

HEALTHY HILLIARD

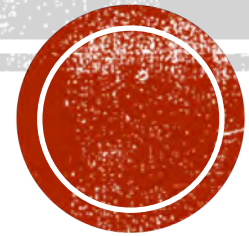
Mind, Body, & Soul



Real People. Real Possibilities.™



MAKE YOUR OWN SIDEWALK CHALK PAINT



MATERIALS



- Corn Starch
- Food Coloring
- Water
- Cupcake Tin/Small Bowls
- Mixing Bowl
- Whisk/Fork
- Paintbrushes



STEP ONE

- Take a mixing bowl and pour in 1 1/3 cup of Corn Starch and 1 cup of water. You can increase the recipe as long as you keep a water to corn starch ratio of 1:1.3.

STEP TWO

- Mix the ingredients together. If you have a whisk, it is easier to use to mix as it will get sticky and hard to combine at first, but a fork will work just fine.



STEP THREE

- Once the mixture is complete, pour even parts into a cupcake tin or small bowls for as many colors as you'd like to make.

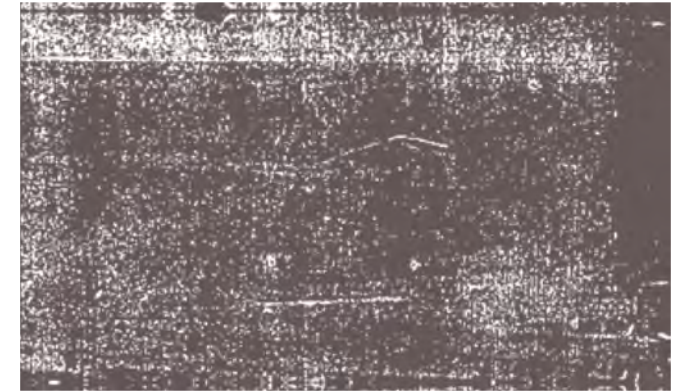


STEP FOUR

- Put drops of food coloring to create the colors you want to use. We found that four drops of food coloring worked best for it to show up on our driveway, but use as many or as few as you'd like! Mix with a fork until combined.

STEP 5

- Once mixed, you're ready to go! Take a paintbrush and use your chalk like paint on the sidewalk or driveway. We recommend larger paintbrushes unless you are trying to make a detailed piece, because our littles had a hard time using small paintbrushes.



SHOW US YOUR ART!

- Once it dries, it will look like regular chalk and it washes right off with water. Show us your creations!



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