** \$7 at sign-up plus \$6 cash day of trip

**Activity Level** Moderate/Strenuous

Bob Evans Farm Festival attracts thousands with its entertainment, traditional crafts, farm contests, food, children's activities, and demonstrations. A weekend of fun for friends and family of all ages, the Bob Evans Farm Festival offers a taste of yesteryear.

Activity No.	Date	Time	Day(s)
715157-80	Oct. 11	8 a.m.	Friday

## Amazon Facility Tour

**Lunch** Lunch on your own at local restaurant

**Location** Etna

**Cost** \$6 at sign-up

**Activity Level** Strenuous

Ever wonder how Amazon gets your packages to you so quickly? Come see the magic! Tour one of our fulfillment centers and see first-hand how we deliver to you.

Activity No.	Date	Time	Day(s)
715157-81	Oct. 15	9 a.m.	Tuesday
715157-86	Oct. 17	9 a.m.	Thursday

## Circleville Pumpkin Festival

**Lunch** Lunch on your own at food vendors

**Location** Circleville

**Cost** \$7 at sign-up

**Activity Level** Moderate/Strenuous

The annual Circleville Pumpkin Show celebrates local agriculture and is considered to be the biggest festival in the United States dedicated to all things pumpkin! Join us on this visit to The Greatest Free Show On Earth!

Activity No.	Date	Time	Day(s)
715157-81	Oct. 16	8:30 a.m.	Wednesday

## Haunted Statehouse Tour

**Lunch** Dinner before the tour on your own at Redhook

**Location** Columbus

**Cost** \$4 at sign-up plus \$12 cash day of tour

**Activity Level** Moderate/Strenuous

Tour the darkened chambers and halls of the Ohio Statehouse for the Haunted Ohio Statehouse Tours! Conductors lead visitors through the dimly lit limestone corridors of the Ohio Statehouse by oil lantern light. See the ghost of President Lincoln, hear and see a weeping lady in gray, and get a glimpse of a green and ghostly president felled by an assassin's bullet.

Activity No.	Date	Time	Day(s)
715157-82	Oct. 18	4 p.m.	Friday

## Fall Color Tour

**Lunch** Lunch at Der Dutchman on your own

**Location** Amish Country

**Cost** \$7 at sign-up

**Activity Level** Mild/Moderate

Looking for a quiet afternoon? The Gateway to Amish Country is one of the most peaceful drives in Ohio. The can't-miss item on this itinerary has to be the 370-foot covered bridge in Birkhaven, "The Bridge of Dreams."

Activity No.	Date	Time	Day(s)
715157-83	Oct. 21	8:30 a.m.	Monday

## BalletMet Be Moved

**Lunch** Lunch on your own before the performance

**Location** Davidson Theatre

**Cost** \$5 at sign-up plus \$19 cash day of performance

**Activity Level** Moderate

Enjoy three ballets: the athletic *Red Angels*, the quirky and upbeat *CACTI*, and a third never-before-seen performance to be announced.

Activity No.	Date	Time	Day(s)
715157-84	Oct. 2	9:30 a.m.	Wednesday

## Castle Noel Tour

**Lunch** Lunch on your own

**Location** Medina

**Cost** \$7 at sign-up plus \$20 cash day of tour

**Activity Level** Moderate

Castle Noel features the world's largest privately owned collection of Hollywood Christmas movie props and costumes from Christmas classics. Plus, see animated New York City Christmas windows from famous department stores and thousands of toys from 1950s through the 1980s.

Activity No.	Date	Time	Day(s)
715157-90	Nov. 19	8 a.m.	Tuesday

## Rock & Roll Hall of Fame

**Lunch** Lunch on your own

**Location** Cleveland

**Cost** \$7 at sign-up plus \$17 cash day of tour

**Activity Level** Strenuous

The Rock and Roll Hall of Fame is alive with the spirit of music we celebrate. The 150,000-square-foot museum features seven floors, four theaters for films and ever-changing exhibits. Get a front row feeling for 30+ years of induction performance highlights through the all-new Power of Rock Experience.

Activity No.	Date	Time	Day(s)
715157-91	Nov. 26	8 a.m.	Tuesday

## REMEMBER

You can download a digital copy of the newsletter and menus online at:  
[hilliardohio.gov/senior-center/](http://hilliardohio.gov/senior-center/)



# LUNCHEONS & SEMINARS

## Medicare Explained!

**Presented By** Kevin Krawczyk, Insight Financial Services

**Cost** Free (Must attend to receive free lunch)

Learn about the different parts of Medicare, including deductibles, copays and coinsurance; what's covered under Medicare and what is not; and the difference between Medicare supplements and Medicare Advantage.

Activity No.	Date	Time	Day(s)
719899-01	Sept. 11	11 a.m.	Wednesday

## Intro to Family History Class

**Presented By** J.P. Valiulis of Right At Home

**Cost** Free

Family history documents of stories, important events and lessons learned from the past.

Activity No.	Date	Time	Day(s)
715154-22	Sept. 19	10 a.m.	Thursday

## Scam Class

**Presented By** City of Hilliard Division of Police

**Cost** Free

Officer Hyda Sloan will talk about the newest internet and phone scams.

Activity No.	Date	Time	Day(s)
715154-23	Sept. 25	10 a.m.	Wednesday

## General Pain Clinic

**Presented By** Laurels of Hilliard

**Cost** Free (Must attend to receive free lunch)

Activity No.	Date	Time	Day(s)
719899-03	Sept. 26	11 a.m.	Thursday

## What Happens After the Paychecks Stop?

**Presented By** Michael Marcano of Edward Jones

**Cost** Free (Must attend to receive free lunch)

Learn how to budget for retirement expenses, discover potential income sources, and identify potential risks.

Activity No.	Date	Time	Day(s)
719899-04	Oct. 9	11 a.m.	Wednesday

## Cardiac Rehab

**Presented By** Laurels of Hilliard

**Cost** Free (Must attend to receive free lunch)

Activity No.	Date	Time	Day(s)
719899-05	Oct. 10	11 a.m.	Thursday

## Ticketless Tours

**Presented By** Department of Recreation & Parks

**Cost** Free

Take a tour of Ireland and Scotland without leaving the Community Center! Dave Judson will tell stories and show pictures from his tour of Ireland and Scotland. Snacks will be provided.

Activity No.	Date	Time	Day(s)
715154-24	Oct. 29	10 a.m.	Tuesday

## Health Care & Your Retirement

**Presented By** Michael Marcano of Edward Jones

**Cost** Free (Must attend to receive free lunch)

The potential impact of rising health care costs on retirement savings. Includes an introduction of Medicare coverage and costs, long-term care costs, available options for supplemental health care and long-term care insurance.

Activity No.	Date	Time	Day(s)
719899-06	Nov. 6	11 a.m.	Wednesday

## Falls and Balance in the Community

**Presented By** Laurels of Hilliard

**Cost** Free (Must attend to receive free lunch)

Activity No.	Date	Time	Day(s)
719899-07	Nov. 14	11 a.m.	Thursday

# SPECIAL EVENTS

## Euchre Party

**Cost** \$6 at sign up

Activity No.	Date	Time	Day(s)
715122-23	Sept. 12	2:30 - 5:30 p.m.	Thursday

## Happiness Club

**Cost** \$6

Register at the center or online by 4 p.m. the Wednesday before the lunch.

Activity No.	Date	Time	Day(s)
702233-83	Sept. 13	Noon	Friday
702233-84	Oct. 11	Noon	Friday

## Hall of Fame Luncheon

**Cost** \$5 (Lunch is free for Hall of Fame inductees.)

Please join us at the Hilliard Senior Center as we honor our past inductees to the Senior Hall of Fame with a luncheon! The Committee has decided to adjust the criteria for this honor, so for 2019, the Committee will focus on our past inductees and all of the wonderful work they continue to do within our community.

Activity No.	Date	Time	Day(s)
718989-15	Sept. 18	11:30 a.m.	Wednesday

## Prayer Luncheon

**Cost** \$5

An area minister presents a short message after the luncheon. Your reservation is due the day before the luncheon. Sign up at the front desk.

Activity No.	Date	Time	Day(s)
	Sept. 27	Noon	Friday
	Oct. 25	Noon	Friday
	Dec. 6	Noon	Friday

## Firefighters Lunch

**Cost** Free

Sign up for the lunch at the front desk.

Activity No.	Date	Time	Day(s)
Activity #?	Oct. 4	11 a.m.	Friday

## Halloween Lunch

**Cost** \$6

Come dressed in costume if you dare for a SPOOKtacular time!

Activity No.	Date	Time	Day(s)
718989-16	Oct. 31	Noon	Thursday

## Veterans Day/Happiness Club

**Cost** \$6 (Free to veterans and/or spouses of veterans.)

We salute all the men and women who have served our country. This lunch is open to all and free to our veterans and their spouses. After lunch, enjoy a program in your honor.

Activity No.	Date	Time	Day(s)
702233-85	Nov. 8	11:30 a.m.	Friday

## Thanksgiving Lunch

**Cost** \$8

Featuring all the traditional favorites, including turkey, mashed potatoes, dressing, green beans, cranberries and pumpkin pie. Please purchase this meal in advance, starting October 21.

Activity No.	Date	Time	Day(s)
718989-17	Nov. 21	11:30 a.m.	Thursday





# SEPTEMBER

Please make a reservation by 4 p.m. the preceding day. Meal tickets are available in the Senior Center office as an alternative to paying the \$5 meal charge each day. A meal ticket may be purchased for six (6) meals for \$29 or 12 meals for \$58 with check, VISA, Discover or MasterCard.

Meals are served at noon. The cost is \$5. Happiness Club is \$6. Special event lunches may be more.

*Menu is subject to change*

TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	CLOSED	4	CLOSED	5	CLOSED	6	CLOSED
10	Vegetable Beef Soup Grilled Cheese Applesauce Chips Cherry Pie	11	City Chicken Au Gratin Potatoes Mixed Vegetables Lemon Dessert	12	Cabbage Rolls Mashed Potatoes Broccoli Brownie	13	<b>HAPPINESS CLUB</b> Beef & Noodles Mashed Potatoes Glazed Carrots Jell-O Salad Dessert
17	Baked Pot Chili Corn Bread Apple Pie	18	<b>HALL OF FAME LUNCH</b> Spaghetti Tossed Salad Garlic Bread Cupcakes	19	Liver & Onions Mashed Potatoes Green Beans Blueberry Cheesecake	20	<b>MILL RUN LUNCHEON</b>
24	Shredded Chicken Sandwich Macaroni & Cheese Baked Beans Chocolate Pudding	25	Pork Chops Fried Potatoes California Blend Vegetables Dump Cake	26	Lasagna Tossed Salad Garlic Bread Ice Cream	27	<b>PRAYER LUNCHEON</b> Salmon Patties Buttered Potatoes Creamed Peas Lemonade Pie



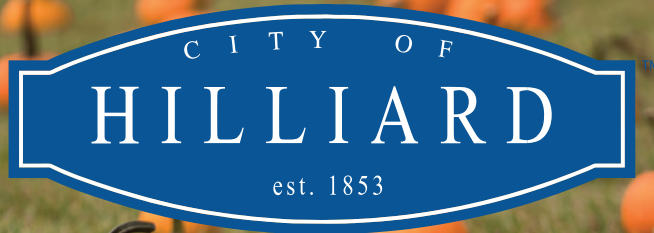
# OCTOBER

TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Taco Salad Muffin Fruit Cup Cherry Pie	2	Baked Steak Mashed Potatoes Glazed Carrots Pig Licking Cake	3	Cheddar Chicken Wild Rice Corn Casserole Apple Dumplings	4	<b>NO LUNCH</b>
8	Italian Sausage Sandwich with Peppers & Onions Macaroni & Cheese Applesauce Vanilla Pudding	9	Country Fried Steak Mashed Potatoes Broccoli Spice Cake	10	Stuffed Peppers Mashed Potatoes Cauliflower Cinnamon Stick Roll Ups with Ice Cream	11	<b>HAPPINESS CLUB</b> Pork Chops Buttered Potatoes Green Beans Applesauce Dessert
15	Meat Loaf Scalloped Potatoes Corn Cookies & Ice Cream	16	Liver & Onions Mashed Potatoes Mixed Vegetables Texas Sheet Cake	17	Baked Ham Baked Sweet Potatoes Peas & Carrots Pineapple Upside Down Cake	18	<b>MILL RUN LUNCHEON</b>
22	Chicken & Noodles Mashed Potatoes Succotash Chocolate Pudding	23	Salisbury Steak Mashed Potatoes Broccoli Angel Food Cake with Strawberries	24	Pork Chops Stuffing Baked Beans Cherry Cheese Cake	25	<b>PRAYER LUNCHEON</b> Ham Loaf Au Gratin Potatoes California Blend Vegetables Buttermilk Pie
29	Potato Soup Sloppy Joes Cole Slaw Peach Crisp	30	Oven Fried Chicken Mashed Potatoes Glazed Carrots Peanut Butter Ice Cream	31	<b>HALLOWEEN LUNCHEON</b> Spaghetti with Meat Sauce Tossed Salad Garlic Bread Poke Cake		



# NOVEMBER

TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1	NO LUNCH
5	Broccoli Cheese Soup Grilled Cheese Cole Slaw Cherry Crisp	6	Beef Stew Tossed Salad Applesauce Robert Redford Pie	7	Parmesan Chicken Cheesy Potatoes California Blend Vegetable Kool-Aid Pie	8	<b>HAPPINESS CLUB VETERAN'S DAY</b> Baked Ham Buttered Potatoes Mixed Vegetables Cranberry Salad Dessert
12	Veal Cutlets Scalloped Potatoes Cauliflower Cookie/Ice Cream	13	Pork Chops Fried Potatoes Green Beans Kool-Aid Pie	14	Shredded Chicken Sandwich Baked Beans Cole Slaw Peanut Butter Cake	15	<b>NO MILL RUN LUNCHEON</b>
19	Johnny Marzetti Tossed Salad Garlic Bread Chocolate Pudding	20	Hot Dogs Potato Salad Chips Applesauce Apple Pie	21	<b>THANKSGIVING LUNCHEON</b> Turkey & Dressing Mashed Potatoes Green Beans Cranberry Sauce Pumpkin Pie	22	NO LUNCH
26	Chicken Noodle Soup Sloppy Joes Cottage Cheese Blueberry Crisp	27	Bacon Quiche Fresh Fruit Muffin Wacky Cake	28	<b>CLOSED FOR THANKSGIVING</b>	29	<b>CLOSED FOR THANKSGIVING</b>



# FALL FESTIVAL

September 22 • Roger A. Reynolds Municipal Park • 1 - 4 p.m.

Bring the family for an afternoon of fun celebrating the autumn season!

All activities are free!

## What's at Fall Fest? Thanks to our Sponsors!

- Axe throwing
- Balloon animals
- Chalk art
- Clogging
- Corn play box
- Face painting
- Hay wagon rides
- Live music by North to Nashville
- Inflatables and games
- Party princesses
- Petting zoo
- The Bubble Guy
- The Turtle Lady
- Wood carving



City of Hilliard Senior Center  
Recreation & Parks Department  
3810 Veterans Memorial Drive • Hilliard, Ohio 43026  
Open 8 a.m. - 4 p.m.  
(614) 876-0747 • [hilliardohio.gov/senior-center](http://hilliardohio.gov/senior-center)

