

FIFTY-FIVE PLUS

SENIOR CENTER HOURS

Monday - Friday 8 a.m. - 4 p.m.
Closed Jan. 1 for New Year's Day. No programs Jan. 15 due to the Dr. Martin Luther King Jr. event

MEMBERSHIP

A \$15 annual fee gives members ages 55 and older access to a variety of benefits, including activities and lunches. To learn more, ask a team member. Complimentary memberships are available to those 90 and older.

OSHIIP

The Ohio Senior Health Insurance Information Program provides free information and other health insurance services to Ohioans covered by Medicare. Schedule a one-on-one appointment at the Senior Center office or by calling (614) 876-0747.

LIBRARY

The Senior Center library has a wide selection of books, movies, audio books, and puzzles. A computer and printer are also available for your use. Thank you to everyone who has donated items!

SENIOR HALL OF FAME

Honored for a lifetime of service, personal achievement and a positive image of aging, one or two senior citizens are inducted to the Hilliard Senior Citizen Hall of Fame biennially. Nominees may be living or deceased and should exemplify how senior citizens contribute to their communities and respond creatively to retirement.

Nomination forms are always available online and at the Hilliard Senior Center, the Community Center and the Municipal Building.

FREE TRANSPORTATION

Residents 55 and older can ride the Hilliard Express to popular destinations within the community. Just schedule a ride for free door-to-door service.

A professional driver will pick seniors up from any address in Hilliard and take them to shopping, dining, medical appointments, entertainment, places of worship, or parks.

To schedule a pick up, call 1-833-SHARE-33 or visit sharemobility.com/hilliard.

BLOOD DRIVES

Donate the gift of life at the Hilliard Senior Center. Make an appointment by calling the Red Cross at 1-800-RedCross or by visiting RedCrossBlood.org. Walk-ins will be accepted. The Red Cross is taking precautions for COVID-19 to ensure your safety while donating. Use code "HilliardSenior" for registration. Donors must be age 17 or older.

Date	Time	Day
1/19	1-7 p.m.	F
2/16	1-7 p.m.	F
3/15	1-7 p.m.	F
4/19	1-7 p.m.	F

THE HILLIARD CAFÉ

Enjoy weekly lunches at the Hilliard Senior Center or order to go. Reservations are required by 4 p.m. the preceding day by calling (614) 876-0747. Check the monthly menu for dates and times. Payment is accepted via Check, VISA, Discover, AMEX, or MasterCard.

Lunch Hours

Memorial Day – Labor Day 11:30 a.m.

Labor Day – Memorial Day noon

HAPPINESS CLUB

The Happiness Club is a fundraising arm of the Senior Center. Register by 4 p.m. the prior Wednesday to join this group for lunch, a business meeting, and entertainment.

Date	Time	Day
1/12	Noon	F
2/9	Noon	F
3/8	Noon	F
4/12	Noon	F

FIFTY-FIVE PLUS

PRAYER LUNCHEON

An area minister presents a short message after lunch. Register by 4 p.m. the preceding day.

Date	Time	Day
1/26	Noon	F
2/23	Noon	F
3/22	Noon	F
4/26	Noon	F

VALENTINE'S DAY LUNCH

Enjoy a fun Valentine's Day lunch with friends. We'll have a harpist, Valentine's Day candy, door prizes, and more! Pre-paid registration is required. No to-go meals.

Duration: 1 session
Location: Senior Center
Cost: \$8M | \$10NM
Age: 55 and older

Activity No.	Date	Time	Day(s)
456123 20	2/13	Noon-1 p.m.	Tu

ST. PATRICK'S DAY LUNCH

Get in the St. Patrick's Day spirit with a themed lunch, green mocktails, door prizes, and more! Pre-paid registration is required. No to-go meals.

Duration: 1 session
Location: Senior Center
Cost: \$8M | \$10NM
Age: 55 and older

Activity No.	Date	Time	Day(s)
456123 21	3/14	Noon-1 p.m.	Th

EUCHRE PARTY

Play euchre with friends while enjoying snacks, dinner, and prizes.

Duration: 1 session
Location: Senior Center
Cost: \$8M | \$10NM
Age: 55 and older

Activity No.	Date	Time	Day(s)
715122 26	1/25	2:30-5:30 p.m.	Th

TECHNOLOGY HELP

The City of Hilliard's IT Department will be here to help with your technology needs. Bring your phones, laptops, and tablets. Register by Jan. 9.

Location: Senior Center
Cost: Free
Age: 55 and older

Date	Time	Day(s)
1/10	9 a.m.-noon	Wed

HEALTH & WELLNESS FAIR

This free event connects seniors with resources. Organizations will include rehabilitation, Medicare reps, transportation, senior living communities, assisted living, home healthcare, hospice, senior services, volunteer opportunities, travel, and more. All attendees will be entered into a raffle for prizes! Register by April 22.

Location: Senior Center
Cost: Free
Age: 55 and older

Date	Time	Day(s)
4/23	10 a.m.-1 p.m.	Tu

SPRING FORMAL DANCE AND DINNER

Break out your dresses, suits, and dancing shoes! Start the party with dinner at 6 p.m. and a band from 6:30-8 p.m. Take a picture at the photo booth, participate in a cake walk, and enjoy punch and hors d'oeuvres. Pre-paid registration is required. No to-go meals.

Location: Senior Center
Cost: Free
Age: 55 and older

Activity No.	Date	Time	Day(s)
456123 23	4/18	6-8 p.m.	Th

FIFTY-FIVE PLUS

ASPIRING WRITERS GROUP

Weekly informal networking sessions for aspiring writers. Each person works on their own projects on their own time and shares them with the group. This group meets **every Monday at 9 a.m.**

BIBLE STUDY

Bring your own Bible and join this discussion! This group meets the **second and fourth Monday of the month at 10 a.m.**

BILLIARDS

Two billiard tables are available daily during normal business hours.

BINGO

Enjoy free bingo on **Thursday right after lunch (12:30 p.m. Memorial Day – Labor Day; 1 p.m. Labor Day – Memorial Day)**. Participants may bring a non-perishable food item to donate to the Hilliard Food Pantry. Bingo is sponsored by Dedicated Senior Medical Center, Norwich Springs Health Campus, VITAS Healthcare, Glenwood Memory Care, and Darby Glenn Nursing & Rehabilitation.

BLOOD PRESSURE CHECKS

Norwich Township Fire Department provides free blood pressure checks the **first Thursday of the month from 11 a.m.-noon.**

BOOK CLUB

Second Tuesday of the month at 10:30 a.m.

CARDS

Samba: Tuesday and Thursday at 12:30 p.m.
Spades: Fridays at 10:30 a.m.
Duplicate Bridge: Monday at noon.
Pinochle: Monday and Thursday at 12:30 p.m.
Bridge: Wednesday at 9:30 a.m.
Euchre: Mondays at 9:30 a.m.
Wednesdays 12:30 p.m.

GONE BUT NOT FORGOTTEN

1st and 3rd Mondays at 9:30 a.m.

Informal group gathering for widows and widowers. Enjoy coffee, donuts, and the company of others who have experienced the loss of their spouse. Register by day prior.

FITNESS CLASSES

\$5 per class

Chair Yoga: Tuesday and Friday at 9:30 – 10:15 a.m.
Zumba: Wednesday at 9:30 – 10:15 a.m.
Gentle Yoga: Wednesday at 9:30 – 10:15 a.m.

MEXICAN TRAIN DOMINOES

Thursday at 9:30 a.m. Be the first player to lay down all your dominoes. Tiles left in your hand count against you, so play strategically to get rid of the high tiles.

MAHJONG

Tuesday and Fridays at 1 p.m. Bring your own set.

PO-KE-NO

Fourth Thursday at 10:30 a.m. Sponsored by Bluebird

500-MILE WALKING CHALLENGE

Start tracking your miles beginning Jan. 1 and try to reach 500 before the end of the year! Earn a T-shirt and have your photo posted on the wall at the Hilliard Senior Center.

INDOOR WALKING (LABOR DAY - MEMORIAL DAY)

Community Center Gym

Tuesday and Thursday: 8-9 a.m.