

EXERCISE IS MEDICINE®



THE OHIO STATE UNIVERSITY

WEXNER MEDICAL CENTER

OHIO STATE UNIVERSITY WEXNER MEDICAL CENTER WEBINARS

The Exercise is Medicine® (EIM) Wellness Webinar Series brings subject matter experts to the community to provide educational materials on various wellness topics important to EIM participants and interested community members.

Each webinar will provide information on the EIM program, education on a specific wellness topic, and resources for additional information related to the topic.

Interested individuals can sign up for the series of webinars which take place the first Tuesday of every month from 5-5:30 p.m.

The series is open to the public and is offered at no cost. Register by scanning the QR code.

Registration is only required once for the entire series.

