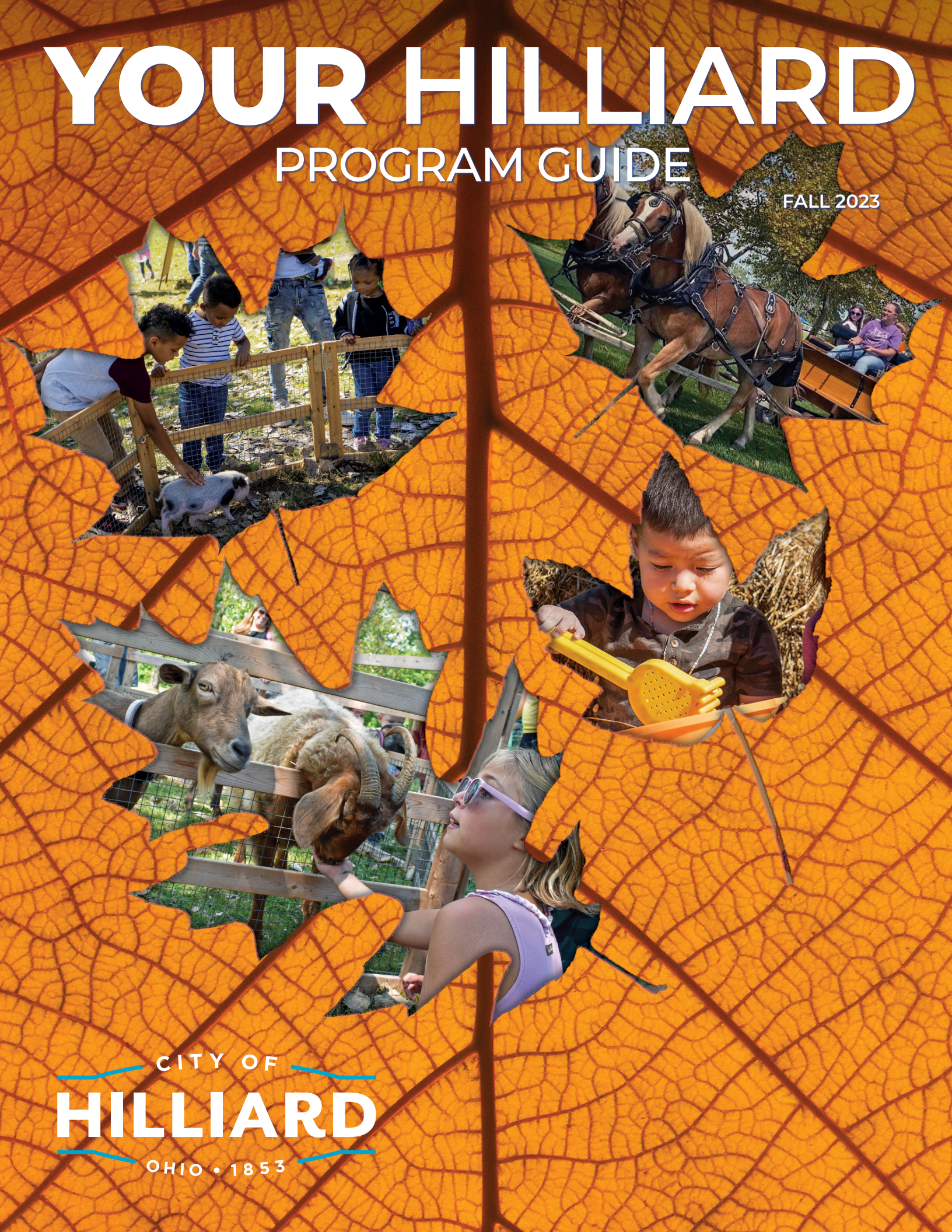


# YOUR HILLIARD

## PROGRAM GUIDE

FALL 2023





# POLICIES

## RECREATION AND PARKS PROGRAM GUIDE

### REGISTER ONLINE 24/7

Go to [hilliardohio.gov/registration](http://hilliardohio.gov/registration) and click the “Register” button.

If you are new to Hilliard Recreation and Parks, you must establish a RecTrac account. Within 72 business hours, our staff will verify your residency and activate your account. During this process, patrons will create their own username and password if setting up their account online. RecTrac will automatically create a username and password for patrons setting up accounts in person at the Community Center.

With your existing or newly verified account, go to [hilliardohio.gov/registration](http://hilliardohio.gov/registration) and sign in with your username and password. Find classes by clicking “search” and then select criteria that fit your interests.

### REGISTER SOON

If a program does not have enough registrants one week before the program start date, it may be canceled. Registration in advance is required. Please register soon.

### REGISTRATION DATES

General Registration	Date & Time
General	Aug. 21 at 9 a.m.
Pool Passes	Date & Time
Summer 2024	Jan. 3 at 9 a.m.

Payments can be made using credit card or check.

### ACCOMMODATION REQUEST

The City of Hilliard promotes inclusion for all our programming, camps, and service options. Contact a Recreation Supervisor to discuss accommodations before enrollment so we can provide the best overall experience for you and your child. If the need for an accommodation arises after a program starts, please contact the Community Center at 614-876-5200.

### CODE OF CONDUCT

Upon entering a City of Hilliard recreation facility and/or participating in a Recreation and Parks Department program,

you are agreeing to abide by the rules of the department and any specific rules for programs or facilities. Your cooperation and consideration of this Code of Conduct helps ensure all participants can enjoy our programs, facilities, and parks. The Recreation and Parks Department is committed to providing a safe and welcoming environment for all our patrons and staff.

### FAIR SHARE

The Recreation and Parks Department is largely financed through taxes paid by individuals living or working within Hilliard city boundaries. For that reason, we verify residency annually. Those who are unable to verify that they live or work within Hilliard city boundaries must pay a higher fee. We also delay activating pool memberships until verification of residency or employment is provided. We accept proof of residency or employment in person at our Community Center during normal business hours; via mail at Hilliard Community Center, 3800 Veterans Memorial Drive, Hilliard, Ohio 43026; by email at [recandparks@hilliardohio.gov](mailto:recandparks@hilliardohio.gov); or uploaded to a RecTrac account.

**City Residents (R)** receive the lowest rates. Having a Hilliard mailing address or attending Hilliard City Schools does not necessarily mean you live within city boundaries. We verify residency each year on the Franklin County Auditor’s website. Renters must provide (in person or via email) a utility bill, government-issued ID, or other proof of residency.

**Non-Residents Paying Hilliard Income Taxes** also receive the resident rate. To prove employment, you must provide a valid government-issued ID and one of the following each year:

- A pay stub from the previous 30 days that includes the employee’s full name and current address.
- Proof of employment on company letterhead with the signature of the patron’s supervisor or company president.

**School District/Non-Residents** are those who neither live nor work within Hilliard city boundaries. These individuals pay a higher fee.

### REFUNDS

#### Low Enrollment

If a program/class does not meet the minimum requirement of participants, the class will be canceled and a full refund will be issued to those enrolled.

#### General Recreation Program

Any cancellation or request for a refund prior to 10 days of the start of the program/class will result in a full refund. If a cancellation or refund request is needed within the 10-day window of that program/class starting, a 10% processing fee will be charged. If the cancellation drops the program/class



# POLICIES



below the minimum student enrollment, a refund will not be issued.

## 55 Plus

A full refund is issued if registration is canceled before the posted deadline. Refunds less than \$10 are automatically credited to your household account. Trip registrations canceled after the posted deadline are not eligible for refunds unless there is a waiting list and someone is able to take your place.

## Swim Lessons

Refund requests and/or transfers must be submitted in writing at least seven days in advance of the first class to our Aquatics Recreation Coordinator at [parks6@hilliardohio.gov](mailto:parks6@hilliardohio.gov). Refunds may reflect a \$5 processing fee and are granted only for medical restriction, approved hardship, or relocation outside of a 25-mile radius of the Community Center. Documentation is required.

## MILITARY DISCOUNT

We offer a 10% discount for active duty and veteran military personnel and their immediate families for pool memberships, rentals, and activities. This excludes daily pool admission. Military ID must be provided in person to receive the discount.





# AQUATICS



## DOGGIE DIPPIN'

Bring your furry friend to the annual end-of-year dog swim. Dogs may play during their allocated time, based on weight. For the health and safety of the dogs, the pool is not chlorinated. Owners are not permitted in the water at any time during the event. A signed safety waiver is required.

**Location:** Clyde "Butch" Seidle Community Pool

**Cost:** \$5 per dog

**Date:** Tuesday, Sept. 5

**Time:** Dogs 40 pounds and less: 5-5:45 p.m.  
Dogs more than 40 pounds: 6-6:45 p.m.

## SPLASH PAD HOURS

The **Clyde "Butch" Seidle Community Pool Splash Pad** is open and free to the public from 9 a.m.-6 p.m. from Sept. 5-30, weather permitting.

The **Hilliard's Station Park Splash Pad** is open from 9 a.m. -6 p.m. Sept. 1-30, weather permitting.

Both splash pads close for the season Oct. 1.



# PRESCHOOL

## ADULT & ME YOGA

This is the perfect class to introduce babies and toddlers to yoga. Explore fun yoga poses and learn about breath and movement while incorporating yoga books and music. This is a great bonding experience and it's great for all energy levels and helps them build a foundation of yoga tools to use as they get older.

**Instructor:** The Balanced Child Method

**Duration:** 4 sessions

**Location:** Community Center Meeting Room

**Cost:** \$55R | \$62NR

**Age:** 0.3 to 6 years

Activity No.	Date	Time	Day(s)
4570400 01	9/11-10/2	9:30-10 a.m.	M
4570400 02	10/16-11/6	9:30-10 a.m.	M
4570400 03	11/20-12/11	9:30-10 a.m.	M

## AMAZING ATHLETES TOTS

Amazing Athletes Tots is a guided, discovery-based program helping children from 18 months to 3 years old engage in structured physical activities tailored specifically to toddlers. Each weekly class, toddlers learn about one sport through our discovery lessons, structured physical challenges, and activities. This program will be outside unless inclement weather occurs.

**Instructor:** Amazing Athletes

**Duration:** 6 sessions

**Location:** Municipal Park, Aspen Shelter

**Cost:** \$78R | \$93NR

**Age:** 1.6 to 3 years

Activity No.	Date	Time	Day(s)
4511407 01	9/5-10/10	9:30-10 a.m.	Tu
4511407 03	10/24-11/28	9:30-10 a.m.	Tu

## COOKIE CREATIONS

Make, bake and take sugar cookies in holiday shapes. Drop off your child and let them create delicious holiday cookies.

**Instructor:** Rec Staff

**Duration:** 1 session

**Location:** Community Center Meeting Room

**Cost:** \$10R | \$12NR

**Age:** 3-5 years

Activity No.	Date	Time	Day(s)
4520808 01	12/15	10-11:30 a.m.	F

## FRENCH PRESCHOOL

This class teaches students to ask and answer everyday questions, providing the fundamental language skills needed for everyday conversation in French. Students learn everyday words and simple questions and answers through fun and engaging age-appropriate songs, games, play-based activities, and craft projects. Our native-speaking French teacher focuses on verbal pronunciation while preparing students for pre-reading and pre-writing communication skills. Each session is new, so we don't repeat our "Language In Action®" curriculum for three years! This class includes password access to our "Student Corner" webpage for weekly at-home age-appropriate French language learning materials.

**Instructor:** Cultured Kids Club

**Duration:** 7 sessions

**Location:** Community Center Meeting Room

**Cost:** \$130R | \$135NR

**Age:** 3 to 5 years

Activity No.	Date	Time	Day(s)
4236530 01	9/11-10/30*	5 - 6 p.m.	M
4236530 02	11/6-12/18	5 - 6 p.m.	M

\*No Class 9/25

## KIDS CLUB YOGA (NEW)

Drop off your child for 45 minutes of book-themed yoga while you get your workout on! This yoga class is the perfect way for littles to learn how to incorporate yoga, breath, and mindfulness into everyday life. You'll leave feeling energized from a workout, and your child will feel relaxed and centered. Note: Adults must stay on-site during the class, and the child must be potty trained.

**Instructor:** The Balanced Child Method

**Duration:** 4 sessions

**Location:** Community Center Meeting Room

**Cost:** \$55R | \$62NR

**Age:** 3 to 6 years

Activity No.	Date	Time	Day(s)
4570401 01	9/11-10/2	10:15-11 a.m.	M
4570401 02	10/16-11/6	10:15-11 a.m.	M
4570401 03	11/20-12/11	10:15-11 a.m.	M



# PRESCHOOL

## KIDS IN THE KITCHEN

Get your kids out of the house and into our kitchen this fall. Kids love to cook, and this fun class is designed to give kids hands-on experience in the kitchen. Each class focuses on a different theme. Join us for a deliciously good time! One parent must remain on site to help the child.

**Instructor:** Rec Staff

**Duration:** 3 sessions

**Location:** Community Center Meeting Room

**Cost:** \$30R | \$35NR

**Age:** 3-5 years

Activity No.	Date	Time	Day(s)
4520506 01	10/6-10/27*	10-11 a.m.	F
4520506 02	11/3-11/17	10-11 a.m.	F

\* No class 10/20

## KINDERDANCE

Kinderdance for children is a developmental dance, motor skill, music, and fitness program, blended with academics, specifically designed for boys and girls ages 3-5. Parents who want to give their child the opportunity to dance will love how Kinderdance teaches the basics of ballet, tap, acrobatics, and creative movement while blending educational concepts designed to teach to the total child. Ballet shoes and tap shoes are required, while leotard and tights OR T-shirt and shorts/leggings/exercise pants are recommended. Dancewear is available for purchase at Shop - Kinderdance Columbus (<https://kinderdancecolumbus.com/shop/>) as well as area retail locations or online stores.

**Instructor:** KinderDance Staff

**Duration:** 8 sessions

**Location:** Senior Center Multipurpose

**Cost:** \$145R | \$155NR

**Age:** 3-5 years

Activity No.	Date	Time	Day(s)
4521010 01	10/4-11/29*	5:45-6:30 p.m.	W

\* No class 11/22



## KINDERTOTS

Two-year-old children love to explore. Such freedom allows for a variety of physical activities. Our program allows a 2-year-old's natural curiosity to flourish in a multitude of ways with an emphasis on movement exploration. Young children enjoy a challenge, and when they are given the opportunity to test their abilities, it is both developmentally appropriate as well as safe. Kindertots® is designed to develop gross motor skills, movement creativity, physical development, and body awareness while learning numbers, colors, shapes, and songs. Our trained dance teachers/instructors ensure a learning environment that is fun, safe, and full of care. Ballet shoes or sneakers/comfortable non-slip footwear are recommended, along with leotards/tights/T-shirt/shorts/exercise clothing.

**Instructor:** Kinderdance Staff

**Duration:** 9 sessions

**Location:** Senior Center Multipurpose

**Cost:** \$120R | \$128NR

**Age:** 2 years

Activity No.	Date	Time	Day(s)
4521030 01	10/4-11/29	5-5:30 p.m.	W

## LITTLE SLUGGERS T-BALL

Sports Group's Little Sluggers is a great introduction to the game of baseball for young children. Using age-appropriate activities, players will be introduced to the fundamentals of baseball in an atmosphere that is supportive, fun, and prevents children from feeling pressured. Each week, the program will include an instructional portion that will introduce players to batting, base running, fielding, throwing, and catching. A modified game will also be played each week. Although Bally Sports will lead the program, parent participation is welcomed. The Little Sluggers T-Ball Program will provide your child with a fun and positive T-ball experience that will encourage future participation!

**Instructor:** Bally Sports

**Duration:** 5 sessions

**Location:** Municipal Park, Ball Field 7

**Cost:** \$90R | \$108NR

**Age:** 3-4 years

Activity No.	Date	Time	Day(s)
452146 01	9/11-10/9	4-5 p.m.	M
452146 02	9/11-10/9	5-6 p.m.	M



# PRESCHOOL

## MINI SOCCER STARS

Bally Sports leads an age-appropriate program that uses fun games and activities to teach the fundamentals to beginning soccer players. See page 30 for more information.

**Instructor:** Bally Sports  
**Duration:** 6 sessions  
**Location:** Municipal Park  
**Cost:** \$85R | \$102NR

### Age 3-4 years

Activity No.	Date	Time	Day(s)
452143 01	9/12-10/17	5-6 p.m.	Tu

## ORNAMENT PARTY

Join your preschool friends at the Hilliard Community Center for a holiday ornament decorating party. You and your child will work together to create five different ornaments. These ornaments will make great gifts for family members.

**Instructor:** Rec Staff  
**Duration:** 1 session  
**Location:** Senior Center Card Room  
**Cost:** \$15R | \$20NR  
**Age:** 3-6 years

Activity No.	Date	Time	Day(s)
4520707 01	12/8	10-11:30 a.m.	F

## SPANISH PRESCHOOL

The Spanish Pre-K class is designed for independent learners. Students learn everyday words and simple phrases through fun and engaging age-appropriate songs, games, play-based activities, and craft projects. The teacher focuses on native verbal pronunciation while preparing students for reading and writing communication skills. This class includes password access to weekly at-home Spanish worksheets, videos, and songs through the Student Corner online learning materials.

**Instructor:** Cultured Kids Club  
**Duration:** 7 sessions (4236510 01) and 6 sessions (4236510 02)  
**Location:** Community Center, Meeting Room  
**Session I Cost:** \$130R | \$135NR  
**Session II Cost:** \$110R | \$120NR  
**Age:** 3-5 years

Activity No.	Date	Time	Day(s)
4236510 01	9/16-10/28	9 - 10 a.m.	Sa
4236510 02*	11/4-12/16	9 - 10 a.m.	Sa

\*No class 11/25

## STORIES AT THE CENTER

Drop your child off while they enjoy a weekly story incorporating additional activities that may include art, science and nature, creative dramatics, and music and movement. Children must be potty trained. Advance registration is required. Parents are not required to stay on site.

**Instructor:** Rec Staff  
**Duration:** 4 sessions  
**Location:** Community Center Meeting Room  
**Cost:** \$20R | \$25NR  
**Age:** 3-5 years

Activity No.	Date	Time	Day(s)
4520204 01	10/4-10/25	10-11:30 a.m.	W
4520204 02	11/1-11/29*	10-11:30 a.m.	W

\* No class 11/22



The elves will drop off Santa's Mailbox Nov. 27 at Hilliard's Station Park. The mailbox is near the corner of Main and Center streets for boys and girls to drop off their letters to jolly old St. Nick before Dec. 18!

Santa gets busy around the holidays, so please include a **self-addressed and stamped envelope** to receive a return letter from Santa's Workshop.



# YOUTH

## AMAZING ATHLETES

Amazing Athletes is a developmental physical fitness program empowering children ages 4 to 6 years old to reach developmental milestones at an individual pace. During our weekly classes, children learn the importance of patience, teamwork, and self-confidence in a non-competitive, learning-based environment that fosters a love of healthy living. Through our structured active play, Amazing Athletes advance six different motor skills: balancing, running, jumping, throwing, catching, and kicking. This program will be held outside unless inclement weather occurs.

**Instructor:** Amazing Athletes Staff

**Duration:** 6 sessions

**Location:** Municipal Park, Buckeye Shelter

**Cost:** \$78R | \$93NR

**Age:** 4-6 years

Activity No.	Date	Time	Day(s)
4521407 01	9/5-10/10	10-10:30 a.m.	Tu
4521407 03	10/24-11/28	10-10:30 a.m.	Tu

## BEGINNER FRENCH LANGUAGE (NEW)

Our French Beginners class is for elementary-age students beginning their language journey. Students will learn everyday sentences and study the cultures of different French-speaking countries. The class integrates play-based activities, fun action games, student-to-student conversation, and age-appropriate French music. This class includes password access to extra between-class French language learning materials.

**Instructor:** Cultured Kids Club

**Duration:** 7 sessions

**Location:** Community Center Meeting Room

**Cost:** \$130R | \$135NR

**Age:** 6-12 years

Activity No.	Date	Time	Day(s)
4236540 01	9/11-10/30*	6-7:30 p.m.	M
4236540 02	11/6-12/18*	6-7:30 p.m.	M

\*No class 9/25



## BEGINNER SPANISH LANGUAGE

This Spanish beginner class is for elementary-age students who are just beginning their Spanish-language journey. Students will learn to ask, answer, read, and write everyday sentences and study the cultures of different Spanish-speaking countries. The class integrates play-based activities, fun action games, student-to-student conversation, and age-appropriate Spanish music. Students will learn greetings, introductions, object descriptions, likes and dislikes, calendar, weather, questions, responses, and commands. This class includes password access to the Student Corner webpage, which offers students extra between-class learning materials such as age-appropriate themed practice sheets, online games, YouTube videos, and suggested language apps for tablet and phone.

**Instructor:** Cultured Kids Club

**Duration:** 7 sessions

**Location:** Community Center Meeting Room

**Session I Cost:** \$130R | \$135NR

**Session II Cost:** \$110R | \$120NR

### Age 6-12 years

Activity No.	Date	Time	Day(s)
4236520 01	9/16-10/28	10:15-11:45 a.m.	Sa
4236520 02	11/4-12/16*	10:15-11:45 a.m.	Sa

\*No Class 11/25

## BETTER BABYSITTERS

Would your son or daughter know what to do if the child they were babysitting started to choke? Would they know what to do if they were taking care of several children and someone came to the door? Does your child babysit younger siblings? Better Babysitters teaches the responsibilities of having a job, the Rights of a Babysitter, CPR for a child and infant, basic first aid, growth and development, and appropriate toys and activities for kids. They also learn diaper changing, infant care, and how to feed a toddler.

**Instructor:** Enriching Kidz Staff

**Duration:** 2 sessions

**Location:** Senior Center Multipurpose

**Cost:** \$120R | \$125NR

**Age:** 10-14 years

Activity No.	Date	Time	Day(s)
4530201 01	11/4-11/11	10 a.m.-2 p.m.	Sa



# YOUTH

## DRAMA KIDS

Drama Kids helps children develop important confidence-building skills through developmental drama activities. Our lessons feature never-before-seen skits, games, improv scenes, and more! Through weekly sessions students become more confident and their self-esteem blooms! While your child will certainly gain acting skills, our main goal is to help children develop the skills they need to succeed in life. Our final class will include a fun mini-scene and parent-participation showcase!

**Instructor:** Drama Kids  
**Duration:** 8 sessions  
**Location:** Community Center Meeting Room  
**Cost:** \$150R | \$165NR  
**Age:** 6-11 years

Activity No.	Date	Time	Day(s)
4237600 01	9/13-11/1*	6-7 p.m.	W

## EXCEL GIRLS VOLLEYBALL LEAGUE

This league is for girls 7-10 years old. The focus will be fundamentals, skills, and communication, along with developing the team concepts of game play. There will be a one-hour practice on Thursday nights, and all games will be on Saturday morning/afternoons. Every girl will receive a team shirt.

**Instructor:** Excel Staff  
**Duration:** 6 sessions  
**Location:** Community Center Gym  
**Cost:** \$125R | \$150NR  
**Age:** 7-13 years

Activity No.	Date	Time	Day(s)
453142 01	9/14-10/21	6-7 p.m.	Th, Sa
453142 02	9/14-10/21	7:10-8:10 p.m.	Th, Sa

## EXCEL YOUTH VOLLEYBALL DEVELOPMENT LEAGUE

This league for girls and boys is designed to develop basic volleyball skills (passing, setting, serving, blocking, and hitting) and game play. All games will be on Thursdays, with the first 30 minutes being practice, followed by the game. All participants receive a team shirt. Wear athletic clothing and tennis shoes, and bring a water bottle. Knee pads are suggested, although optional.

**Instructor:** Excel Staff  
**Duration:** 5 sessions  
**Location:** Community Center Gym  
**Cost:** \$90R | \$108NR

Age 7-10.5 years			
Activity No.	Date	Time	Day(s)
453141 01	11/2-12/7*	6-7 p.m.	Th

\*No Class 11/23

Age 10.5-13 years			
Activity No.	Date	Time	Day(s)
453141 02	11/2-12/7*	7:10-8:10 p.m.	Th

\*No Class 11/23

## ICE, ICE COOKIES

Tis' the season for holiday cookies and cheer. Join us for festive cookie baking and decorating.

**Instructor:** Rec Staff  
**Duration:** 1 session  
**Location:** Senior Center Multipurpose  
**Cost:** \$15R | \$20NR  
**Age:** 6-11 years

Activity No.	Date	Time	Day(s)
4530808 01	12/13	6-7:30 p.m.	W





# YOUTH

## MINI SOCCER STARS

Bally Sports leads an age-appropriate program that uses fun games and activities to teach the fundamentals to beginning soccer players. Coaches focus on teaching the basics of dribbling, passing, scoring, and the concept of game play. Proper sportsmanship is emphasized in a positive and encouraging atmosphere enabling children to enjoy learning soccer while also having fun being physically active. Each week will include both developmentally appropriate instruction and recreational, non-competitive game play.

*Soccer for ages 3-5 is listed in the Preschool section.*

**Instructor:** Bally Sports  
**Duration:** 6 sessions  
**Location:** Municipal Park  
**Cost:** \$85R | \$102NR

### Age 5-6 years

Activity No.	Date	Time	Day(s)
452143 02	9/12-10/17	6-7 p.m.	Tu

## MINOR LEAGUE BASEBALL

Bally Sports Group Minor League Baseball is a great introduction to coach-pitch baseball for beginning players. The instructional portion of the program uses developmentally appropriate drills with modifications and/or progressions implemented when necessary, helping every child improve their baseball skills despite their current abilities. Skills taught will include batting, fielding, throwing, and catching. The program will also include a modified, non-competitive game each week. As the weeks progress, new aspects of the game/game scenarios will be added to allow children to learn within the context of the game. Children will be able to use a tee during the game if they are having difficulty hitting a pitched ball. Parent participation is welcomed in this program.

**Instructor:** Bally Sports  
**Duration:** 5 sessions  
**Location:** Municipal Park, Ball Field 8  
**Cost:** \$90R | \$108NR  
**Age:** 5-7 years

Activity No.	Date	Time	Day(s)
452145 01	9/11-10/9	6-7:15 p.m.	M

## ORNAMENT PARTY

Drop your child off for a fun time decorating and making ornaments for the holiday season. These ornaments will make great gifts for family members.

**Instructor:** Rec Staff  
**Duration:** 1 session  
**Location:** Senior Center Multipurpose  
**Cost:** \$15R | \$20NR  
**Age:** 6-11 years

Activity No.	Date	Time	Day(s)
4530707 01	12/6	6-7:30 p.m.	W

## SCHOOL'S OUT, CAMP'S IN

Have fun while mom and dad are at work! Play games, make crafts, enjoy movies and popcorn, and take part in other great activities. Bring a packed lunch, snack, and a water bottle.

**Instructor:** Rec Staff  
**Duration:** 1 session  
**Location:** Community Center Meeting Room  
**Cost:** \$40R | \$45NR  
**Age:** 5-11 years

Activity No.	Date	Time	Day(s)
4530100 01	10/20	8 a.m.-5 p.m.	F
4530100 02	11/7	8 a.m.-5 p.m.	Tu

## COOLTECHGIRLS: TECHNOFASHION

"Technofashion" is an exciting STEM workshop targeted to educate young girls through creative sewing projects that incorporate electronics! Learn to make a light-up bracelet, twinkling headband, and light-up necklace! Past participants have strengthened their self-confidence, developed presentation skills, and been motivated toward STEM careers. These three activities allow girls to self-explore sewable electronics and learn how to design and build a project. Students are provided with hands-on kits to create while mentors guide them through the step-by-step process of creating their project. No previous experience is required for this workshop. Snacks and bubble teas are provided.

**Instructor:** Rec Staff  
**Duration:** 3 sessions  
**Location:** Senior Center Classroom  
**Cost:** \$18R | \$25NR  
**Age:** 9-14 years

Activity No.	Date	Time	Day(s)
4540210 01	11/4-11/18	9:30 a.m.-noon	Sa





# YOUTH



## SHOOTING STARS BASKETBALL

Bally Sports Group provides children with a fun and educational basketball experience! Players are taught the fundamentals of dribbling, shooting, passing, rebounding, defense, and the concept of game play. The curriculum incorporates teaching styles that help this age group build an understanding of the skills that are taught by using fun terminology and engaging activities. A positive and encouraging atmosphere is created in which kids learn proper sportsmanship. Each week, players participate in developmentally appropriate instruction and modified, recreational game play.

**Instructor:** Bally Sports  
**Duration:** 6 sessions  
**Location:** Community Center Gym  
**Cost:** \$90R | \$108NR  
**Age:** 6-8 years

Activity No.	Date	Time	Day(s)
452142 01	11/4-12/16*	11:20 a.m.-12:20 p.m.	Sa
452142 02	11/4-12/16*	12:30-1:30 p.m.	Sa

\*No Class 11/25

## WALK, LOOK, TALK AND CREATE

This four-week art class will explore nature and use artistry to replicate its beauty. A short hike outdoors will allow students to observe their surroundings, and they will learn to transfer what they see onto paper. Projects may include two or three-dimensional materials.

**Instructor:** Rec Staff  
**Duration:** 4 sessions  
**Location:** Senior Center Craft Room  
**Cost:** \$50R | \$60NR  
**Age:** 8-11 years

Activity No.	Date	Time	Day(s)
4237550 01	9/12-10/3	6-7:30 p.m.	Tu
4237550 02	10/10-11/7*	6-7:30 p.m.	Tu

\*No Class 10/31

## WINTER BREAK CAMP

This winter break, play games, make crafts, drink hot chocolate, and chase away cabin fever. Bring a packed lunch and a water bottle. Parents can use this time to finish gift wrapping or go out to lunch.

**Instructor:** Rec Staff  
**Duration:** 1 session  
**Location:** Community Center Gym  
**Cost:** \$40R | \$45NR  
**Age:** 5.5-11 years

Activity No.	Date	Time	Day(s)
4530110 01	12/20	8 a.m.-5 p.m.	W
4530110 02	12/21	8 a.m.-5 p.m.	Th
4530110 03	12/22	8 a.m.-5 p.m.	F



# FAMILY

## KARATE

Participants learn practical skills for self-defense at their own pace. The class begins with stretching and warm-ups and may include kata, sparring, and general self-defense. For more information, visit [hsoma.com](http://hsoma.com)

**Instructor:** Jason Smiley

**Duration & Cost:** 4 sessions | \$45R | \$54NR  
7 sessions | \$70R | \$84NR

**Location:** Community Center Gym

**Age:** 10 and older

Activity No.	Date	Sessions	Time	Day(s)
3571400 03	8/9-9/27*	7	6-8 p.m.	W
3571400 04	8/30-9/27*	4	6-8 p.m.	W
4541401 01	10/4-11/15	7	6-8 p.m.	W
4541401 02	10/25-11/15	4	6-8 p.m.	W
4541401 03	11/22-1/3	7	6-8 p.m.	W
4541401 04	12/13-1/3	4	6-8 p.m.	W

\*No Class 9/6

## NIGHT HIKES AND CAMPFIRES

Join us in celebrating one of the shortest days of the year, Thursday, Dec. 21. Heritage Rails to Trail path will be lit with luminaries and lanterns for a self-guided walk from Merchant Park trailhead to a half-mile out. The walk begins and ends in Hilliard's Station Park. There will be a fire, s'mores and hot chocolate in Hilliard's Station Park after the walk. Dress for the weather and be prepared for slippery paths in case of snow.

**Instructor:** Rec Staff

**Duration:** 1 session

**Location:** Hilliard's Station Park

**Cost:** \$5R | \$7NR

**Age:** All

Activity No.	Date	Time	Day(s)
4271205 01	12/21	6-7:30 p.m.	Th



## CoolTechGirls Seeking Volunteers and Mentors (NEW)

We're seeking female volunteers and mentors with engineering and technical backgrounds to serve as mentors to girls in the CoolTechGirls program on Nov. 4, 11, and 18. If you are a woman in a STEM career and interested

## PANCAKES AND PJ'S FAMILY NIGHT

Who doesn't love breakfast for dinner? Bring the family for a middle-of-the-week treat! Come dressed in your best pajamas and be ready to enjoy a stack of delicious pancakes, a craft, and a hot cocoa bar!

**Instructor:** Rec Staff

**Duration:** 1 session

**Location:** Senior Center Multipurpose

**Cost:** \$10R | \$15NR

**Age:** All

Activity No.	Date	Time	Day(s)
4571205 01	12/1	6-7:30 p.m.	F

## PUMPKIN FLOAT AND FLICK

Sit back, relax, and watch the glow at Hilliard's "Pumpkin Float and Flick" in Roger A. Reynolds Municipal Park. Enjoy our park after the sun sets and the pumpkins are launched in the pond. Enjoy a walk on the lantern-lit trail before we end the evening watching "Transylvania." Bring your lawn chair, blankets, picnic, and pre-carved sugar pumpkin (no more than 5 pounds) to float in the pond. You may not get your pumpkin back after the event due to the logistics of removing them from the pond. Please register if you plan to bring a pumpkin.

**Instructor:** Rec Staff

**Duration:** 1 session

**Location:** Municipal Park Amphitheater

**Cost:** Free

**Age:** All

Activity No.	Date	Time	Day(s)
4571206 01	9/30	6:30-9:30 p.m.	Sa

in becoming trained to volunteer with Recreation and Parks and CoolTechGirls staff to co-lead a program, email [recandparks@hilliardohio.gov](mailto:recandparks@hilliardohio.gov) and register via Rec Trac.

CoolTechGirls uses a train-the-trainer model during a two-hour live instruction that explains the steps to create fashion items to help participants enrolled in the program. Trainers will learn how to complete the projects themselves so they can teach the girls to do the same.

Volunteers/mentors may select one of two training sessions: 9-11 a.m. Saturday, Oct. 14, or 5-7 p.m. Tuesday, Oct. 17.

Activity No.	Date	Time	Day(s)
4550210_01	10/14	9-11 a.m.	Sa
4550210_02	10/17	5-7 p.m.	Tu



# FAMILY

## SANTA CALLS (PERSONALIZED)

A popular choice for children who want to hear Santa's voice with a personal touch! Select a day and time when registering, and Santa will call your child within that time frame. Calls will be personalized with information parents provide during registration.

**Instructor:** Rec Staff  
**Duration:** 1 session  
**Location:** Virtual (at-home)  
**Cost:** \$5R | \$7NR  
**Age:** Any age

Activity No.	Date	Time	Day(s)
4571232 01	12/7	6-6:30 p.m.	Th
4571232 02	12/7	6:30-7 p.m.	Th
4571232 03	12/7	7-7:30 p.m.	Th
4571232 04	12/7	7:30-8 p.m.	Th
4571232 05	12/12	6-6:30 p.m.	Tu
4571232 06	12/12	6:30-7 p.m.	Tu
4571232 07	12/12	7-7:30 p.m.	Tu
4571232 08	12/12	7:30-8 p.m.	Tu

## SENSORY SANTA

Santa enjoys visiting with everyone! He has a very tight schedule but has reserved a special time to visit in a small, quaint room for sensory-friendly friends. Please register for one 10-minute time slot. Registrants may take their own photos as they visit with Santa.

**Instructor:** Rec Staff  
**Duration:** 1 session  
**Location:** Senior Center Card Room  
**Cost:** \$5R | \$7NR  
**Age:** 21 and under

Activity No.	Date	Time	Day(s)
4571234 01	12/16	1-1:10 p.m.	Sa
4571234 02	12/16	1:10-1:20 p.m.	Sa
4571234 03	12/16	1:20-1:30 p.m.	Sa
4571234 04	12/16	1:30-1:40 p.m.	Sa
4571234 05	12/16	1:40-1:50 p.m.	Sa
4571234 06	12/16	1:50-2 p.m.	Sa
4571234 07	12/16	2-2:10 p.m.	Sa
4571234 08	12/16	2:10-2:20 p.m.	Sa
4571234 09	12/16	2:20-2:30 p.m.	Sa
4571234 10	12/16	2:30-2:40 p.m.	Sa
4571234 11	12/16	2:40-2:50 p.m.	Sa
4571234 12	12/16	2:50-3 p.m.	Sa

## Tree Lighting

**Dec. 3, 4-6:30 p.m.**  
 Tree lighting at 6:15 p.m.

Kick off the holiday season at the 34th annual Tree Lighting, an event full of fun festivities in Downtown Hilliard and Weaver Park. Walk or catch the trolley to enjoy all activities at Hilliard's Station Park, Main Street, and the Historical Village at Weaver Park. The trolley stops in the Chase Bank parking lot and the entrance to the Historical Village. Convenient, free parking is available at the Franklin County Fairgrounds, as well as the lots at Madison and Wayne Streets.

### Hilliard's Station Park

- Balloon twisters
- Face painters
- Santa and elves
- Scioto Darby Elementary first grade
- Hilliard high school choirs
- Hilliard Youth Choir

### Main Street

- Cookie station
- Petting zoo
- Holiday train rides
- Horse and carriage rides
- Ice carving
- Cram the Cruiser by donating coats, scarves, gloves, and sweatpants for Hilliard students
- Stilt walkers

### Historical Village

- Balloon twisters
- Face painting
- Holiday music
- Mrs. Claus and elves in the schoolhouse
- Tour the historical buildings with docents
- Write a letter to Santa
- Live snow globe

### Thank You To Our Event Sponsors

Amazon Web Services, Bobcat Enterprise, Bone Dry Roofing, Franklin County Agricultural Society, Graeter's Ice Cream, Heartland Bank, Rotary Club of Hilliard, Japanese Automotive Services, Renewal by Andersen

# 2023

## HILLIARD LEADERSHIP CORPS VOLUNTEER



The Hilliard Leadership Corps Volunteer Program provides high school students with four different volunteer options to highlight the City of Hilliard's Promise:

**HEART FOR SERVICE,  
STRENGTH IN TEAMWORK,  
AND A DRIVE FOR  
EXCELLENCE.**

**Earn volunteer hours for school while engaging with young people in your community!**

### **Winter Break Camp**

December 20, 21, 22 (Wednesday-Friday)  
– 9 a.m.-3 p.m.

### **Hilliard Hikes**

Wednesday, Dec. 20 – 9:30-11 a.m.

### **Hilliard Café Noon Year's Eve Party**

Thursday, Dec. 28 – 10 a.m.-1 p.m.

**Earn volunteer hours for school while engaging with the community at these special events!**

### **Fall Festival**

#### **Municipal Park**

Sunday, Sept. 17 – noon-4:30 p.m.

### **Watch and Glow, Pumpkin Float, And Flick Saturday**

Saturday, Sept. 30 – 6-8:30 p.m.

### **School's Out Camp's In**

Friday, Oct. 20 – 9 a.m.-3 p.m.

Tuesday, Nov. 7 – 9 a.m.-3 p.m.

### **Tree Lighting**

Sunday, Dec. 3 – 3:30-7 p.m.

For additional information or to register, contact the Recreation Supervisor at [parks2@hilliardohio.gov](mailto:parks2@hilliardohio.gov).



# ADULT

## CORE FIT FLOW

Core flow strengthens the muscles that support a healthy spine, improving posture using a yoga flow posture, flexibility and confidence in a class that blends Pilates, functional strength, and mind-body inspired movement. A great class for all body types!

**Instructor:** Melanie Ross  
**Duration:** 6 sessions  
**Location:** Senior Center Classroom  
**Cost:** \$32R | \$38NR  
**Age:** 18 and older

Activity No.	Date	Time	Day(s)
4350414 01	9/13-10/18	6-6:45 p.m.	W
4350414 02	11/1-12/6	6-6:45 p.m.	W

## HEALTHY EATING WORKSHOP (NEW)

Kim Tartaglia, MD, is a board-certified physician in internal medicine, pediatrics, lifestyle medicine, and health and wellness coaching. In this three-part workshop, she will share information on the tenets of a healthy diet – and why it's so difficult to eat healthily. You'll also discuss how to eat healthily with children and families. Bring your nutrition questions and create an action plan to improve your health through nutrition.

**Instructor:** Kim Tartaglia, MD  
**Duration:** 3 sessions  
**Location:** Senior Center Classroom  
**Cost:** Free  
**Age:** 13 and older

Activity No.	Date	Time	Day(s)
4570601 01	9/12-9/26	7-8 p.m.	Tu

## LABLAST FITNESS

LaBlast is a dance fitness program based on all the ballroom dances you see on Dancing with the Stars. It is partner-free, includes all components of fitness, and uses music from every area and genre. All fitness levels are welcome to come have a blast!

**Instructor:** Wellness Collective  
**Duration:** 14 sessions  
**Location:** Senior Center, Multipurpose  
**Cost:** \$60R | \$80NR  
**Age:** 18 and older

Activity No.	Date	Time	Day(s)
4350409 01	9/5-12/12	5:30-6:15 p.m.	Tu

\*No Class 10/31

## HILLIARD HIKES

Join this weekly hike and stay active this winter! Meet on Wednesdays at 9:45 a.m. and walk from 10-11 a.m. Dress for the weather.

**Instructor:** Rec Staff  
**Duration:** 1 session  
**Location:** Various  
**Cost:** Free  
**Age:** 18 and older

Location	Date	Time
Hilliard Senior Center	12/6	9:45-11 a.m.
Prarie Oaks Metro Park	12/13	9:45-11 a.m.
Hilliard's Station Park	12/20	9:45-11 a.m.

## MOTIVATION AT THE STATION YOGA

Challenging yet relaxing vinyasa flow. Each class is intuitively sequenced and creatively delivered to emphasize fluidity and steady breathing. Flow through a foundation of standing and seated postures, back bends, twists, and inversions in this dynamic movement class. Pre-registration is recommended.

**Instructor:** Melanie Ross  
**Duration:** 1 session  
**Location:** Hilliard's Station Park  
**Cost:** Free  
**Age:** 13 and older with parent/guardian

Activity No.	Date	Time	Day(s)
3350402 13	9/2	8-8:50 a.m.	Sa
3350402 14	9/16	8-8:50 a.m.	Sa
3350402 15	9/23	8-8:50 a.m.	Sa
3350402 16	9/30	8-8:50 a.m.	Sa



# ADULT

## MOTIVATION AT THE STATION WITH SHED FITNESS

Get fit with local studio SHED Fitness! Classes are designed for people of all fitness levels to come together and empower each other to reach peak total body performance. Participants will be led through a 50-minute circuit-style full-body workout of strength and interval exercises. Pre-registration recommended.

**Instructor:** SHED Fitness

**Duration:** 1 session

**Location:** Hilliard's Station Park

**Cost:** Free

**Age:** 13 and older with parent/guardian

Activity No.	Date	Time	Day(s)
3350403 13	9/2	7 - 7:50 a.m.	Sa
3350403 14	9/16	7 - 7:50 a.m.	Sa
3350403 15	9/23	7 - 7:50 a.m.	Sa
3350403 16	9/30	7 - 7:50 a.m.	Sa

## PICKLEBALL

This low impact paddle-based sport is perfect for individuals who previously played tennis. We supply courts, nets, and balls. You bring your own paddle and water bottle. Month-by-month registration remains open to all skill levels on Monday, Wednesday, and Friday until slots are full. For more information, contact [Sports1@hilliardohio.gov](mailto:Sports1@hilliardohio.gov).

**Location:** Community Center, Gym

**Cost:** \$3R | \$5NR

**Age:** 16 and older

### October

Duration: 5 sessions

Activity No.	Date	Time	Day(s)
4551401 01	10/2-10/30	8:30-10:30 a.m.	M
4551401 03	10/2-10/30	1:30-3:30 p.m.	M
4551401 05	10/4-10/25	8:30-10:30 a.m.	W
4551401 07	10/4-10/25	1:30-3:30 p.m.	W
4551401 09	10/6-10/27	8:30-10:30 a.m.	F
4551401 11	10/6-10/27	1:30-3:30 p.m.	F

## PICKLEBALL (CONTINUED)

### November

Duration: 4 sessions

Activity No.	Date	Time	Day(s)
4551402 01	11/6-11/27	8:30-10:30 a.m.	M
4551402 03	11/6-11/27	1:30-3:30 p.m.	M
4551402 05	11/1-11/29*	8:30-10:30 a.m.	W
4551402 07	11/1-11/29*	1:30-3:30 p.m.	W
4551402 09	11/3-11/17**	8:30-10:30 a.m.	F
4551402 11	11/3-11/17**	1:30-3:30 p.m.	F

\*3 session | \*\* 5 sessions

### December

Duration: 3 sessions

Activity No.	Date	Time	Day(s)
4551403 01	12/4-12/18	8:30-10:30 a.m.	M
4551403 03	12/4-12/18	1:30-3:30 p.m.	M
4551403 05	12/6-12/27*	8:30-10:30 a.m.	W
4551403 07	12/6-12/27*	1:30-3:30 p.m.	W
4551403 09	12/1-12/29**	8:30-10:30 a.m.	F
4551403 11	12/1-12/29**	1:30-3:30 p.m.	F

\*4 session | \*\* 5 sessions

## YIN YOGA

The first 30 minutes will be dedicated to Yin Yoga, a slow and meditative style of yoga where you hold the poses for longer. The second half of the class is dedicated to a vinyasa style flow. Perfect for all levels!

**Instructor:** Melanie Ross

**Duration:** 6 sessions

**Location:** Senior Center, Multipurpose

**Cost:** \$32R | \$38NR

**Age:** 18 and older

Activity No.	Date	Time	Day(s)
4350415 01	9/18 - 11/6*	6 - 7 p.m.	M
4350415 02	11/13 - 12/18	6 - 7 p.m.	M

\*No Class 10/9 & 10/23



# ADULT

## TRAIL RIDE AND LUNCH

Explore local paved trails and try some new lunch spots on this weekly ride! Each ride is approximately 10 to 16 miles long with a scheduled lunch stop. Beginners are welcome; no riders are left behind. The ride is free, but registration is recommended. Participants must buy their own lunch and provide their own bike locks. Helmets are required. Some on-road riding may be required to reach the restaurant. Meet at 10:15 a.m. at the Hilliard Senior Center, 3810 Veterans Memorial Dr. The ride rolls at 10:30 a.m.

**Instructor:** Rec Staff

**Duration:** 1 session

**Location:** Various

**Cost:** Free

**Age:** 18 and older

Date	Location	Lunch
9/6	Hilliard Senior Center	Sexton's Pizza
9/13	Glacier Ridge Metro Park	City Barbecue
9/20	Hilliard's Station Park	Starliner Diner
9/27	Battelle Darby Creek	McAlister's Deli
10/4	Hilliard Senior Center	Abner's
10/11	Glacier Ridge Metro Park	Piada
10/18	Hilliard's Station Park	Local Cantina
10/25	Battelle Darby Creek	Culver's
11/1	Hilliard Senior Center	Legacy Smokehouse
11/8	Glacier Ridge Metro Park	Bibibop
11/15	Hilliard's Station Park	Center Street Market

## ZUMBA

Fitness that includes cardio and muscle toning all while moving to great music! There's no judgement, just fun! You won't even know it's exercise!

**Instructor:** Doreen Woodward

**Duration:** 7 sessions

**Location:** Senior Center, Multipurpose

**Cost:** \$45R | \$455NR

**Age:** 16 and older

Activity No.	Date	Time	Day(s)
4350405 01	9/14-10/26	6:30-7:30 p.m.	Th
4350405 02	11/2-12/21*	6:30-7:30 p.m.	Th

\*No Class 11/23

## BASIC PUPPY OBEDIENCE (NEW)

Learn basic dog obedience with commands (come, sit, place, down, off, and leave), along with loose-leash walking. Other training may include socialization, handling with confidence, building trust, and problem solving. Owners are encouraged to bring their pup's favorite training treat to help with motivation and achievements!

The mini session is an introductory version to our extended Basic Puppy Obedience Class with weekly criteria set and built on.

Week 1: Come and sit

Week 2: Loose leash walking and place

Week 3: Down and off

Week 4: Leave it and distraction management

Week 5: Exploring and graduation

All other equipment will be provided by The Dog Wizard. All dogs need to be at least 10 weeks old but not more than 5 months old.

**Instructor:** Jodi Liscio

**Duration:** 9 sessions

**Location:** Alt Field Tennis Court

**Cost:** \$425R | \$500NR (Extended Obedience) and \$275R | \$325NR (Mini-session)

### Extended Obedience Class

Activity No.	Date	Time	Day(s)
4550203 01	9/5-11/7	6-6:45 p.m.	Tu

\*No Class 10/31

### Mini Session Obedience Class

Activity No.	Date	Time	Day(s)
4550203 02	9/6-10/4	6-6:45 p.m.	W

## FOUNDATIONS IN DOG TRAINING (NEW)

You and your dog will learn loose-leash walking, commands (place, sit, and down), working through distractions, and ways to address moderate behavior problems like jumping, barking, and reactivity. Owners are encouraged to bring their pup's favorite training treat to help with motivation and achievements! All other equipment will be provided by The Dog Wizard. All dogs need to be at least 5 months old.

**Instructor:** Jodi Liscio

**Duration:** 5 sessions

**Location:** Alt Field Tennis Court

**Cost:** \$425R | \$500NR

Activity No.	Date	Time	Day(s)
4550202 01	9/5-10/3	7 - 7:45 p.m.	Tu

# FIFTY-FIVE PLUS

## SENIOR CENTER HOURS

Monday - Friday 8 a.m. - 4 p.m.  
Closed for maintenance Sept. 4-8 and for holidays  
Nov. 23, Dec. 23-26, and Jan. 1.

## MEMBERSHIP

A \$15 annual fee gives members ages 55 and older access to a variety of benefits, including activities and lunches. Ask a team member to learn more. Complimentary memberships are available to those 90 and older.

## OSHIIP

The Ohio Senior Health Insurance Information Program provides free information and other health insurance services to Ohioans covered by Medicare. Schedule a one-on-one appointment at the Senior Center office or by calling (614) 876-0747.

## LIBRARY

The Senior Center library has a wide selection of books, movies, audio books, and puzzles. A computer and printer are also available for your use. Thank you to everyone who has donated items!

## SENIOR HALL OF FAME

Honored for a lifetime of service, personal achievement and a positive image of aging, one or two senior citizens are inducted to the Hilliard Senior Citizen Hall of Fame biennially. Nominees may be living or deceased and should exemplify how senior citizens contribute to their communities and respond creatively to retirement.

## HAPPINESS CLUB

The Happiness Club is a fundraising arm of the Senior Center. Register by 4 p.m. the prior Wednesday to join this group for lunch, a business meeting, and entertainment.

Date	Time	Day
10/13	Noon	F
11/9	11:30 a.m.	Th
12/8	Noon	F

Nomination forms are always available online and at the Hilliard Senior Center, the Community Center and the Municipal Building.

## FREE TRANSPORTATION

Residents 55 and older can ride the Hilliard Express to popular destinations within the community. Just schedule a ride for free door-to-door service.

A professional driver will pick seniors up from any address in Hilliard and take them to shopping, dining, medical appointments, entertainment, places of worship, or parks.

To schedule a pick up, call 1-833-SHARE-33 or visit [sharemobility.com/hilliard](http://sharemobility.com/hilliard).

## BLOOD DRIVES

Donate the gift of life at the Hilliard Senior Center. Make an appointment by calling the Red Cross at 1-800-RedCross or by visiting [RedCrossBlood.org](http://RedCrossBlood.org). Walk-ins will be accepted. The Red Cross is taking precautions for COVID-19 to ensure your safety while donating. Use code "HilliardSenior" for registration. Donors must be age 17 or older.

**Dates:** Sept. 15, Oct. 20, Nov. 17 and Dec. 15.

**Times:** 1-7 p.m.

## THE HILLIARD CAFÉ

Enjoy weekly lunches at the Hilliard Senior Center or order to go. Reservations are required by 4 p.m. the preceding day by calling (614) 876-0747. Check the monthly menu for dates and times. Check, VISA, Discover, AMEX, or MasterCard.

### Lunch Hours

**Memorial Day** – Labor Day 11:30 a.m.

**Labor Day** – Memorial Day noon

## PRAYER LUNCHEON

An area minister presents a short message after lunch. Register by 4 p.m. the preceding day.

Date	Time	Day
9/22	Noon	F
10/27	Noon	F
Nov	No lunch	F
12/1	Noon	F



# FIFTY-FIVE PLUS

## HALLOWEEN LUNCH

Dress in your favorite costume and enjoy this holiday lunch with special treats and a costume contest! Pre-paid registration is required. No meal tickets or to-go meals.

**Location:** Senior Center  
**Cost:** \$8M | \$10NM  
**Age:** 55 and older

Activity No.	Date	Time	Day(s)
456123 01	10/31	Noon-1 p.m.	Tu

## VETERANS DAY LUNCH

We salute all the men and women who have served our country. This lunch is open to all and free to our veterans and their spouses. After lunch, enjoy a concert in your honor. Pre-register with the front desk. Regular lunch prices and meal tickets accepted.

**Location:** Senior Center  
**Cost:** \$7M | \$9NM  
**Age:** 55 and older

Date	Time	Day(s)
11/9	11:30 a.m.-1 p.m.	Th

## THANKSGIVING LUNCH

Featuring all the traditional favorites, including turkey, mashed potatoes, dressing, green beans, and pumpkin pie! Pre-paid registration is required. No meal tickets or to-go meals.

**Location:** Senior Center  
**Cost:** \$8M | \$10NM  
**Age:** 55 and older

Activity No.	Date	Time	Day(s)
456123 02	11/16	Noon-1 p.m.	Th

## CHRISTMAS LUNCH

Join the Hilliard Senior Center for a delicious Christmas feast! Pre-paid registration is required. No meal tickets or to-go meals.

**Location:** Senior Center  
**Cost:** \$8M | \$10NM  
**Age:** 55 and older

Activity No.	Date	Time	Day(s)
456123 03	12/14	Noon-1 p.m.	Th

## NOON YEAR'S LUNCH

Join your friends at the Hilliard Senior Center and ring in the New Year at noon! Pre-paid registration is required. No meal tickets or to-go meals.

**Location:** Senior Center  
**Cost:** \$8M | \$10NM  
**Age:** 55 and older

Activity No.	Date	Time	Day(s)
456123 04	12/28	11:30 a.m.-1 p.m.	Th

## SOCIAL INTERACTION, COMMUNICATION WILL BE FOCUS AREAS FOR AGING IN PLACE COMMITTEE

In January and February this year, the Aging in Place Committee surveyed a large sample of Hilliard adults ages 55 and older and held in-person focus groups in May at the Municipal Building.

Based on results from the survey and focus groups, two major areas of opportunity were identified to improve Hilliard as a location for aging in place: improving social interaction and increasing ease and accessibility of communications.

The Aging-in-Place committee thanks those who participated in these important activities. Your input is key in helping us determine how we can help each other in our community. As a committee, we can now start developing and implementing activities related to social interaction and communications for our older adult population, making Hilliard a great community in which to age in place.

# FIFTY-FIVE PLUS

## PROGRAMS

### ASPIRING WRITERS GROUP

Weekly informal networking sessions for aspiring writers. Each person works on their own projects on their own time and shares them with the group. This group meets every Monday at 9 a.m.

### BIBLE STUDY

Bring your own Bible and join this discussion! This group meets the second and fourth Monday of the month at 10 a.m.

### BILLIARDS

Two billiard tables are available daily during normal business hours.

### BINGO

Enjoy free bingo on Thursday right after lunch (12:30 p.m. Memorial Day – Labor Day; 1 p.m. Labor Day – Memorial Day). Participants may bring a non-perishable food item to donate to the Hilliard Food Pantry. Bingo is sponsored by Dedicated Senior Medical Center, Norwich Springs Health Campus, VITAS Healthcare, Glenwood Memory Care, and Darby Glenn Nursing & Rehabilitation.

### BLOOD PRESSURE CHECKS

Norwich Township Fire Department provides free blood pressure checks the **first Thursday of the month from 11 a.m.-noon.**

### BOOK CLUB

**Second Tuesday of the month at 10:30 a.m.**

### CARDS

**Samba:** Tuesday and Thursday at 12:30 p.m.

**Duplicate Bridge:** Monday at noon.

**Pinochle:** Monday and Thursday at 12:30 p.m.

**Bridge:** Wednesday at 9:30 a.m.

**Euchre:** Mondays at 9:30 a.m.

Wednesdays 12:30 p.m.

### GONE BUT NOT FORGOTTEN

**1st and 3rd Mondays at 9:30 a.m.**

Informal group gathering for widows and widowers. Enjoy coffee, donuts, and the company of others who have experienced the loss of their spouse. Register by day prior.

### FITNESS CLASSES

\$5 per class

**Chair Yoga:** Tuesday and Friday at 9:30 – 10:15 a.m.

**Zumba:** Wednesday at 9:30 – 10:15 a.m.

**Gentle Yoga:** Wednesday at 9:30 – 10:15 a.m.

### MEXICAN TRAIN DOMINOES

**Thursday at 9:30 a.m.** Be the first player to lay down all your dominoes. Tiles left in your hand count against you, so play strategically to get rid of the high tiles.

### MAHJONG

**Tuesday and Fridays at 1 p.m.** Bring your own set.

### PO-KE-NO

**Fourth Thursday at 10:30 a.m.** Sponsored by Bluebird

### 500-MILE WALKING CHALLENGE

Start tracking your miles beginning Jan. 1 and try to reach 500 before the end of the year! Earn a T-shirt and have your photo posted on the wall at the Hilliard Senior Center.

### INDOOR WALKING (LABOR DAY - MEMORIAL DAY)

Community Center Gym

**Monday and Friday:** 11 a.m.-1 p.m.

**Tuesday and Thursday:** 8-9 a.m.



# EXERCISE IS MEDICINE®



**THE OHIO STATE UNIVERSITY**

WEXNER MEDICAL CENTER

## **OHIO STATE UNIVERSITY WEXNER MEDICAL CENTER WEBINARS**

The Exercise is Medicine® (EIM) Wellness Webinar Series brings subject matter experts to the community to provide educational materials on various wellness topics important to EIM participants and interested community members.

Each webinar will provide information on the EIM program, education on a specific wellness topic, and resources for additional information related to the topic.

Interested individuals can sign up for the series of webinars, which take place the first Tuesday of every month from 5-5:30 p.m.

The series is open to the public and is offered at no cost. Register at [go.osu.edu/EIMWebinar](https://go.osu.edu/EIMWebinar).

Registration is only required once for the entire series.





# PARK HIGHLIGHTS

## RENTALS

The Recreation and Parks Department rents select facilities and park shelters to community organizations, groups, and citizens. Learn more about renting a shelter or park facility by contacting us at [parks2@hilliardohio.gov](mailto:parks2@hilliardohio.gov). You can also get more information at [hilliardohio.gov/facility-rentals](https://hilliardohio.gov/facility-rentals).

Weaver Park rental facilities are managed by Hilliard Historical Society. For more information go to [hilliardohiohistoricalsociety.com](https://hilliardohiohistoricalsociety.com).

Rental spaces at the Community Center and Senior Center are available for meetings, seminars, and private parties. Contact us at [rentals@hilliardohio.gov](mailto:rentals@hilliardohio.gov) for more information. Availability changes seasonally with programs.

## BIRTHDAY PARTY RENTALS

Rent the gym and a meeting place on Saturdays from 10:30 a.m.-1 p.m. or 2-4:30 p.m. Visit <https://hilliardohio.gov/rentals> for more information on prices and to reserve.

## SPORTS

Hilliard Recreation and Parks offers sport leagues and activities this upcoming season for all ages. Activities include volleyball, basketball, disc golf, and softball.

Contact us at [sports1@hilliardohio.gov](mailto:sports1@hilliardohio.gov) or visit us online at [hilliardohio.gov/sports](https://hilliardohio.gov/sports) for details.

## COMMUNITY GARDENS

Registration details will be available in the Winter edition of *Your Hilliard*.



# PARK HIGHLIGHTS

## FISHING PONDS

A fishing license is not required to fish at any of the ponds in Hilliard City parks. Enjoy a day of fishing at Britton Farms Park, Hayden Run Village Park, Latham Park, Merchant Park, or Roger A. Reynolds Municipal Park. All fishing is catch-and-release.

## DISC GOLF

Enjoy 18 holes of challenging disc golf throughout Roger A. Reynolds Municipal Park on our free course.

## HORSESHOE COURTS

Eight blue clay courts in Roger A. Reynolds Municipal park are maintained and used by the Hilliard Horseshoe Club on Wednesday and Thursday evenings.

See [hilliardhorseshoeclub.org](http://hilliardhorseshoeclub.org) for more information.

## PICKLEBALL COURTS

Roger A. Reynolds Municipal Park is home to two pickleball courts. Pickleball is the latest sports trend for adults and seniors to stay active, healthy, and have fun!

## FIRST RESPONDERS PARK

Vowing that “we will never forget,” the City of Hilliard created a place for reflection to pay tribute to first responders nationwide and to ensure the events of 9/11 are remembered. Help us to take care of this treasured park and respect this space.

## HILLIARD’S STATION PARK

Hilliard’s Station Park is near the downtown trailhead for the seven-mile Heritage Rail Trail. This community event space contains an amphitheater, spray pad, multi-functional building, outdoor café tables, public restroom, and storage/maintenance facility. Architectural features of the two buildings reflect the site’s past use as a train depot.

## HERITAGE TRAIL DOG PARK

Bring your pup to this safe place for off-leash play! The park has one acre dedicated to small dogs and three acres for larger dogs. The park includes a doggie drinking fountain, open seasonally. Pathways through the park lead to benches and shaded area.

## GREEN SPACE AND FIELDS

The City of Hilliard Recreation and Parks Department Field Policy was established to benefit a variety of youth sport programs in our community, with a focus on recreational sports and resident-based organizations. These programs and organizations promote healthy childhood development through positive physical, psychological, and social development across a variety of sporting activities.

This policy establishes the guiding principles, requirements, procedures, and fees that govern the use of City of Hilliard fields.

For more information regarding field rentals, contact us at [sports1@hilliardohio.gov](mailto:sports1@hilliardohio.gov).

## VOLUNTEERS/ADOPT-A-PARK

Whether adopting a park or helping at community events, dependable volunteers make a huge difference in the community! If you’re interested in giving back to the community, contact us at [parks2@hilliardohio.gov](mailto:parks2@hilliardohio.gov).

## SLEDDING HILL

Nothing says winter like a good sled ride! Hit the hill at Roger A. Reynolds Municipal Park for a day of snowy fun.

## SPLASH PADS

The Hilliard’s Station Park and Clyde “Butch” Seidle Community Pool Splash Pads are open to the public from 9 a.m.-6 p.m. through Sept. 30, weather permitting.

## SPONSORSHIPS

Supporting Hilliard means supporting the community. The City hosts great special events that bring our community together, including City of Hilliard Freedom Fest, Celebration at the Station concert series, the holiday tree lighting, and more!

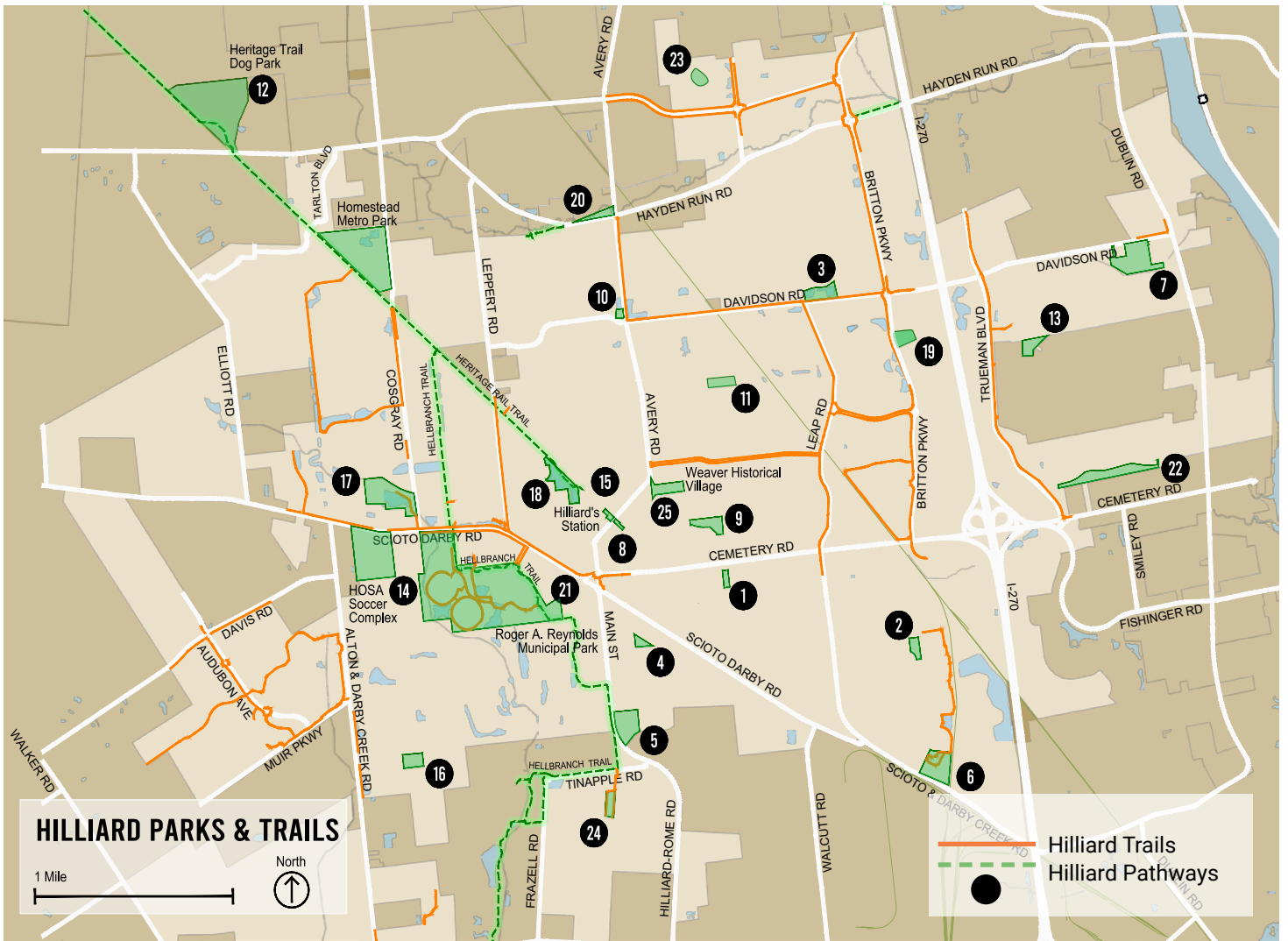
We’re always looking to partner with local businesses to create unique sponsorship opportunities. For information contact us at [econdevelopment1@hilliardohio.gov](mailto:econdevelopment1@hilliardohio.gov).



## SHARE YOUR TALENTS!

Do you have a special skill or hobby you are willing to share? Instructors are always needed to teach new classes and programs.

Email [recandparks@hilliardohio.gov](mailto:recandparks@hilliardohio.gov) to receive a class proposal form to submit your idea.



## HILLIARD'S PARKS

From wooded areas to athletic facilities, Hilliard's Recreation and Parks Department maintains 25 developed parks that provide diverse recreational and leisure activities for the community. The department also organizes special events, maintains municipal pools, and sponsors educational, fitness, and volunteer activities for community members of all ages.

Help us to protect and preserve our community parks and green spaces by keeping them free of litter and vandalism.

By providing a clean, safe and well-maintained environment with a friendly, professional, and wholesome atmosphere, the Recreation and Parks Department takes pride in providing endless economic, social, and health benefits to the Hilliard community.



**DARBY GLEN PARK**



**HAMILTON PARK**



	Adaptive Swing	Amphitheater	Ball Field	Basketball Court	Cricket Pitch	Disc Golf	Fishing Pond	Lacrosse	Fountains	Gardens	Green Space	Grills	Historical Village Memorial	Natural Path	Paved Path	Pickleball Courts	Picnic Area	Playground	Public Pool	Restrooms	Sand Volleyball	Shelter House	Sledding Hill	Soccer Facility	Splash Pad	Tennis Court	Walking Path
<b>1 Alt Field</b> 3740 Municipal Way			●															●								●	
<b>2 Beacon Fields</b> 4375 Edgewyn Avenue			●								●				●												
<b>3 Britton Farms Park</b> 4500 Davidson Road							●								●	●						●					
<b>4 Conklin Park</b> 1000 Boucher Drive											●							●									
<b>5 Cross Creek Park</b> 3342 Hilliard Rome Road					●		●				●													●			
<b>6 Darby Glen Park</b> 4340 Swenson Street										●	●			●	●			●					●				●
<b>7 Father Roderic J. Dipietro Park</b> 3481 Davidson Road			●							●	●			●						●		●		●			
<b>8 First Responders Park</b> 4020 Main Street									●				●				●										
<b>9 Hamilton Park</b> 4000 Berry Leaf Lane			●								●							●									
<b>10 Hayden Run Village Park</b> 5226 Davidson Road							●				●					●	●					●					
<b>11 Heather Ridge Park</b> 4833 Hawkstone Road											●							●									
<b>12 Heritage Trail Dog Park</b> 7262 Hayden Run Road											●			●		●						●					
<b>13 Hilliard East Park</b> 4450 Schirtzinger Road	●										●					●	●	●				●		●			●
<b>14 HOSA Soccer Complex</b> 6371 Scioto Darby Road											●												●				
<b>15 Hilliard's Station Park</b> 4021 Main St		●														●				●				●			
<b>16 Lakewood Park</b> 3180 Walkerview Dr											●							●									●
<b>17 Latham Park</b> 4171 Cosgray Road							●				●																●
<b>18 Merchant Park</b> 5467 Center St							●				●			●		●											
<b>19 Mildred Park</b> 4592 Britton Parkway											●																
<b>20 Reibel Woods</b> 6000 Hayden Run Road											●		●	●													
<b>21 Roger A. Reynolds Municipal Park</b> 3800 Veterans Memorial Drive	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
<b>22 Scioto Run Nature Trail</b> 3757 Scioto Run Blvd														●													●
<b>23 Silverton Park</b> 5057 Silverton Way											●																●
<b>24 Tinapple Park</b> 5512 Hyde Park Drive				●							●	●			●	●						●					
<b>25 Weaver Park</b> 4162 Columbia Street											●	●	●			●				●		●					



**TINAPPLE PARK**



**HAYDEN RUN VILLAGE PARK**