## YOUR HILLARDON Newsletter & Program Guide

## THE WELLNESS EDITION!

HILLIARD est. 1853

Winter 2022 - 2023

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New! Check Out Our 'Play! Hilliard' Kids' Activities



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Your Hilliard is published three times per year by the City of Hilliard Community Relations Department. Questions and comments may be addressed to *public@hilliardohio.gov*.

#### **ENGAGE WITH US!**

We believe our community should be informed about the work of local government and engaged in its processes. Our open public meetings include opportunities for community participation.

We seek public input 24/7 at Talk2Us.hilliardohio.gov.

Residents may submit service requests online at hilliard.mobile311.com or by calling (614) 876-7361 ext. 311.

















## WELLNESS A MAJOR

## FOR HILLIARD'S FUTURE

The City of Hilliard focuses on many key services for our community, including public safety, economic prosperity, recreation and parks, and general quality of life.

Another crucial role of government – which is entwined with each of the areas mentioned above – is the general wellbeing of those who live and work in this community. And there's no better time than the start of winter and the approach of the new year to focus on wellness – the theme of this edition of *Your Hilliard*.

The most high-profile wellness initiative the City is investing in right now is the community's future wellness center and the surrounding park that will include additional athletic fields. This project – the first major development to come from voters' 2021 approval of an income tax dedicated to Recreation and Parks – is in the design phase, with plans to break ground in the spring.

The City also has been investing in the wellness of our aging population. In particular, City Council created an Aging in Place Committee earlier this year. That group of volunteer community members is in the initial stages of identifying the needs of our aging adults – and determining how the City can support them. Read about that committee in the story on Page 14.

We're also focused on the wellbeing of the youth within the community. One recent initiative aimed at the wellness of our younger residents was passage of two pieces of legislation in 2022 designed to curb addictive vaping and tobacco use among underage people. You can read about this change and the efforts the City is making to help underage users through diversion and changes to retail sales laws starting on Page 6.

These initiatives and others show your City government remains focused on wellness. And, based on the feedback we've received, we know our residents agree: A healthy community focused on the wellness of all its residents is the kind of community in which we all want to live, work, learn, and play.

## HPD Teaches Skills, Mindset in Women's Self Defense Classes

The knee strike portion of class is usually when Sgt. Tyler Harris can first see the difference in his students.

That's when the women participating in the City of Hilliard Division of Police's Women's Self Defense class have transformed from shy observers to proactive survivors. Harris, who has been an instructor for five years, said the moment is usually followed up with a few group selfies and high-fives.

"When they get to send knees at 100 percent into the pads we are holding, you can feel and see the difference in their actions," Harris said. "By the time they walk out, most women are walking a little tougher than when they walked in."

The Division started the free two-day class about 15 years ago. The course focuses on prevention strategies with self-defense options that can be used as a last resort in an attack.

Women are taught to pay attention to their surroundings, be assertive and vigilant, and follow their gut instinct to say no — even if it means appearing "rude."

Participants also learn a variety of physical moves, including kicks, elbow jabs, and techniques to wiggle from an attacker's grasp.

Sgt. Maggie Reed says this class can empower women to take safety into their own hands rather than rely on someone or something to protect them.

"If you got in a tug of war with a male attacker, you're fighting muscle against muscle," she said. "But by you rotating your hand, you're fighting skeleton against skeleton. So, it doesn't matter how much muscle he has if he can't move his arm anymore. He can't move his arm anymore, and that's how we teach smarter not harder."

Sgt. Suzanne Muraco is one of the class instructors who originally developed the program. She emphasizes the importance of a be-ready mindset.

"The number one thing we want to tell women is that their body cannot go where their mind has not been," she said. "We want them to think about how they would react in some scenarios, and there is no safer place to learn and practice than with us."





The Women's Self Defense class, offered by the City of Hilliard Division of Police, is open to women ages 15 and up. It is offered four times a year.



Basic class dates in 2023 will be Feb.22-23, March 1-2, July 26-27, and Aug.2-3. The Advanced class will be Oct.11-12. The class is free.

Register: hilliardohio.gov/registration

## **'My Mind is Different Now'** One Woman's Perspective

Changes Through Program

Tonya Harris knew her 18-year-old daughter had a strong personality, but she worried if Alaina, who was preparing to begin college, could defend herself if necessary.

A friend recommended the City of Hilliard Division of Police's Women's Self Defense class.

"I thought back to my own college days," Tonya said. "I had carried some mace, but that was basically my only defense mechanism. So, I convinced Alaina to do it with me."

After the first night, Tonya noticed her daughter engaging more with the class. They were both looking forward to the second night.

"It was not only something that was fun to do together, but really educational," Tonya said. "I feel like my mind is different now. I feel like hers is, too."

One of Tonya's biggest takeaways was learning to be more comfortable asserting herself in uncomfortable situations. For example, shouting, "Stop! Go away!" if a stranger would approach her in a strange way.

"It's hard to wrap your mind around, but when we physically did it, they could read how we were feeling," she said.

Sgt. Tyler Harris, an instructor in the class, calls that being empowered. Instructors try to drive two main points: Be prepared and pay attention to your surroundings.

"You have to have the mentality that you will survive and overcome whatever happens," he said. "That is something we try to instill in every class, and I feel we have been successful in doing so."

Tonya describes the instructors as fun and energetic, but serious when they need to be. In the months since the class, she has modified her behaviors and even carries a different purse to feel less vulnerable.

"The class is a bit of a time commitment, but it's something different," she said. "I think that every woman young or old — should do it."

## Local Efforts Aimed

## at Curbing Youth Vaping

City Council passed two new laws this year aimed at curbing the rising tide of vaping and tobacco use among our community's youth.

City Prosecutor Dawn Steele emphasizes that the focus of creating these laws is not creating penalties. It's to help underage individuals who can damage their health through vaping and tobacco make better choices – and get help if needed.

"The new law allows us to create opportunities for treatment and education via a youth diversion program in our existing Recovery Court as a method to offer intervention. The program focuses on a variety of offenses, including tobacco

and vaping," Steele said. "We are working to protect young people from the significant health and safety risks associated with youth vaping and tobacco use."

The first law went

a step further

"We want to see young people grow up to lead healthy, addiction-free lives." - Prosecutor Dawn Steele

The second piece of legislation, approved in the fall, focuses on the supply side of this problem. In short, it will require all vendors of these products to apply for a Tobacco Retail License through the Franklin County Public Health Department. FCPH will perform compliance checks

than state laws and imposed a penalty for using, buying, or possessing tobacco and vaping supplies by anyone under age 21. The ordinance also made it a first-degree misdemeanor to falsify information – such as using a fake ID – to obtain tobacco and electronic smoking devices.

It also banned all e-smoking devices and their component parts, including those used for vaping substances other than nicotine, for individuals under age 21.

Steele said lifelong habits like smoking often begin in the teenage years.

"By addressing this now through education and enforcement, we hope to reduce the health issues children will face such as problems in brain development, heart disease, and lung disease today and later in their lives," she said.

Steele said many of the charges resulting from this new ordinance will likely come from the City of Hilliard Division of Police's school resources officers. with these retailers and – if they are found to be in violation of the law – the City can levy a fine and potentially take away their license to sell tobacco and electronic smoking devices. It also will prohibit any new tobacco retail license from being issued to any business within 1,000 feet of youthoriented facilities such as schools and day cares.

"We worked closely with Hilliard City Schools in developing

an approach with clear messaging that, like alcohol and other drugs, tobacco use and vaping are harmful to young people

and have no place in school buildings. We also are creating

of breaking this law. That program will focus on educating

youths and parents about the health risks of these products,

identify any underlying needs, and develop a case plan that

will address each young person's specific risks and needs."

As such, there also will be an educational component to

teach people about the dangers of these substances.

a vouth diversion program to help treat those found guilty

Steele said the goal is to keep vaping and tobacco supplies out of the hands of underage people by training retailers – and by having legislation that would economically impact the businesses for violations.

"So often, young people do not realize the long-term impacts to their lives that some of their teenage decisions can have," Steele said. "By focusing on education, diversion, and – as a last resort – legal penalties, we believe Hilliard can send the message that we're aware of the problem, we care about our community's youth, and we want to see young people grow up to lead healthy, addiction-free lives." ■



# RESOLVE TO EXPLORE HILLIARD IN 2023

As 2022 comes to a close, we look forward to all that 2023 will bring, including events, attractions, and dining options to appeal to all.

Destination Hilliard is focused on bringing visitors to our community, and we also are spreading the word to our own residents to make a New Year's resolution to explore all that "Everyone's Hometown" has to offer!

With New Year's resolutions come the yearly January health kick. Hilliard's fitness options are plentiful, including boxing, yoga, spinning and lifting. Take advantage of trial offers to find the fitness option that you love enough to keep that health kick going into the spring and beyond! Of course, our Community Center and Recreation and Parks Department offer many opportunities for mind and body wellness.

Did you know we have 25 parks in Hilliard? While splashing in the pools and biking in the heat of the summer are fantastic pastimes, winter can be an amazing time to get out and enjoy the great outdoors, too. Take your pup to the Heritage Trail Dog Park, head to the sledding hill at Municipal Park, or bundle up the kids to play on one of Hilliard's many playgrounds.

While cupcakes, cookies and cheesecake are always a win in my book, Hilliard also offers a variety of healthier dining options to meet those fitness resolutions. Local favorites such as the Olive Tree and Louie's Fusion Grill have great lighter options, and No. 1 Gyro Shoppe offers healthy cuisine on the go with their drive-thru.

In spring, Destination Hilliard will host the first Bunny Hop since before the pandemic. The sports fields will be bustling, and high school theater productions will provide quality entertainment for residents and visitors alike. Busy families looking for snippets of family time can pop into Graeter's, Little Ice Cream Shoppe, or Rita's Italian Ice for a frozen treat after a weekend of games. Teams can gather for group dinners in restaurants such as Rusty Bucket and Nasty's.

Looking for something to do on a random weeknight? Hilliard businesses host events nearly every day of the year. Hilliard loves live music and trivia! In spring we begin to see activities moving outdoors. Crooked Can Brewing Co. and Sexton's Pizza are both excellent choices for an evening on the patio.

When summer rolls in, we are incredibly fortunate to have quality community entertainment. Between Celebration at the Station, The Hilliard Arts Council Summer Concert Series, and Freedom Fest, our community gathers often to connect through music.

Our pools and splash pads serve residents of all ages. Additionally, Hilliard's pickleball, tennis, and basketball courts, as well as lacrosse, soccer, baseball and softball fields, are very active.

Looking for a different family challenge? Hilliard's Disc Golf Course in Municipal Park is an 18-hole course with both amateur- and professional-length tees.

Cotton candy, elephant ears, tractor pulls, and animals can

all be found during the third week of July at the Franklin County Fair. The fairgrounds also host various events open to the public throughout the year.

You can find upcoming events any day of the year at **destinationhilliard.org**. Our Event Calendar is always full, whether you are looking for food, music, sports, or other forms of entertainment.

Choose Hilliard. You won't be disappointed!



Samantha Brill is the Marketing Coordinator for Destination Hilliard.

Visit **destinationhilliard.org** to learn about everything happening in Hilliard!



# THIS LITTLE LIGHT OF MINE



## HILLIARD CHARITY A BLESSING FOR PARENTS, SICK CHILDREN

A Hilliard-based non-profit, Patches of Light, is a perfect example of giving back to the community.

Patches of Light works throughout the United States with hospitals to support families with critically ill children. This support is often in the form of monetary assistance such as gas cards, grocery cards, rent assistance, or funeral expenses. The goal of Patches of Light is help families be together throughout a treatment process for their child, which can get expensive quickly.

For a lot of impacted families, the illness is an unplanned emergency. Most parents exhaust paid time off, if they even have it, and can end up going without paychecks – or even lose their jobs. Founder Mindy Atwood cultivated the idea for Patches of Light after experiencing her own family emergency. In the 1980s, her son had two open heart surgeries.

In her stressful time spent at the hospital with her son, she witnessed families who didn't live close to Children's Hospital, who couldn't afford food or a hotel for the night. Those families were sleeping on the floor of the ICU, just to be with their critically ill child.

"Once we went through that, we realized a lot of people need help. It's easy to choose apathy over empathy. We chose empathy and formed Patches of Light," Atwood said.

Any family who has a child with a critical illness such

as childhood cancer, congenital heart defects, open heart surgeries, infant muscular dystrophy or infant hospice qualifies to receive help from Patches of Light.

A family must apply for assistance through their social worker at the hospital where their

child is receiving treatment. To be accountable to donors, Patches of Light does not send the family cash, but instead sends gift cards. If assistance is needed for a car payment or electric bill, they must receive formal documentation proving the need.

Devon and Haley McGinnis are parents to five children and have benefitted from Patches of Light.

Their son, Silas, was born with a congenital diaphragmatic hernia. They were not aware of this until after his birth, leading to an emergency for the entire family.

"Haley and I took turns spending the night at the hospital, and we had family members help take turns during the day while we went to work so that Silas was never at the hospital alone. This put a significant restraint on the time we were able to spend with our other children, as well as the time our family was able to spend with their individual families while helping us," Devon McGinnis said.

Dealing with eating, swallowing, oxygen and medication issues, Silas spent the first four and a half months of his life at Nationwide Children's Hospital Neonatal Intensive Care Unit.

Devon's uncle, Todd McGinnis, is a very active Hilliard resident and connected him with Patches of Light for assistance.

The non-profit provided several gift cards to the family to help with the expense of eating out several meals a day, every day while being in the hospital with Silas.

In October, Patches of Light President Mindy Atwood was named one of the 2022 L'Oreal Paris "Women of Worth" for her work with the Hilliard non-profit agency.

In its 22 years of existence, Patches of Light has donated more than \$1 million dollars to families in need.

"It helped tremendously. While we didn't anticipate the additional expense, we quickly noticed the impact it

would have on our finances. We were emotionally exhausted, so every additional consideration that was alleviated by others' generosity had a significant impact," Devon McGinnis explained.

Now at nine months old, Silas is doing great at home, but still struggles with pulmonary hypertension because of his right lung being too small, caused by the congenital diaphragmatic hernia.

"We are optimistic that over the next

couple of years [his lung] will grow to full size, which will resolve his pulmonary hypertension and allow him to be less dependent on the medications he still needs," McGinnis said.

"Patches of Light's generous donations alleviated a stress that we didn't even realize we had, and we greatly appreciate the organization for that," Haley McGinnis added.

To raise money for families, Mindy and her board members write grants, receive support through Hilliard City Schools, and host a variety of fundraising events.

Volunteer assistance is always needed with events, in the office, or helping put together Hug Bags for children in the hospital. Hug Bags are canvas totes filled with Hot Wheels, toys, blankets, journals, coloring books, crayons, bubbles, and a book written by Atwood.

Atwood describes a sense of joy when speaking about Patches of Light.

roclamation

"At the end of the day, my family is proud – everything we've been through – we've been able to do good things in the community from it." ■

Representatives from Patches of Light (Terri Botsko, Missy Brown, Tracy Stacy, and Mindy Atwood) accept a proclamation from Council President Andy Teater, right, for Make a Difference Month in October.

TEAT

# Holiday Hoopla Hiit

### Gift Yourself Some Equipment-Free Interval Training!

Don't let power shopping be your only workout this holiday season! Lean on this simple sweat session when you need to lift your spirits or burn off some stress.

Do each exercise for 40 seconds (performing as many quality reps as possible), then allow 20 seconds of recovery before moving onto the next:



#### Snowman Squat

Stand with your feet about hip width apart. Use three counts to lower down into a squat with hips back and weight in the heels. Use one count to drive through your legs and return to standing.

Holly Jolly Jumping

**Jack** Jazz up traditional jumping jacks by adding one big vertical jump on every fourth rep. To modify

the jumping, keep your arms the same and use alternating toe taps to each side instead.

**Speed Skater** Sit down into a squat and shift most of your weight to one leg. Use your free leg to slide the foot out and extend the leg to the side. Bend the knee to return to the squat. Stay on this side the entire time. Repeat on other leg after the first 40 seconds.

**Jingle Bell Jump Rope** Using an imaginary rope, hold your elbows in and circle the hands. Simultaneously, jump rope with an alternating kick front.

**Polar Bear Puth Up** Use a stable surface (such as a chair against a wall or a bench) for an incline push up. Place hands on the chair or bench and place feet wide on the floor.

To increase the difficulty, change this to a decline push up with feet elevated and hands on the floor.

**Reindeer Run** Jog (or march) in place lifting knees high to the chest.

#### Candy Cane Plank

From all fours, extend each leg back to assume a high plank. Pull one knee to your chest as you flex your core,



and take your nose toward your knee. Return to the start position and continue alternating legs with each rep.

#### New Year. New

**You!** This one is all about adopting a new mindset. Now, you get to pick the next move. Think of exercises you might typically avoid because they are extra challenging for you. These are the



movements your body and mind need the most!

Note: Feeling stuck? Challenge your mindset with another round of pushups, another core drill or one last boost of cardio. Think burpees, mountain climbers or stair climbing.

## **Γίρ**γ

- Invite someone to do this with you live or virtually!
- Do one time through for a 9-minute express workout.
- Use the stopwatch on your phone or a fitness timer app.
- Do two to three times through for an added endurance challenge.
- Use this format of 40 seconds on/20 seconds off to design different interval workouts.



## <u>Katy Tombaugh</u>

Katy Tombaugh is the Founder & CEO of Wellness Collective, a learning and development company focused on health and happiness with a mission to transform culture and lives. Wellness Collective currently provides programs and services to both City of Hilliard employees and Hilliard Recreation and Parks.

# We're moving **Earth Logs** activities in 2023!

The City's Environmental Sustainability Commission is moving its popular Earth Week event on Saturday, April 15, to the Franklin County Fairgrounds in 2023!

- Paper shredding
- Hazardous household waste
- Electronics
- Styrofoam collection (at City Hall)
- And more!

Also, enjoy the annual Fairgrounds Walk & Serve event – featuring non-profit organizations – on the same date. Watch for more information coming this spring!



## AGING IN PLACE COMMITTEE DEVELOPING LIVABILITY PLAN FOR HILLIARD SENIORS

Many regard Hilliard as a great place to live, work, play, and raise their families. Recently, a new question has surfaced: What if Hilliard was a great place to live, work, play, and stay?

That's the goal of Hilliard's new Aging in Place Committee, formed by City Council earlier this year to define and address the needs of our older community.

The most recent Census shows there are more than 8,000 people ages 55 and older living in Hilliard, comprising more than 20 percent of the population. Starting in May, the Aging in Place Committee began gathering information on services for older adults and visiting nearby Central Ohio communities to evaluate best practices and understand why they're effective.

"A lot of people automatically assume the most important thing is healthcare," said Tina Cottone, Council Representative for the committee. "But older adults have so many other distinct needs when it comes to inclusion and quality of life. Healthcare is definable. Sometimes it's easier to find a doctor than to find a friend."

Social participation is one of the "8 Domains of Livability" outlined by the American Association of Retired People (AARP). The others are outdoor spaces and buildings, transportation, housing, respect and social inclusion, work and civic engagement, and communication and information.

In its initial meetings, the Aging in Place Committee listened to presentations and took part in exercises that further defined the needs of this population. They found the City already provides a wide array of services, but the marketing and communication of these programs needs to better target the people that need them most.

Deborah Mitchell, committee vice-chair, moved to Hilliard three years ago to take care of her elderly parents. After COVID, she says the biggest challenge is getting her parents out of the house and into social settings. "Aging adults don't always know what they need because they don't have an understanding of what to look for," Mitchell said. "Due to social and cultural factors, it's often harder for them to communicate and make friends, and they sometimes feel invisible. We're hoping to make Hilliard a community where older adults feel welcomed, valued, and connected."

The committee's two main objectives are strategy and action. The first revolves around defining a vision for what it looks like to age well in Hillard, while the second focuses on more short-term actions that can be more immediately addressed to improve older adults' quality of life.

"We're searching for ways they can get more involved in social settings and build their own community," Cottone said. "Maybe that means more congregate living spaces that are affordable for different age groups or more specific events for these individuals."

The Hilliard Senior Center offers extensive programming for anyone 55 and over. It currently serves around 900 members with more than 30 activities offered on any given month.

Mitchell says she's grateful to send her parents to the center and hopes this committee can work in tandem to create value.

"The great thing about Hilliard is there's already so many great amenities out there for older adults," Mitchell said. "Our job is connecting people to what they need, and sometimes what they don't even know they need yet. They are so hungry for interaction. They just need the opportunity."

The next step for the committee is conducting a survey and meeting with focus groups, which will help further define the needs of the older adult community.

The surveys are set to be mailed to random households in January 2023. Survey feedback will allow the City to consider different perspectives and ultimately facilitate change for older adults. ■

# 2023 HILLIARD LEADERSHIP

The Hilliard Leadership Corps Volunteer Program provides high school students with four different volunteer options to highlight the City of Hilliard's Promise:

#### HEART FOR SERVICE, STRENGTH IN TEAMWORK, AND A DRIVE FOR EXCELLENCE.

For additional information or to register, contact Recreation Supervisor Hayley Bush at parks2@hilliardohio.gov.

#### EARN VOLUNTEER HOURS FOR SCHOOL WHILE ENGAGING WITH THE COMMUNITY AT THESE SPECIAL EVENTS

#### HEART FOR SERVICE VOLUNTEER FAIR AND COMMUNITY LUNCHEON Jan. 16, 10 a.m.-noon

PARK CONSERVATION SERVICE DAY March 31, Noon - 3 p.m.

NEIGHBORS HELPING NEIGHBORS May 2, 9 a.m.-noon

#### SCHOOL'S OUT, CAMP'S IN Feb. 17, 8 a.m. - 3 p.m. Feb. 20, 8 a.m. - 3 p.m. May 2, 8 a.m. - 3 p.m.

#### SPRING BREAK CAMP April 3, 4, 5, 6 and/or 7\*, 8 a.m.-3 p.m.

\* Volunteers can select one or all dates

#### EARN VOLUNTEER HOURS WHILE ENGAGING WITH YOUNG PEOPLE IN YOUR COMMUNITY

Apply to be a 2023 Hilliard Leadership Corps Volunteer participant by scanning the QR code.

## RECREATION & PARKS PROGRAM GUIDE

## POLICIES

## Register Online 24/7

Go to hilliardohio.gov/registration and click the "Register" button.

If you are new to Hilliard Recreation and Parks, you must establish a RecTrac account. Within 72 business hours, our staff will verify your residency and activate your account. During this process, patrons will create their own username and password if setting up their account online. RecTrac will automatically create a username and password for patrons setting up accounts in person at the Community Center.

With your existing or newly verified account, go to hilliardohio.gov/registration and sign in with your username and password. Find classes by clicking "search" and then select criteria that fit your interests.

### **Class Sizes**

If a program does not have enough registrants one week before the program start date, it may be canceled. Registration in advance is required. Please register soon.

## **Registration Dates**

General registration	Date & Time
General	Dec. 12 at 9 a.m.
Rec Camps	Date & Time
Community Center	
Residents Non-residents	Jan. 23 at 9 a.m. Jan. 30 at 9 a.m.
Elementary Location (TBD)	
Residents and Non-Residents	Jan. 23 at 9 a.m.

Pool Passes	Date & Time
Summer 2023	Jan. 3 at 9 a.m.

### Save the Date for Summer!

Information on all the spring and summer programs and camps will be in the 2023 Spring/Summer *Your Hilliard*. (See Rec Camp Registration information on page 30). Registration for all spring and summer programs, swim lessons, and camps begin at 9 a.m. Monday, March 27.

## **Payment Methods**

The Recreation and Parks Department does not accept cash. Payments can be made using credit card or check.

## **Accommodation Request**

The City of Hilliard promotes inclusion for all our programming, camps, and service options. Contact a Recreation Supervisor to discuss accommodations before enrollment so we can provide the best overall experience for you and your child. If the need for an accommodation arises after a program starts, please contact the Community Center at 614-876-5200.

### **Center Closures**

Regular programming will not be held Jan. 16. Join us for the Heart for Service Volunteer Fair and Community Luncheon from 11 a.m.-1 p.m. that day!

The Community Center will be closed April 9.

## Fair Share

The Recreation and Parks Department is largely financed through taxes paid by individuals living or working within Hilliard city boundaries. For that reason, we verify residency annually. Those who are unable to verify that they live or work within Hilliard city boundaries must pay a higher fee. We also delay activating pool memberships until verification of residency or employment is provided. We accept proof of residency or employment in person at our Community Center during normal business hours; via mail at Hilliard Community Center, 3800 Veterans Memorial Drive, Hilliard, Ohio 43026; or by email at *recandparks@hilliardohio.gov*.

**City Residents (R)** receive the lowest rates. Having a Hilliard mailing address or attending Hilliard City Schools does not necessarily mean you live within city boundaries. We verify residency each year on the Franklin County Auditor's website. Renters must provide (in person or via email) a utility bill, government-issued ID, or other proof of residency.

**Non-Residents Paying Hilliard Income Taxes** also receive the resident rate. To prove employment, you must provide a valid government-issued ID and one of the following each year:

- A pay stub from the previous 30 days that includes the employee's full name and current address.
- Proof of employment on company letterhead with the signature of the patron's supervisor or company president.

**School District/Non-Residents (NR)** are those who neither live nor work within Hilliard city boundaries. These individuals pay a higher fee.



### **Inclement Weather**

In the event of inclement weather, the City of Hilliard Recreation and Parks Department may close facilities or cancel/delay any program, special event, or drop-in activity. This decision is made for the safety of our patrons based upon the severity of roads and weather.

To get the most up-to-date cancellation information, follow our Facebook and Twitter pages, visit hilliardohio.gov, or call (614) 334-2598. This line is updated with changes, closures and cancellations.

#### Programs Scheduled Before 5 p.m.

Programs/activities are canceled when Hilliard City School District closes or is on a delay due to inclement weather.

#### Programs Scheduled After 5 p.m.

Program cancellation after 5 p.m. is determined by 4 p.m. the day of the activity on weekdays.

#### Weekends

Cancellation is determined by 9 a.m. for Saturday and Sunday programs.

### Refunds

#### Low Enrollment

If a program/class does not meet the minimum requirement of students, the class will be canceled and a full refund will be issued to those enrolled.

#### **General Recreation Program**

Any cancellation or request for a refund prior to 10 days of the start of the program/class will result in a full refund. If a cancellation or refund request is needed within the 10day window of that program/class starting, a 10-percent processing fee will be charged. If the cancellation drops the program/class below the minimum student enrollment, a refund will not be issued.

#### Senior Programs

A full refund is issued if registration is canceled before the posted deadline. Refunds less than \$10 are automatically credited to your household account. Trip registrations canceled after the posted deadline are not eligible for refunds unless there is a waiting list and someone is able to take your place.

### **Military Discount**

We offer a 10-percent discount for active duty and veteran military personnel and their immediate families for pool memberships, rentals, and activities. This excludes thirdparty organizations and daily pool admission. Military ID must be provided in person to receive the discount.

### **Health and Safety**

The City of Hilliard's top priority is the safety of our participants. At the time of class registration or arrival, all participants must sign a COVID user agreement. Guidelines are regularly modified and updated. Participants should practice the following guidelines:

- Stay home if you are ill.
- Wash your hands often.

## AQUATICS

## Watch for 2023 pool information in the Spring/Summer Your Hilliard and online by Dec. 16 at hilliardohio.gov/pools-passes/

#### **Hilliard Family Aquatic Center**

3850 Veterans Memorial Drive , Hilliard | (614) 876-4296

#### Open May 27 - Aug. 21

The Hilliard Family Aquatic Center is one of the largest outdoor municipal complexes in Ohio. It features two 30foot water slides, a 25-yard competition pool, an interactive leisure pool and more.

#### Clyde "Butch" Seidle Community Pool

4450 Schirtzinger Road, Hilliard | (614) 334-4024

#### Open May 27 - Labor Day

The Clyde "Butch" Seidle Community Pool features a bath house, concession stand and a shaded area. There is a main pool with a 14-foot water slide and an interactive spray pad.



#### **About Our Pools**

In addition to providing a safe space for families to play and spend time together, the pools also offer swimming lessons and events for community members of all ages.

Pool memberships are valid at both locations. Both facilities open to the public Saturday, May 27. Our top priority is safety, which includes having the required number of lifeguards necessary for us to operate.

For that reason, the Hilliard Family Aquatic Center's last day of operation for the season is Monday, Aug. 21. Lifeguard staff availability is reduced significantly beginning Aug. 22, the first day of the school year for Hilliard City Schools. Remaining staff works at the Clyde "Butch" Seidle Community Pool through Labor Day. Our final pool hours for Aug. 12-Sept. 4 will be posted online by early August.

#### **Splash Pads**

The Hilliard's Station Park and Clyde "Butch" Seidle

Community Pool Splash Pads open to the public on Monday May 8. The CBSCP Splash Pad is only available as part of paid admission after the pool opens on Saturday, May 27. Both splash pads operate post-pool season through Sept. 30.

#### **Pool Areas & Amenities**

The main pool is always available when the facility is open, but some amenities at HFAC may be unavailable. We reserve the right to close one or more pools, specific amenities, or the facility if the need arises due to staffing, programming, or weather. The purchase of a membership or daily admission is for use of the main pool at both facilities. Aquatics Programs Information, including memberships, swim lessons and special events, will be included in the Spring/Summer *Your Hilliard*.

#### **Daily Admission Payments**

Major credit cards and cash are accepted. Checks are not accepted.

#### **Memberships**

Pool passes are valid at both locations. Key fobs allowing admission are mailed to new members and to those members who purchase add-on passes for the first time. Membership key fobs/add-on passes are not re-issued each year. Keep key fobs from season to season to avoid paying a \$5 replacement fee. All members must present key fobs at the gate or use the key ring app to enter either facility; otherwise, residents must pay the daily admission.

2023 memberships go on sale starting 9 a.m. Jan. 3. Membership forms are processed as soon as possible after they are received. Rates for 2023 memberships will be available online by Dec. 16 at hilliardohio.gov/pools-passes. Memberships are non-refundable and non-transferable.

**Online:** Those with 2022 memberships may renew online at hilliardohio.gov or in person at Hilliard Community Center, 3800 Veterans Memorial Drive. Staff verifies residency for all applications within 72 business hours with Franklin County Auditor's Office. There is a limit of two adults (age 21 and up) per membership. Both adults must live at the same address.

**In Person:** Visit the Hilliard Community Center during regular business hours. Memberships can be paid with major credit cards, debit cards, or checks. Cash is not accepted for membership purchases. To avoid lines, we encourage you to use our online or mail options.

**By Mail:** Send a completed membership form and a check with current address payable to "City of Hilliard" to the Hilliard Recreation and Parks Department, 3800 Veterans Memorial Drive, Hilliard, Ohio 43026.

## PRESCHOOL

#### ADULT AND ME YOGA

This is the perfect class to introduce babies and toddlers to yoga. Explore fun yoga poses and learn about breath and movement while incorporating fun yoga books and music. This is a great bonding experience for the kiddos and their caretakers. It's perfect for all energy-level children and helps them build a foundation of yoga tools to use as they get older.

#### Activity No. 1570400

Instructor The Balanced Child Method Duration 4 Sessions Location Community Center Meeting Room Cost \$55R | \$62NR Age 3 months - 6 years

Date	Time	Day(s)	
1/9 - 2/6*	10:30 - 11 a.m.	М	
2/13 - 3/6	10:30 - 11 a.m.	М	
3/13 - 4/3	10:30 - 11 a.m.	М	

\*No class 1/16

#### **AMAZING ATHLETES**

This developmental physical fitness program empowers children to reach milestones at an individual pace. During our weekly classes, children learn the principals of sports in a learning-based environment. Amazing Athletes advances six motor skills: balancing, running, jumping, throwing, catching, and kicking.

#### Activity No. 1521412

Instructor Amazing Athletes Staff Duration 6 Sessions Location Community Center Gym Cost \$78R | \$93NR Age 4 - 6 years

Date	Time	Day(s)	
1/12 - 2/16	10 - 10:30 a.m.	Th	
3/9 - 4/13	10 - 10:30 a.m.	Th	

#### **AMAZING ATHLETES TOTS**

This guided, discovery-based program helps children from 18 months to 3 years old engage in structured physical activities tailored specifically to toddlers. Each week, toddlers learn about one sport through our discovery lessons, structured physical challenges, and activities.

Activity No. 1511401

Instructor Amazing Athletes Staff Duration 6 Sessions Location Community Center Gym Cost \$78R | \$93NR Age 1 1/2 - 3 years

Date	Time	Day(s)	
1/12 - 2/16	9:30 - 10 a.m.	Th	
3/9 - 4/13	9:30 - 10 a.m.	Th	

#### **KIDS IN THE KITCHEN**

Get your kids out of the house and into our kitchen this winter. Kids love to cook, and this fun class is designed to give them hands-on experience in the kitchen. Each class focuses on a different theme. Join us for a deliciously good time! One parent must remain to help the child.

Activity No. 1520505 Instructor Rec Staff Duration 3 Sessions Location Community Center Meeting Room Cost \$30R | \$35NR Age 3 - 5 years

inge s s years			
Date	Time	Day(s)	
1/6 - 1/20	10 - 11 a.m.	F	
2/3 - 2/24*	10 - 11 a.m.	F	
3/10 - 3/24	10 - 11 a.m.	F	
4/14 - 4/28	10 - 11 a.m.	F	

\*No class 2/17

#### **KINDERDANCE**

Kinderdance is a developmental dance, motor skill, music, and fitness program blended with academics. It teaches the basics of ballet, tap, acrobatics, and creative movement while blending educational concepts. Ballet shoes and tap shoes are required. Leotard and tights or shorts/T shirts/exercise clothing are recommended.

21010 derdance Staff	Date	Time	Day(s)	
aII	1/11 - 2/15	5:30 - 6:15 p.m.	W	
	3/1 - 4/12*	5:30 - 6:15 p.m.	W	
				*No class 4/5

Welcome to 'Play! Hilliard,' our new activity section just for kids!

Color these pages, join us for the fun events, or complete the included Bingo and drop your art off at the Community Center, 3800 Veterans Memorial Drive. Include your name and we'll display your art in our Kids Gallery!





### NATIONAL POPCORN DAY

Stop in the Hilliard Community Center and enjoy a bag of popcorn on us between 9 a.m. and 4 p.m. in celebration of National Popcorn Day! While you are here, pick up some information on the history of popcorn.





## RAFIORAL URPLUG DAY

This annual awareness campaign promotes a 24-hour break from technology. Focus on family and friends – not your phone or TV – or take a walk in a Hilliard park, read a book, or play on one of our many playgrounds!





## RATIONAL HUG YOUR DOG DAY

Our dogs deserve all the love and affection we can give them, which is why there's a special day dedicated just to hugging them. It's April 10: National Hug Your Dog Day. Not only does a good tight squeeze strengthen the bond with your furry friend, it shows your pet you care!

So, grab your dogs and give them an extra cuddle today! Email us your picture of you and your dog hugging at **recandparks@hilliardohio.gov** and we will share them on our social media pages. Note: By submitting this photograph, you are confirming that the City of Hilliard may use your child's image digitally on social media and in printed materials.

#### Make a difference in OUR community!

Complete five or more activities, then circle them and return your BINGO card to the Community Center by Monday, Jan. 16. Or, email a picture of your card to recandparks@hilliardohio.gov. Participants will be entered into a prize drawing.

#### Name\_\_\_\_\_ Age\_\_\_\_\_

Parent's email \_\_\_\_\_

Donate to the Hilliard Food Pantry	Help your teacher	Attend the Heart for Service Volunteer Fair and Community Luncheon Jan. 16 at the Community Center	Take out the trash	Tell your family what you are thankful for
Share your toys	Pick up litter at a park	Water the plants or feed your pet	Share a fact with a friend about how Dr. Martin Luther King Jr. made a difference	Check out a book about Dr. Martin Luther King Jr. from the library
Hold the door for someone	Clean the table after a meal	Free Space ••• Dr. Martin Luther King Jr. Day is Jan. 16	Leave a message on the "I Have A Dream Tree" at the Community Center	Shovel snow (or do another favor) for a neighbor
Make a card for a friend	Take your dog (or a neighbor's dog) for a walk around the neighborhood	Call a family member	Say 'please' and 'thank you'	Visit Merchant Park to learn about Hilliard's first Black settlers
Share a fact with a family member about how Dr. Martin Luther King Jr. made a difference	Make your bed	Compliment a friend	Visit the Columbus Humane Society	Put away your toys

## PRESCHOOL

#### KINDER DANCE WITH ME

Little movers ages 15-24 months and their favorite adult are involved in this cute, upbeat class filled with interactive songs and props. The class offers age-appropriate exposure to developmental milestones through dance and sensorymotor activities while nurturing the bond between caregiver and child. Kinderdance certified instructors guide and dance along with caregivers as they participate and learn to facilitate the natural exploration and progression of motor development through play, laying the groundwork for academic success as the children grow.

#### Activity No. 1521020

Instructor Kinderdance Staff Duration 6 Sessions Location Senior Center Classroom Cost \$68R | \$75NR Age 15 - 24 months

Date	Time	Day(s)	
1/11 - 2/15	4 - 4:30 p.m.	W	
3/1 - 4/12*	4 - 4:30 p.m.	W	

\*No class 4/05

#### **KINDERTOTS**

Two-year-old children love to explore through a variety of physical activities. Our program allows their natural curiosity to flourish in a multitude of ways with an emphasis on movement exploration. Kindertots® is designed to develop gross motor skills, movement creativity, physical development, and body awareness while learning numbers, colors, shapes, and songs. Our trained dance teachers ensure a learning environment that is fun, safe, and full of care. Ballet shoes are required. Other recommended attire includes leotards and tights or shorts, T shirts, and exercise clothing.

#### Activity No. 1521030

Instructor Kinderdance Staff Duration 6 Sessions Location Senior Center Classroom Cost \$90R | \$108NR Age 2 years

Date	Time	Day(s)		
1/11 - 2/15	4:45 - 5:15 p.m.	W		
3/1 - 4/12*	4:45 - 5:15 p.m.	W		

\*No class 4/5

#### LITTLE BALLERS BASKETBALL

Players are taught the fundamentals of basketball and the concept of game play. The curriculum incorporates teaching styles that help this age group build an understanding of skills. A positive and encouraging atmosphere is created in which kids learn proper sportsmanship. Each week will include developmentally appropriate instruction and modified game play.

#### Activity No. 152140

Instructor Bally Sports Staff Duration 6 Sessions Location Community Center, Gym Cost \$90R | \$108NR Age 4 - 6 years

, °	o yourb		
ate		Time	

Date	Time	Day(s)
1/14 - 2/18	9 - 10 a.m.	Sa
1/14 - 2/18	10:10 - 11:10 a.m.	Sa

#### **Duration** 4 Sessions

Location Community Center, Gym Cost \$65R | \$78NR Age 4 - 6 years

Date	Time	Day(s)
3/4 - 3/25	9 - 10 a.m.	Sa
3/4 - 3/25	10:10 - 11:10 a.m.	Sa

#### **MINI SOCCER STARS**

This age-appropriate program uses fun games and activities to teach fundamentals of soccer. Coaches focus on the basics and the concept of game play. Proper sportsmanship is emphasized in a positive and encouraging atmosphere. Each week will include both developmentally appropriate instruction and non-competitive game play.

#### **Activity No.** 152142

Instructor Bally Sports Staff Duration 6 Sessions Location Municipal Park, Soccer Field 1 Cost \$90R | \$108NR Age 3 - 4 years

Date	Time	Day(s)	
4/4 - 5/9	5 - 6 p.m.	Tu	
Age 5 -6 years	5		
Date	Time	Day(s)	
Dutt			

## PRESCHOO

#### PRE-K SPANISH LANGUAGE CLASS

Designed for independent learners. Students learn everyday words and simple phrases through fun and engaging songs, games, play-based activities, and crafts. The teacher focuses on native verbal pronunciation while preparing students for reading and writing. This class includes password access to weekly at-home Spanish lessons through the Student Corner online learning materials. Children must be toilet trained.

Activity No. 1236510 Instructor Cultured Kids Club Duration 7 Sessions Location Community Center Meeting Room Cost \$120R | \$130NR

Age 3 - 5 years

Date	Time	Day(s)	
1/14 - 2/25	9 - 10 a.m.	Sa	
3/4 - 4/15	9 - 10 a.m.	Sa	

#### STORIES AT THE CENTER

Drop your child off while they enjoy a story each week incorporating additional activities that may include art, science and nature, creative dramatics, and music and movement. Children must be potty trained. Registration in advance is required. Parents are not required to stay on site.

Activity No. 1520203 Instructor Rec Staff Duration 4 Sessions Location Community Center Meeting Room Cost \$20R | \$25NR

#### Age 3 - 5 years

Date	Time	Day(s)	
1/4 - 1/25	10 - 11:30 a.m.	W	
2/1 - 2/22	10 - 11:30 a.m.	W	
3/1 - 3/22	10 - 11:30 a.m.	W	
3/29 - 4/26*	10 - 11:30 a.m.	W	

\*No class 4/5



#### STROLLER FITNESS CLASS SAMPLER

Calling all moms! We know you want to feel good, spend time with your kids, and live your best life. What if you could do all that during a workout class with your kids in tow? Check out FIT4MOM's Stroller Fitness Class Sampler! You'll get to try each of FIT4MOM's three stroller workouts: Stroller Strides®, Stroller Barre®, and Strides 360. Stick around after each workout for a fun activity or craft with your kiddos!

#### **Activity No.** 135050

Instructor Mindy Hayward-Hauck Duration 3 Sessions Location Community Center Gym Cost \$50R | \$60NR Age 18 years and older

Date	Time	Day(s)	
1/11 - 1/25	11 a.m noon	W	
2/1 - 2/15	11 a.m noon	W	
2/22 - 3/8	11 a.m noon	W	
3/15 - 3/29	11 a.m noon	W	
4/12 - 4/26	11 a.m noon	W	

#### TYKE TIME

Network with other parents as your child makes new friends. Parents provide supervision. Equipment includes mats and play equipment such as balls, ride-on-toys, blocks, coloring, and more. Registration is required. Only one family member must enroll per household.

#### Activity No. 1520022

Duration 13 Sessions Location Community Center Gym Cost \$24R | \$30NR Age 2 - 6 years

Date	Time	Day(s)
1/5 - 3/30	9 - 11 a.m.	Th



Discover everything area preschools can offer your wee ones at this FREE open house, hosted by Hilliard Recreation and Parks Department. Speak to representatives and meet staff from area schools. Learn about curriculum, prices, days of the week, teacher-student ratio, and more!

Explore the Possibilities!

## PRESCHOOL

#### YOGA AND CRAFT

This class is the perfect introduction to yoga for preschool and pre-kindergarten age students. Children learn yoga poses and stretching, as well as breathing techniques and mindfulness. This 30-minute class leaves your child happy and relaxed. After yoga, we will do a fun craft or activity that goes along with the yoga class theme. Parents do not have to participate but must remain on site for the entire class.

#### Activity No. 1530500

Instructor The Balanced Child Method Duration 4 Sessions Location Community Center Meeting Room Cost \$52R | \$58NR Age 3 - 6 years

Date	Time	Day(s)	
1/9 - 2/6*	9:30 - 10:15 a.m.	М	
2/13 - 3/6	9:30 - 10:15 a.m.	М	

\*No class 1/16



### SHARE YOUR TALENTS!

Do you have a special skill or hobby you are willing to share? Instructors are always needed to teach new classes and programs.

Email recandparks@hilliardohio.gov to receive a class proposal form to submit your idea.

## YOUTH

#### **BEGINNER SPANISH LANGUAGE CLASS**

This class is for elementary-age students beginning their Spanish-language journey. Students will learn everyday sentences and study the cultures of different Spanish-speaking countries. The class integrates playbased activities, fun action games, student-to-student conversation, and age-appropriate Spanish music. This class includes password access to extra between-class learning materials.

Activity No. 1236520 Instructor Cultured Kids Club Duration 7 Sessions Location Community Center, Meeting Room Cost \$120R | \$130NR Age 6 - 12 years

Date	Time	Day(s)
1/14 - 2/25	10:15 - 11:45 a.m.	Sa
3/4 - 4/15	10:15 - 11:45 a.m.	Sa

#### **BETTER BABYSITTERS**

Better Babysitters teaches the responsibilities of having a job, the Rights of a Babysitter, CPR for a child and infant, basic first aid, growth and development, and appropriate toys and activities for kids. We also teach diaper changing, infant care, and how to feed a toddler.

Activity No. 1530200 Instructor Better Babysitters Staff Duration 2 Sessions Location Senior Center Multipurpose Room Cost \$120R | \$125NR Age 10 - 14 years

Date	Time	Day(s)
2/11 - 2/18	10 a.m 2 p.m.	Sa

## YOUTH

#### CHALLENGE ISLAND 'DAZZLING DECADES ISLAND'

Teams will go on a time-traveling adventure on Dazzling Decades Island, Experience life in the 1950s, '60s, '70s, and '80s while engineering at the Matterhorn Bobsled Ride (1959), Pop Art Towers (1964), Pinball Wizard Way (1977), and Super STEAMio Jump (1985).

#### Activity No. 1535026

Instructor Challenge Island Staff Duration 4 Sessions Location Senior Center Craft Room Cost \$70R | \$77NR Age 6 - 12 years

Date	Time	Day(s)	
1/18 - 2/8	4:30 - 6 p.m.	W	

#### EXCEL VOLLEYBALL DEVELOPMENT PROGRAM

The first two weeks will focus on skill development and core priniciples of volleyball. The last two weeks will focus on game play scenarios that will continue to develop each athlete's understanding and skills. Lessons will be adjusted and advanced based on individual skill levels.

Activity No. 1531413 Instructor Excel Staff

Duration 4 Sessions Location Community Center Gym

#### **Cost** \$75R | \$90NR

#### Age 7 - 13 years (girls)

Date	Time	Day(s)
3/2 - 3/23	6 - 7 p.m.	Th
Age 7 - 13 years (co	o-ed)	
Date	Time	Day(s)
3/2 - 3/23	7:10 - 8:10 p.m.	Th

#### HILLIARD TENNIS OUTREACH PROGRAM

The Hilliard Tennis Outreach Program is a 501(c)(3) nonprofit that teaches the basics of tennis, including forehands, backhands, serves, volleys, and footwork! Each week focuses on a basic principle of tennis, along with stretches, tennis games, and exercises!

Activity No. 1541402 Instructor HTOP Staff Duration 13 Sessions Location Community Center Gym Cost Free Age 5 - 11 years

Date	Time	Day(s)
1/6 - 3/31	5:30 - 6:30 p.m.	F

#### **KIDS FIT HEROES**

Instill fitness in your children at an early age in a fun and active way! The Kids Fit Heroes program is led by local fitness expert, Micah Clayborn. Micah has competed professionally in bodybuilding, power lifting, and in fitness competitions during the past 15 years. Exercises will include plyometrics calisthenics, cardiovascular activities, and speed and agility for sports performance. All exercises will be age appropriate, and no weights will be used. Movements will be incorporated within different games, drills, and mini competitions.

**Activity No.** 154140

Instructor Bally Sports Staff Duration 6 Sessions Location Community Center Gym Cost \$80R | \$96NR

#### **Age** 10 - 12 years

Date	Time	Day(s)	
1/6 - 2/10	6:30 - 7:30 p.m.	F	
Age 6 - 9 years			
Date	Time	Day(s)	
1/6 - 2/10	5:30 - 6:30 p.m.	F	

#### LEARN TO VOLLEY

Participants will learn a wide variety of skills, including passing, setting, blocking, and serving. Older players will work on spiking. Each week will include modified games that help players learn spacing on the volleyball court, communication with teammates, and moving to the ball. The positive atmosphere makes for a fun learning experience catered to all skill levels!

#### Activity No. 153143

Instructor Bally Sports Staff Duration 6 Sessions Location Community Center, Gym Cost \$90R | \$108NR

Age 8 - 12 years

Date	Time	Day(s)
1/12 - 2/16	6 - 7:15 p.m.	Th



## YOUTH

#### SHOOTING STARS BASKETBALL

Players are taught the fundamentals of basketball and the concept of game play. The curriculum incorporates teaching styles that help this age group by using fun terminology and engaging activities. A positive and encouraging atmosphere is created in which kids learn proper sportsmanship. Each week will include developmentally appropriate instruction and modified, recreational game play.

Activity No. 153141

Instructor Bally Sports Staff Duration 6 Sessions Location Community Center Gym Cost \$90R | \$108NR

#### Age 6 - 8 years

Date	Time	Day(s)
1/14 - 2/18	11:20 a.m 12:20 p.m.	Sa
1/14 - 2/18	12:30 - 1:30 p.m.	Sa

#### Duration 4 Sessions

#### Cost \$65R | \$108NR

Date	Time	Day(s)
3/4 - 3/25	11:20 a.m 12:20 p.m.	Sa
3/4 - 3/25	12:30 - 1:30 p.m.	Sa

#### SCHOOL'S OUT, CAMP'S IN

Have fun while guardians are at work. Play games, make crafts, enjoy movies and popcorn, and join in other great activities. Bring a packed lunch, snack, and a water bottle.

Activity No. 1530100 Instructor Rec Staff Duration 1 Session Location Community Center Gym Cost \$45R | \$50NR per day Age 5 1/2 - 11

Date	Time	Day(s)
2/17	8 a.m 5 p.m.	F
2/20	8 a.m 5 p.m.	М
5/2	8 a.m 5 p.m.	Tu



#### hilliardohio.gov | Youth Programs

#### SPRING BREAK CAMP

This spring break, join us at the Community Center to play games, make crafts, and enjoy the outdoors. Bring a packed lunch and a water bottle.

Activity No. 1530110 Instructor Rec Staff Duration 1 Session Location Community Center Gym Cost \$45R | \$50NR per day

Age 5 1/2 - 11 years

Date	Time	Day(s)
3/31	8 a.m 5 p.m.	F
4/3	8 a.m 5 p.m.	М
4/4	8 a.m 5 p.m.	Tu
4/5	8 a.m 5 p.m.	W
4/6	8 a.m 5 p.m.	Th
4/7	8 a.m 5 p.m.	F

#### YOUTH IN THE KITCHEN

Get your kids out of the house and into our kitchen this fall. Kids love to cook, and this fun class is designed to give them hands-on experience in the kitchen. Each class focuses on a different theme.

Activity No. 1530505 Instructor Rec Staff Duration 3 Sessions Location Senior Center, Multipurpose Room Cost \$30R | \$35NR Age 6 - 12 years

Date	Time	Day(s)
1/11 - 1/25	6 - 7 p.m.	W
2/8 - 2/22	6 - 7 p.m.	W
3/8 - 3/22	6 - 7 p.m.	W
4/12 - 4/26	6 - 7 p.m.	W



## FAMILY

#### **BIKE CLINICS: LEARN TO REPAIR A FLAT TIRE**

Beginner bikers, this is the class for you! Learn how to fix a flat tire on your bicycle from local expert WubCo LLC. Bring your own bike to class with you.

Activity No. 2550201-01 Instructor WubCo LLC Duration 1 Session Location Hilliard's Station Park Cost \$15R | \$18NR

Date	Time	Day(s)
3/22	6 - 7 p.m.	W

#### **BIKE CLINICS: INTRO TO BIKE CARE BASICS**

Learn basic bicycle care from from local expert WubCo LLC. Bring your own bike to class with you!

Activity No. 2550201-02 Instructor WubCo LLC Duration 1 Session Location Hilliard's Station Park Cost \$15R | \$18NR

Date	Time	Day(s)
4/19	6 - 7 p.m.	W

#### FAMILY YOGA

Grab the family and start Saturday with some yoga! This class is tailored to kiddos ages 3 to 8, but everyone is welcome. This is a great time for the whole family to learn yoga, breathing, and meditation to do at home. Bring your yoga mats, water, and comfy clothes. Price is per family!

Activity No. 1570300

Instructor The Balanced Child Method Duration 4 Sessions Location Senior Center Multipurpose Cost \$60R | \$67NR Age For ages 3-8 (but all family members are welcome)

Date	Time	Day(s)
1/21 - 2/11	9 - 9:45 a.m.	Sa
2/18 - 3/11	9 - 9:45 a.m.	Sa

## ADVENTURE AWAITS AT 2023 SUMMER REC CAMP!

Hilliard Rec Camps will be at Hilliard Community Center from June 6 through Aug. 12 and at a second location to be named later from June 6 to July 29. (Secondary location campers may register for alternative outdoor camps offered in Roger A Reynolds Municipal Park.)

Camp activities are 9 a.m.-4 p.m., with "before camp" at 7:30 a.m. and "after camp" until 5:30 p.m. Campers must be ages 5 1/2 to 11 and have completed full-day kindergarten through fifth grade. Activities will include outdoor group games, sports, arts and crafts, nature, science experiments, and swimming at the Hilliard Family Aquatic Center. Visit hilliardohio.gov for more information.

## DR. MARTIN LUTHER KING JR. DAY

## HEART FOR SERVICE VOLUNTEER FAIR & COMMUNITY LUNCHEON

#### Monday, Jan. 16 | 11 a.m. - 1 p.m.

Dr. Martin Luther King Jr. Day is a National Day of Service, encouraging all Americans to volunteer to improve their communities.

Learn how you can make a difference and honor Dr. King's legacy at Hilliard's second annual Heart for Service and Volunteer Fair at the Hilliard Community/ Senior Center.

For just \$10, you can buy a bowl, handmade by Hilliard City School District students, filled with soup (along with sandwich and a dessert) made by the Kiwanis Club of Hilliard. All proceeds will be donated to the Hilliard Food Pantry. (Bring a non-perishable item to be entered into a drawing for a City of Hilliard swag bag!)

Then, connect with local non-profit agencies and commit to serving your community in 2023! Share your dream on our handprint wall, create art at the Hilliard Arts Council's pop-up art table, put a piece of the MLK puzzle together, watch a film, enjoy the DJ and balloon twister, and much more!

Are you part of a Hilliard-based 501 (c)(3) agency looking to connect and grow your volunteer community? Join us to highlight your agency's volunteer opportunities throughout the year! Contact Hayley Bush at *parks2@hilliardohio.gov* or at (614) 334-2580.

# FAMILY

#### KARATE

Participants learn practical skills for self-defense at their own pace. The class begins with stretching and warm-ups and may include kata, sparring, and general self-defense. For more information visit hsoma.com.

#### Activity No. 1571401 Instructor Jason Smiley Duration 7 Sessions

Location Community Center Gym Cost \$70R | \$84NR Age 10 and Up

Date	Time	Day(s)	
1/4 - 2/15	6 - 8 p.m.	W	
2/22 - 4/5	6 - 8 p.m.	W	

**Duration** 4 Sessions

Cost \$45R   \$54NR			
Date	Time	Day(s)	
1/25 - 2/15	6 - 8 p.m.	W	
3/15 - 4/5	6 - 8 p.m.	W	

#### WILD ABOUT WILDFLOWERS

Join Hilliard Area Garden Club volunteers to enjoy the familiar spring wildflowers such as violets and trilliums, along with some you may not know, including Dutchman's breeches and bloodroot. We are fortunate to have a diversity of ephemeral wildflowers in our own backyard. The walk will last approximately one hour. All ages are welcome, but children must be accompanied by an adult. Sturdy footwear is recommended because the wooded area can be muddy in the spring. Meet in the parking lot behind the Hilliard Family Aquatic Center next to the Community Gardens.

#### Activity No. 2570201

Instructor Hilliard Garden Club

**Duration** 1 Session

**Location** Municipal Park (Start at Hilliard Family Aquatic Center)

**Cost** Free

Age All ages are welcome

Date	Time	Day(s)	
4/22	10 - 11 a.m.	Sa	
5/6	10 - 11 a.m.	Sa	

## ADULT

#### **CORE FIT FLOW**

Core flow strengthens the muscles that support a healthy spine, improving posture using yoga flow. Activity No. 1350401 Instructor Melanie Ross Duration 6 Sessions Location Senior Center Multistage Side

Cost \$32R | \$38NR

Date	Time	Day(s)	
1/4 - 2/8	6 - 7 p.m.	W	

#### **HILLIARD HIKES**

Join this weekly hike and stay active this winter! Meet on Wednesday mornings at 9:45 a.m., and walk from 10-11 a.m. Dress for the weather. Meet at the weekly hike location.

Activity No. 1550400 Instructor Amy VanHuffel Duration 1 Session Location Varies Cost Free Age 18 and Up

Date	Time	Location
1/4	9:45 - 11 a.m.	Roger. A Reynolds Municipal Park
1/11	9:45 - 11 a.m.	Prairie Oaks Metro Park
1/18	9:45 - 11 a.m.	Hilliard's Station Park
1/25	9:45 - 11 a.m.	Homestead Metro Park
2/1	9:45 - 11 a.m.	Roger. A Reynolds Municipal Park
2/8	9:45 - 11 a.m.	Prairie Oaks Metro Park
2/15	9:45 - 11 a.m.	Hilliard's Station Park
2/22	9:45 - 11 a.m.	Homestead Metro Park
3/1	9:45 - 11 a.m.	Roger. A Reynolds Municipal Park
3/8	9:45 - 11 a.m.	Prairie Oaks Metro Park
3/15	9:45 - 11 a.m.	Hilliard's Station Park
3/22	9:45 - 11 a.m.	Homestead Metro Park
3/29	9:45 - 11 a.m.	Prairie Oaks Metro Park



#### **PEDAL AND PINTS**

Join Hilliard Recreation and Parks for a Celebrate Trails Day ride! Hosted on the fourth Saturday of April, Celebrate Trails Day is an annual spring celebration that encourages people across the country to get outside and enjoy the nation's exceptional trail systems. Enjoy a ride on the Heritage Rail Trail, then end the ride with a pint of beer at HillGarten or ice cream at Whit's! Participants will receive a 15-percent discount off Whit's and food at HillGarten after the ride. Local bike expert WubCo will be set up with air pumps and tools to offer free bike checks. Meet at 10:15 a.m. at the Heritage Rail Trail trailhead (5467 Center St.), and the ride rolls at 10:30 a.m. Families, beginners, and experienced riders are all welcome!

#### Activity No. 5370401

Instructor Amy VanHuffel Duration 1 Session Location Hilliard's Station Park Cost Free Age 18 and Up

Date	Time	Day(s)
4/22	10:30 a.m 1:30 p.m.	Sa

### **VOLLEYBALL LEAGUES**

Adult volleyball leagues are offered on Sunday afternoons for COED (recreational and competitive), Monday night for men, and Tuesday night for women. All leagues consist of five sets to 21 points and are power leagues. The first games are projected to start the week of Jan. 8 with a 10-game schedule. Register as a team or call in as a free agent if you're looking for a team! More league information can be found on the Hilliard Recreation and Parks Sports web page.

## ADULT PICKLEBALL FOR ALL!

**PLAY PICKLEBALL** 

Pickleball is a combination of tennis, badminton, and table tennis. This low-impact paddle-based sport is perfect for those who previously played tennis. We will supply the courts, the nets, and the balls. You just need to bring your own paddle and water bottle. Registration is open to all skill levels. Registration is offered until slots are full. Instructor Rec Staff

#### **Duration** 4 Sessions

Location Community Center Gym Cost \$3R | \$5NR per day-and-month session or \$2 daily drop-in fee Age 16 and Up Activity No. 1551401

Date	Time	Day(s)
1/9 - 1/30*	8:30 a.m 10:30 a.m.	М
1/9 - 1/30*	1:30 p.m 3:30 p.m.	М
1/4 - 1/25	8:30 a.m 10:30 a.m.	W
1/4 - 1/25	1:30 p.m 3:30 p.m.	W
1/6 - 1/27	8:30 a.m 10:30 a.m.	F
1/6 - 1/27	1:30 p.m 3:30 p.m.	F

\*No class 1/16

|--|

Date	Time	Day(s)
2/6 - 2/27*	8:30 a.m 10:30 a.m.	М
2/6 - 2/27*	1:30 p.m 3:30 p.m.	М
2/1 - 2/22	8:30 a.m 10:30 a.m.	W
2/1 - 2/22	1:30 p.m 3:30 p.m.	W
2/3 - 2/24	8:30 a.m 10:30 a.m.	F
2/3 - 2/24	1:30 p.m 3:30 p.m.	F

\*No class 2/20

#### Activity No. 1551403

Date	Time	Day(s)
3/6 - 3/27	8:30 a.m 10:30 a.m.	М
3/6 - 3/27	1:30 p.m 3:30 p.m.	М
3/1 - 3/29	8:30 a.m 10:30 a.m.	W
3/1 - 3/29	1:30 p.m 3:30 p.m.	W
3/3 - 3/31	8:30 a.m 10:30 a.m.	F
3/3 - 3/31	1:30 p.m 3:30 p.m.	F



#### **PICKLEBALL LESSONS**

Instructor Elijah Danilets Duration 2 Sessions Location Community Center Gym Age 18 and Up

#### **BEGINNERS**

An introductory class to the game of Pickleball. Players will learn prior technique, basic rules of how to play, and how to keep score. This class is for those who never played or are just starting out.

#### Activity No. 1551404 Cost \$45R | \$54NR

Date	Time	Day(s)
1/24 - 1/31	Noon - 1:45 p.m.	Tu
1/25 - 2/1	4 - 5:45 p.m.	W
2/7 - 2/14	Noon - 1:45 p.m.	Tu
2/8 - 2/15	4 - 5:45 p.m.	W
2/21 - 2/28	Noon - 1:45 p.m.	Tu
2/22 - 3/1	4 - 5:45 p.m.	W

#### **INTERMEDIATE (3.0-3.5)**

This course is for those who have some experience playing the game but want to increase their skills, including dinking, serves and returns, third shots, and more.

#### Activity No. 1551405 Cost \$45R | \$54NR

Date	Time	Day(s)	
1/24 - 1/31	10:30 - 11:45 a.m.	Tu	
1/25 - 2/1	6 - 7:15 p.m.	W	
2/7 - 2/14	10:30 - 11:45 a.m.	Tu	
2/8 - 2/15	6 - 7:15 p.m.	W	
2/21 - 2/28	10:30 - 11:45 a.m.	Tu	
2/22 - 3/1	6 - 7:15 p.m.	W	

#### ADVANCED (3.5-4.0)

An accelerated class to help increase players' skills to the next level. This class is for players who know how to play the game well. High-level drilling and technique will be covered.

#### Activity No. 1551406

Cost \$52R | \$62NR

Date	Time	Day(s)
1/24 - 1/31	9 - 10:15 a.m.	Tu
1/25 - 2/1	7:30 p.m 8:45 p.m.	W
2/7 - 2/14	9 - 10:15 a.m.	Tu
2/8 - 2/15	7:30 p.m 8:45 p.m.	W
2/21 - 2/28	12:30 - 1:45 p.m.	Tu
2/22 - 3/1	7:30 p.m 8:45 p.m.	W

## ADULT

#### TRAIL RIDE AND LUNCH

Explore local paved trails and try some new lunch spots at this weekly ride! Each ride is approximately 10 to 16 miles long with a scheduled lunch stop. Beginners are welcome. No riders are left behind. Participants must buy their own lunch and provide their own bike locks. Helmets are required. Some on-road riding may be required to reach the restaurant. Meet at 10:15 a.m. and start at 10:30 a.m. Registration recommended.

#### Activity No. 5350401

Instructor Rec Staff Duration 1 Session Location Various

#### Cost Free

#### Age 18 and Up

Date	Location	Lunch
4/5	Hilliard Senior Center	Center Street Market
4/12	Glacier Ridge Metro Park	Potbelly Sandwich Shop
4/19	Hilliard's Station Park	Old Bag Of Nails
4/26	Battelle Darby Creek Metro Park	Five Guys
5/3	Hilliard Senior Center	Sexton's Pizza
5/10	Glacier Ridge Metro Park	City BBQ
5/17	Hilliard's Station Park	Starliner Diner
5/24	Battelle Darby Creek Metro Park	McAlister's Diner
5/31	Battelle Darby Creek (25 mile)	M&M Diner (London)
6/7	Hilliard Senior Center	Abner's
6/14	Glacier Ridge Metro Park	Piada
6/21	Hilliard's Station Park	Local Cantina
6/28	Battelle Darby Creek Metro Park	Culver's
7/12	Glacier Ridge Metro Park	Bibibop
7/19	Hilliard's Station Park	Legacy Smokehouse
7/26	Battelle Darby Creek Metro Park	Panera
8/2	Hilliard Senior Center	Center Street Market
8/9	Glacier Ridge Metro Park	Potbelly Sandwich Shop
8/16	Hilliard's Station Park	Old Bag Of Nails
8/23	Battelle Darby Creek Metro Park	Five Guys
8/30	Battelle Darby Creek (25 mile)	M&M Diner (London)
9/6	Hilliard Senior Center	Sexton's Pizza
9/13	Glacier Ridge Metro Park	City BBQ
9/20	Hilliard's Station Park	Starliner Diner
9/27	Battelle Darby Creek Metro Park	McAlister's Diner
10/4	Hilliard Community Center	Abner's
10/11	Glacier Ridge Metro Park	Piada
10/18	Hilliard's Station Park	Local Cantina
10/25	Battelle Darby Creek Metro Park	Culver's
11/1	Hilliard Community Center	Legacy Smokehouse
11/8	Glacier Ridge Metro Park	Bibibop
11/15	Hilliard's Station Park	Center Street Market

#### TRAIL RIDE AND DINNER

Join this free 13-mile bike ride on the Heritage Rail Trail, followed by dinner and drinks at Center Street Market. Beginners are welcome. No riders are left behind. Participants must buy their own dinner and provide their own bike locks. Helmets are required. Meet at 5:45 p.m. at the corner of Wayne and Center streets. The ride starts at 6 p.m. Registration is recommended.

#### Activity No. 5350402

Instructor Amy VanHuffel Duration 1 Session Location Hilliard's Station Park Cost Free Age 18 and Up

Date	Time	Day(s)
6/9	5:45 - 8 p.m.	F

#### **YIN YOGA**

This is a slower paced, more meditative version of the popular physical and spiritual discipline of yoga. In Yin Yoga, the poses are held for longer periods of time to target the connective tissues rather than focusing on the muscle.

Activity No. 1350402 Instructor Melanie Ross Duration 6 Sessions Location Senior Center Multistage Side Cost \$32R | \$38NR Age 18 and Up

Date	Time	Day(s)
2/27 - 4/3	6-7 p.m.	М

#### ZUMBA

Enjoy dance fitness that includes cardio and toning to great music! There's no judgment, just fun! You won't even know it's exercise!

Activity No. 1350403

Instructor Doreen Woodard Duration 7 Sessions Location Senior Center Multipurpose

Cost \$45R | \$54NR | \$8 drop-in fee

#### Age 16 and Up

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Date	Time	Day(s)
1/5 - 2/16	6:30 p.m 7:30 p.m.	Th
3/2 - 4/13	6:30 p.m 7:30 p.m.	Th

## FIFTY-FIVE PLUS

#### **Senior Center Hours**

**Monday - Friday** 8 a.m. - 4 p.m. No regular programming Jan. 16. Join us for the Heart for Service Volunteer and Community Luncheon, 11 a.m. - 1 p.m.

### Membership

A \$15 annual fee gives members ages 55 and older access to a variety of benefits, including activities and lunches. Ask a team member to learn more. Complimentary memberships are available to those 90 and older.

#### OSHIIP

The Ohio Senior Health Insurance Information Program provides free information and other health insurance services to Ohioans covered by Medicare. Schedule a oneon-one appointment at the Senior Center office or by calling (614) 876-0747.

### Library

The Senior Center library has a wide selection of books, movies, audio books, and puzzles. A computer and printer are also available for your use. Thank you to everyone who has donated items!

### Senior Hall of Fame

Honored for a lifetime of service, personal achievement and a positive image of aging, one or two senior citizens are inducted to the Hilliard Senior Citizen Hall of Fame biennially. Nominees may be living or deceased and should exemplify how senior citizens contribute to their communities and respond creatively to retirement.

Nomination forms are always available online and at the Hilliard Senior Center, the Community Center and the Municipal Building.

### **Free Transportation**

Residents 55 and older can ride the Hilliard Express to popular destinations within the community. Just schedule a ride for free door-to-door service.

A professional driver will pick seniors up from any address in Hilliard and take them to shopping, dining, medical appointments, entertainment, places of worship, or parks.

To schedule a pick up, call 1-833-SHARE-33 or visit sharemobility.com/hilliard.

#### **Blood Drives**

Donate the gift of life at the Hilliard Senior Center. Make an appointment by calling the Red Cross at 1-800-RedCross or by visiting **RedCrossBlood.org**. Walk-ins will be accepted. The Red Cross is taking precautions for COVID-19 to ensure your safety while donating. Use code "HilliardSenior" for registration. Donors must be age 17 or older.

Dates: Jan. 20, Feb. 17, March 17, April 21 Times: Noon-6 p.m.

### The Hilliard Café

Enjoy weekly lunches at the Hilliard Senior Center or order to go. Reservations are required by 4 p.m. the preceding day by calling (614) 876-0747. Check the monthly menu for dates and times. Check, VISA, Discover, AMEX, or MasterCard.

#### Hours

Memorial Day – Labor Day 11:30 a.m. Labor Day – Memorial Day 12 p.m.



## FIFTY-FIVE PLUS

#### HAPPINESS CLUB

The Happiness Club is a fundraising arm of the Senior Center. Register by 4 p.m. the prior Wednesday to join this group for lunch, a business meeting, and entertainment.

Date	Time	Day(s)
1/13	Noon	F
2/10	Noon	F
3/10	Noon	F
4/14	Noon	F

#### PRAYER LUNCHEON

An area minister presents a short message after lunch. Register by 4 p.m. the preceding day.

Date	Time	Day(s)
1/27	Noon	F
2/24	Noon	F
3/24	Noon	F
4/28	Noon	F

#### **EUCHRE PARTY**

Includes snacks, dinner, and prizes. Must register by 4 p.m. Monday, Feb. 20.

Fee: \$6.

Date	Time	Day(s)	
2/23	2:30 - 5:30 p.m.	Th	

#### ST. PATRICK'S DAY LUNCH

Come dressed in green and join us for this special holiday lunch! Prizes will be awarded for best dressed. This meal will be dine-in only (no take-outs). Prepayment is required. Punch cards are not accepted for this meal. \$6 members / \$8 non-members.

Date	Time	Day(s)	
3/16	Noon	Th	

#### SPRING FLING DANCE AND LUNCH

Break out your dresses, suits, and dancing shoes! Start the party with lunch at noon and a band from 12:30 - 2 p.m. Enjoy punch and hors d'oeuvres, take a picture at the photo booth, and don't miss the cake walk!

Date	Time	Day(s)
4/14	Noon	Th

#### HEALTH AND WELLNESS FAIR

This free event will include vendors for physical therapy, rehab, Medicare, transportation, assisted living, home healthcare, hospice, senior services, and volunteer opportunities. Pre-register by April 24.

#### Fee Free

Date	Time	Day(s)
4/25	10 a.m 1 p.m.	Tu

## PROGRAMS

#### Aspiring Writers Group

Weekly informal networking sessions for aspiring writers. Each person works on their own projects on their own time and shares them with the group. This group meets every Monday at 9 a.m.

#### **Bible Study**

Bring your own Bible and join this discussion! This group meets the second and fourth Monday of the month at 10 a.m.

#### Billiards

Two billiard tables are available daily during normal business hours.

#### Bingo

Enjoy free bingo on Thursday right after lunch (12:30 p.m. Memorial Day – Labor Day; 1 p.m. Labor Day – Memorial Day). Participants may bring a non-perishable food item to donate to the Hilliard Food Pantry. Sponsored by Dedicated Senior Medical Center, Norwich Springs Health Campus, VITAS Healthcare, and Glenwood Memory Care.

#### **Blood Pressure Checks**

Norwich Township Fire Department provides free blood pressure checks the first Thursday of the month from 11 a.m.-noon.

#### Book Club

Second Tuesday of the month at 10:30 a.m.

## FIFTY-FIVE PLUS

#### Cards

Samba: Tuesday and Thursday at 12:30 p.m.
Duplicate Bridge: Monday at noon.
Pinochle: Monday and Thursday at 12:30 p.m.
Bridge: Wednesday at 9:30 a.m.
Euchre: Wednesday at 12:30 p.m.

#### Craft Club

#### Wednesday at 9:30 a.m.

This group works on various projects for fundraisers and donations. Supplies are provided.

#### **Fitness Classes**

\$5 per class
Chair Yoga: Tuesday and Friday at 9:30 – 10:15 a.m.
Zumba: Wednesday at 9:30 – 10:15 a.m.
Gentle Yoga: Thursday at 9:30 – 10:15 a.m.

#### Indoor Walking (Labor Day - Memorial Day)

#### Monday and Friday: 11 a.m.-1 p.m.

Tuesday and Thursday: 8-9 a.m.

Walk the perimeter of the indoor gym. This activity may not be available on Hilliard City School holiday breaks or for special events scheduled at the Community Center.

#### **Mexican Train Dominoes**

#### Thursday at 9:30 a.m.

Be the first player to lay down all your dominoes. Tiles left in your hand count against you, so play strategically to get rid of the high tiles.

#### Mahjong

#### Tuesday at 1 p.m..

Bring your own set. Beginners, join at 12:30 p.m. to learn the rules.

#### Po-Ke-No

#### Fourth Thursday at 10:30 a.m.

Sponsored by Bluebird Retirement Community.

#### 500-Mile Walking Challenge

Can you walk 500 miles in 2023? Start tracking your miles beginning Jan. 1 and try to reach 500 before the end of the year! Earn a T shirt for joining the 500 Mile Club, and have your photo posted on the wall at the Hilliard Senior Center. Tracking sheets are available at the front desk to manually log your miles.





## PARK HIGHLIGHTS RENTALS SPORTS

The Recreation and Parks Department rents select facilities and park shelters to community organizations, groups, and citizens. Learn more about renting a shelter or park facility by contacting us at *parks2@hilliardohio.gov*. You can also get more information at hilliardohio.gov/facility-rentals.

Weaver Park rental facilities are managed by Hilliard Historical Society. For more information go to hilliardohiohistoricalsociety.com.

Rental spaces at the Community Center and Senior Center are available for meetings, seminars, and private parties. Contact us at *rentals@hilliardohio.gov* for more information. Availability changes seasonally with programs. Hilliard Recreation and Parks offers sport leagues and activities this upcoming season for all ages. Activities include volleyball, basketball, disc golf, and softball.

Contact us at *rentals1@hilliardohio.gov* or visit us online at hilliardohio.gov/sports for details.

### **COMMUNITY GARDENS**

Register for Community Garden plots in Municipal Park and Leap Road starting Monday, Feb. 27 for renewals and Monday, March 13 for new registrations.

Contact Hayley Bush at *parks2@hilliardohio.gov* to register a plot.

## PARK HIGHLIGHTS

#### **Fishing Ponds**

A fishing license is not required to fish at any of the ponds in Hilliard City parks. Enjoy a day of fishing at Britton Farms Park, Hayden Run Village Park, Latham Park, Merchant Park, or Roger A. Reynolds Municipal Park. All fishing is catch-and-release.

#### **Disc Golf**

Enjoy 18 holes of challenging disc golf throughout Roger A. Reynolds Municipal Park on our free course.

#### **Horseshoe Courts**

Eight blue clay courts in Roger A. Reynolds Municipal park are maintained and used by the Hilliard Horseshoe Club on Wednesday and Thursday evenings. See hilliardhorseshoeclub.org for more information.

#### **Pickleball Courts**

Roger A. Reynolds Municipal Park is home to two pickleball courts. Pickleball is the latest sports trend for adults and seniors to stay active, healthy, and have fun!

#### First Responders Park

Vowing that "we will never forget," the City of Hilliard created a place for reflection to pay tribute to first responders nationwide and to ensure the events of 9/11 are remembered.

#### Hilliard's Station Park

Hilliard's Station Park is near the downtown trailhead for the seven-mile Heritage Rail Trail. This community event space contains an amphitheater, spray pad, multi-functional building, outdoor café tables, public restroom, and storage/ maintenance facility. Architectural features of the two buildings reflect the site's past use as a train depot.

#### Heritage Trail Dog Park

Bring your pup to this safe place for off-leash play! The park has one acre dedicated to small dogs and three acres for larger dogs. The park includes a doggie drinking fountain, open seasonally. Pathways through the park lead to benches and shaded area.

#### **Green Space and Fields**

The City of Hilliard Recreation and Parks Department Field Policy was established to benefit a variety of youth sport programs in our community, with a focus on recreational sports and resident-based organizations. These programs and organizations promote healthy childhood development through positive physical, psychological, and social development across a variety of sporting activities.

This policy establishes the guiding principles, requirements, procedures, and fees that govern the use of City of Hilliard fields. For more information regarding field rentals, contact us at *rentals1@hilliardohio.gov*.

#### Volunteers/Adopt-a-Park

Whether adopting a park or helping at community events, dependable volunteers make a huge difference in the community! If you're interested in giving back to the community, contact us at *parks2@hilliardohio.gov*.

#### **Sponsorships**

Supporting Hilliard means supporting the community. The City hosts great special events that bring our community together, including City of Hilliard Freedom Fest, Celebration at the Station concert series, the holiday tree lighting, and more!

We're always looking to partner with local businesses to create unique sponsorship opportunities. For information contact us at *econdevelopmentl@hilliardohio.gov*.

#### **Sledding Hill**

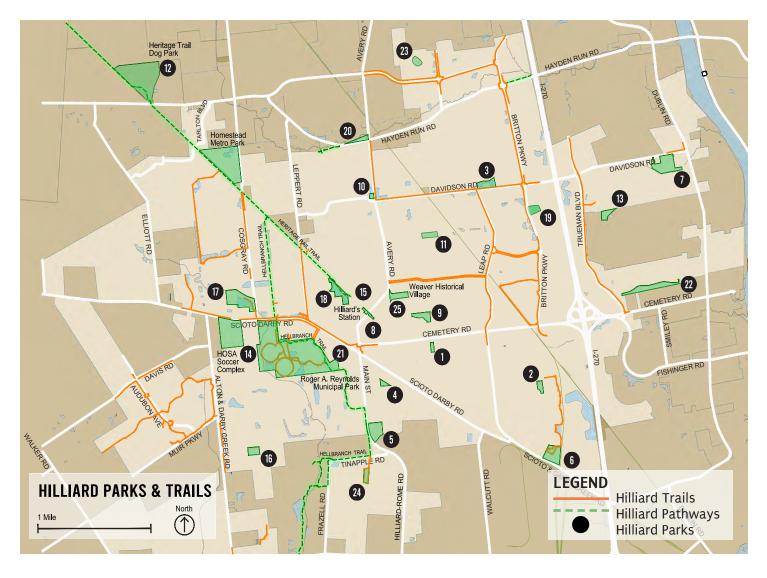
Nothing says winter like a good sled ride! Hit the hill at Roger A. Reynolds Municipal Park for a day of snowy fun.



## SHARE YOUR TALENTS!

Do you have a special skill or hobby you are willing to share? Instructors are always needed to teach new classes and programs.

Email recandparks@hilliardohio.gov to receive a class proposal form to submit your idea.



## Hilliard's Parks

From wooded areas to athletic facilities, Hilliard's Recreation and Parks Department maintains 25 developed parks that provide diverse recreational and leisure activities for the community. The department also organizes special events, maintains municipal pools, and sponsors educational, fitness, and volunteer activities for community members of all ages. By providing a clean, safe and well-maintained environment with a friendly, professional, and wholesome atmosphere, the Recreation and Parks Department takes pride in providing endless economic, social, and health benefits to the Hilliard community.



Recreation & Parks Program Guide | hilliardohio.gov

	Adaptive Swing	Ampitheater	Ball Field	<b>Basketball Court</b>	<b>Cricket Pitch</b>	Disc Golf	Fishing Pond	Lacrosse	Fountains	Gardens	Green Space	Grills	<b>Historical Village</b>	Memorial	Natural Path	Paved Path	<b>Pickleball Courts</b>	Picnic Area	Playground	Public Pool	Restrooms	Sand Volleyball	Shelter House	Sledding Hill	Soccer Facility	Splash Pad	Tennis Court	Walking Path
<b>1 Alt Field</b> 3740 Municipal Way			•																•								•	
2 Beacon Fields 4375 Edgewyn Avenue			•								•					•												
3 Britton Farms Park 4500 Davidson Road							•									•		•					•					
4 Conklin Park 1000 Boucher Drive											٠								•									
5 Cross Creek Park 3342 Hilliard Rome Road					•			•			•														•			
6 Darby Glen Park 4340 Swenson Street											•	•			•	•			•				•					•
7 Father Roderic J. Dipietro Park 3481 Davidson Road			•								•	•			•						•		•		•			
8 First Responders Park 4020 Main Street									•				•					•										
9 Hamilton Park 4000 Berry Leaf Lane			•								•								•									
10 Hayden Run Village Park 5226 Davidson Road							•				•							•	•				•					
11 Heather Ridge Park 4833 Hawkstone Road											•								•									
12 Heritage Trail Dog Park 7262 Hayden Run Road											•					•		•					•					
13 Hilliard East Park 4450 Schirtzinger Road	•										•							•	•	•			•			•		
14 HOSA Soccer Complex 6371 Scioto Darby Road											•														•			
15 Hilliard's Station Park 4021 Main St		•																•			•					•		
16 Lakewood Park 3180 Walkerview Dr											•																	•
17 Latham Park 4171 Cosgray Road							•				•																	•
18 Merchant Park 5467 Center St							•				٠					•		•										
<b>19 Mildred Park</b> 4592 Britton Parkway											•																	
20 Reibel Woods 6000 Hayden Run Road											•			•	•													
21 Roger A. Reynolds Municipal Park 3800 Veterans Memorial Drive	•	•	•	•		•	•	•		•	•	•		•	•	•	•	•	•	•	•	•	•	•	•		•	•
22 Scioto Run Nature Trail 3757 Scioto Run Blvd											•																	•
<b>23</b> Silverton Park 5057 Silverton Way											•																	•
24 Tinapple Park 5512 Hyde Park Drive				•							•	•				•		•	•				•					
25 Weaver Park 4162 Columbia Street											•	•	•					•			•		•					



Community





hilliardohio.gov | Recreation & Parks Program Guide

Sports 🗕

# 



### Tuesday, May 2 9 a.m. - noon

Partner with us as we host Neighbors Helping Neighbors Community Cleanup day for senior residents on Tuesday, May 2. The last day to request cleanup work is on Thursday, April 20. Residents interested in volunteering should contact Hayley Bush at parks2@hilliardohio.gov.

### **CONTACT US**

#### **Municipal Building**

3800 Municipal Way Hilliard, Ohio 43026 (614) 876-7361 hilliardohio.gov

#### Hilliard Division of Police

5171 Northwest Parkway Hilliard, Ohio 43026 (614) 876-7321 (Non-emergency) hilliardohio.gov/police

#### **Hilliard Community Center**

3800 Veterans Memorial Drive Hilliard, Ohio 43026 (614) 876-5200 hilliardohio.gov/recreation-parks

#### **Senior Center**

3810 Veterans Memorial Drive Hilliard, Ohio 43026 (614) 876-0747 hilliardohio.gov/senior-center

#### **Hilliard Family Aquatic Center**

3850 Veterans Memorial Drive Hilliard, Ohio 43026 (614) 876-4296 hilliardohio.gov/pools-passes

#### Clyde "Butch" Seidle Community Pool

4450 Schirtzinger Road Hilliard, Ohio 43026 (614) 334-4024 hilliardohio.gov/pools-passes

Hilliard Recreation and Parks Weather Hotline (614) 334-2598

#### **Accuracy of Information**

Information regarding City policies and practices included in this program guide is as accurate as possible as of the publication date. More comprehensive information is available at **hilliardohio.gov** and from City staff. The City reserves the right to modify its policies and practices at any time deemed necessary to ensure a safe and high-quality customer experience. Such updates will be reflected on the website.

#### **Photos and Videos**

By participating in a program or by visiting a park, facility, or event associated with the City of Hilliard, you agree to appear in published photos or video taken by the City for marketing purposes. Thank you for helping us highlight our programs and services.

# WORK WITH US!

### We're So Much Fun, It's (Almost) Not Work!

Meet us and learn about all our amazing seasonal positions in person at Community Center, 3800 Veterans Memorial Drive!

#### **Hiring Parties**

- Jan. 19 from 2:30 to 5:30 p.m.
- Feb. 25 from 10 a.m. to 1 p.m.

#### Walk-in interviews

• March 1, April 5, May 3 at 2:30-5:30 p.m.

#### **Various Positions!**

Summer jobs and year-round opportunities such as Lifeguards, Pool Managers, Office Workers, Swim Lesson Instructors, Camp Counselors, Ballfield Grounds Crew, Seasonal Parks Crew, Rec Aide (Hilliard's Station Park/First Responders Park), and Front Desk/Program Instructors.

#### Wages!

Get paid for learning new skills and gaining experience.

#### **Convenient!**

Great summer and school-year jobs that are close to home!

#### **Flexible Schedules!**

Day, weekend, and evening shifts available. Flexible with other jobs and extracurricular activities!

#### Strength in Teamwork!

Work with friends - and make new ones - on a great team!

#### Have Fun!

Work in a fun and exciting atmosphere!

#### **Employee Perks!**

Awesome uniforms including Hilliard shirts, swimsuits, hats, water bottles, sunglasses and chances to earn additional swag!

#### **Drive For Excellence!**

Make a difference in your community!

#### **Heart for Service!**

Help your community safely enjoy our parks, pools, and facilities!

#### **Indoor and Outdoor Opportunities**

Work inside or outside and enjoy nature every day!









City of Hilliard

hilliardohio.gov

3800 Municipal Way Hilliard, OH 43026 Presort Std U.S Postage Dublin, OH Permit No. 2605



Main St

Scioto Darby Rd

BM V

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BMW

# COPS. FIREFIGHTERS. COOL! SAFETY TOWN '23

Our popular annual Safety Town returns June 12-16 with sessions from 9 a.m.noon and 1-4 p.m. Registration begins at 9 a.m. March 27. Watch for details in the Spring/Summer Your Hilliard!