Mon	Tue	Wed	Thu	Fri
CITY OF HILLIARD OHIO • 1853 (MP) = Multipurpose Room	March 2024 Hilliard Senior Center Monday-Friday 8 am-4 pm (CR) = Craft Room (CL) = Classroom (CA) = Card Room (LO) = Lobby (G) = Gym (L) = Library			9:30a Chair Yoga (MP) 9:30a Open Studio (CR) 10a Paper Craft Class 10:30a Spades (CL) 12p NTFD Lunch 12:30p Mahjong (CA) 12:30p Chess Club (CR)
8a AARP Taxes (CL & L) 9a Writers Group (MP-K) 9:30a Gone not Forgot (CR) 10a Euchre (CA) 12:30p Duplicate Bridge (MP) 12:30p Pinochle (CA)	8a AARP Taxes (CL & L) 8a Indoor Walking (G) 9:30a Cornhole (G) 9:30a Chair Yoga (MP) 12p Lunch (MP) 12:30p Samba Cards (MP) 12:30p Mahjong (CA)	8a AARP Taxes (CL & L) 9:30a Zumba Gold (MP) 10a Craft Club (CR) 10:30a Coffee Chat (CA) 12:30p Euchre (MP-K) 1p How to Reg. Online (MP-S)	8a Indoor Walking (G) 9a Mex. Train Dominoes (CA) 9:30a Gentle Yoga (MP) 10:30a Lunch & Learn (CL) 11a Blood Pressure (LO) 12p Lunch & Bingo (MP) 12:30p Samba Cards (CL) 12:30p Pinochle (CA)	9:30a Chair Yoga (MP) 9:30a Open Studio (CR) 10:30a Spades (CL) 12p Happiness Club (MP) 12:30p Mahjong (CA) 12:30p Chess Club (CR)
8a AARP Taxes (CL & L) 9a Writers Group (MP-K) 10a Bible Study (MP-S) 10a Euchre (CA) 12:30p Duplicate Bridge (MP) 12:30p Pinochle (CA)	8a AARP Taxes (CL & L) 8a Indoor Walking (G) 9:30a Cornhole (G) 9:30a Chair Yoga (MP) 10:30a Book Club (CR) 12p Lunch (MP) 12:30p Samba Cards (MP) 12:30p Mahjong (CA)	8a AARP Taxes (CL & L) 9:30a Zumba Gold (MP) 10a Craft Club (CR) 10:30a Coffee Chat (CA) 12:30p Euchre (MP)	8a Indoor Walking (G) 9a Mex. Train Dominoes (CA) 9:30a Gentle Yoga (MP) 10:30a Prime Tours (CL) 12p St. Pat's Lunch & Bingo 12:30p Samba Cards (CL) 12:30p Pinochle (CA)	15 9a Alz Care Consult (L) 9:30a Alz Support Gr (CL) 9:30a Open Studio (CR) 9:30a Chair Yoga (MP) 10a Paper Craft Class (CA) 10:30a Spades (LO) 12p Blood Drive (MP) 12:30p Mahjong (CA) 12:30p Chess Club (CR)
8a AARP Taxes (CL & L) 9a Writers Group (MP-K) 9:30a Gone not Forgot (CR) 10a Euchre (CA) 12:30p Duplicate Bridge (MP) 12:30p Pinochle (CA)	8a AARP Taxes (CL & L) 8a Indoor Walking (G) 9:30a Cornhole (G) 9:30a Chair Yoga (MP) 12p Lunch (MP) 12:30p Samba Cards (MP) 12:30p Mahjong (CA)	8a AARP Taxes (CL & L) 9:30a Zumba Gold (MP) 10a Craft Club (CR) 10:30a Coffee Chat (CA) 12:30p Euchre (MP)	8a Indoor Walking (G) 9a Mex. Train Dominoes (CA) 9:30a Gentle Yoga (MP) 12p Lunch & Bingo (MP) 12:30p Samba Cards (CL) 12:30p Pinochle (CA)	9:30a Chair Yoga (MP) 9:30a Open Studio (CR) 10:30a Spades (CL) 12p Prayer Lunch (MP) 12:30p Mahjong (CA) 12:30p Chess Club (CR) 4:30p Friday Fun Day (MP)
8a AARP Taxes (CL & L) 9a Writers Group (MP-K) 10a Bible Study (MP-S) 10a Euchre (CA) 12:30p Duplicate Bridge (MP) 12:30p Pinochle (CA)	26 8a AARP Taxes (CL & L) 8a Indoor Walking (G) 9:30a Cornhole (G) 9:30a Chair Yoga (MP) 12p Lunch (MP) 12:30p Samba Cards (MP) 12:30p Mahjong (CA)	8a AARP Taxes (CL & L) 9:30a Zumba Gold (MP) 10a Craft Club (CR) 10:30a Coffee Chat (CA) 12:30p Euchre (MP)	28 8a Indoor Walking (G) 9a Mex. Train Dominoes (CA) 9:30a Gentle Yoga (MP) 12p Lunch & 1p Bingo (MP) 12:30p Samba Cards (CL) 12:30p Pinochle (CA) 1p OSHIIP (CR)	9:30a Chair Yoga (MP) 9:30a Open Studio (CR) 10:30a Spades (CL) 12:30p Mahjong (CA) 12:30p Chess Club (CR)

Alzheimer Care Consultation (3rd Friday, 9 a.m.-1 p.m..)

Alzheimer's Association offers this free personalized service addressing the issues that arise from Alzheimer's Disease or other related dementias.

Alzheimer Caregiver Support Group (3rd Friday, 9:30-11 a.m.)

Alzheimer's Association support groups, conducted by trained facilitators, are a safe place for caregivers to develop a support system, exchange practical info, talk through issues and ways of coping, and learn about community resources.

Aspiring Writers Group (Mondays, 9 a.m.)

Work on your own project on your own time and shares with the group.

Back to School Volunteer Program

The Hilliard Senior Center has teamed up with Hilliard City School District to connect older adults with elementary schools for this new volunteer program. Assist with reading and academic support, play board games, help in the classroom, and more! Work will be assigned by the specific school principal. All participants must complete the HCSD online background check process. Sign-up at the front desk!

Bible Study (2nd & 4th Monday, 10 a.m.)

Bring your own bible and join this discussion!

Bingo (Thursdays, 1 p.m.)

Sponsored by Dedicated Senior Medical Center, VITAS Healthcare, Glenwood Memory Care, and ClearCaptions.

Blood Pressure Checks Norwich Township FD (1st Thursday, 11 a.m. - Noon)

Book Club (2nd Tuesday, 10:30 a.m.)

March Title: Crow Mary by Kathleen Grissom

Chess Club (Fridays, 12:30 p.m.)

Beginners and experienced players are welcome to join this group!

Coffee Chat (Wednesdays, 10:30 a.m.)

An informal gathering to connect with other older adults and meet some new friends!

Cornhole (Tuesdays, 9:30 a.m.—12 p.m.)

Labor Day—Memorial Day

Craft Club (Wednesdays, 10 a.m.)

Work on various projects for donations. Supplies provided.

<u>Fitness Classes:</u> \$5 per class. Register by day prior.

Chair Yoga—Melanie Ross (Tues and Fri, 9:30-10:15 a.m.) *No class 2/6, 2/9

Zumba Gold (low impact)—Doreen Woodard (Weds, 9:30-10:15 a.m.)

Gentle Yoga—Cindy Brewer (Thurs, 9:30-10:15 a.m.)

Gone not Forgotten Coffee & Donuts (1st & 3rd Mondays, 9:30 a.m.)

Informal group gathering for widows & widowers. Enjoy coffee & donuts with others who have experienced the loss of their partner. Register by day prior.

Happiness Club (2nd Friday, 12 p.m.)

Join for lunch, a business meeting, and entertainment. \$7 check, card, or meal ticket, plus \$1 cash to Happiness Club. Register by day prior.

Hearing Tests (4th Tuesday, 9 a.m.-3 p.m.)

Call 614-263-5151 to schedule an appointment. Columbus Speech & Hearing and Franklin County Senior Options are offering free hearing evaluations, hearing aid fittings and maintenance, and follow-up hearing aid services. Must be 60 or older, Franklin County resident, and meet financial guidelines.

Hilliard Café Lunches (12 p.m.)

Register by day prior. See menu for prices & dates.

Theme Lunches: March Madness 3/21, MLB Opening Day 3/28

<u>Hilliard Express</u>—Free Transportation for Hilliard Residents 55+

Call 1-833-742-7333 or visit SHAREMobility.com/hilliard to schedule.

Hilliard Hikes (Wednesdays, 10 a.m.)

Free weekly hike! See full schedule in Your Hilliard.

Indoor Walking (Tuesday & Thursday, 8-9 a.m.)

Walk laps around the gymnasium. Labor Day—Memorial Day.

Mahjong (Tuesdays and Fridays, 12:30 p.m.)

Beginners, join at 12:30 p.m. to learn the rules. Play begins at 1 p.m.

Mexican Train Dominoes (Thursdays, 9 a.m.)

Be the first player to lay down all your dominoes. Tiles left in your hand count against you, so play strategically to get rid of the high tiles.

Open Studio (Fridays, 10 a.m.)

Artists can work on drawings or paintings & meet other artists. BYO supplies.

OSHIIP (4th Thursday)

The Ohio Senior Health Insurance Information Program provides free info and health insurance services to Medicare recipients. Schedule an appointment at the front desk.

Paper Craft Class (1st and 3rd Friday, 10-11:30 a.m.)

Create 4 different greeting cards with volunteer instructor Janet Hambleton. Limit of 5, may only register for one class per month. Register by day prior.

Prayer Luncheon (4th Friday, 12 p.m.)

An area minister presents a short message after meal. Register by day prior.

Spades (Fridays, 10:30 a.m.)

This is a trick taking game in which spades are always trump.

AARP Tax Appointments

Free tax prep for simple returns.

Norwich Township Fire Department Lunch (March 1, 12:00 p.m.)

The NTFD will host this free lunch. Register by day prior. No to-go lunches.

How to Register for Trips Online (March 6, 1:00 p.m.)

Join this demo to learn the steps for online registration. Register by day prior.

Lunch & Learn - Howard Hanna (March 7, 10:30 a.m.)

Take the stress out of moving to a new address! Hear from speakers with Everything But The House, OASIS, Revolution Mortgage, and Howard Hanna who will provide information on a free service for people moving to independent or assisted living, creative financing for aging in place or moving to your dream home, downsizing, and more. Register by day prior.

Prime Tours Trip Presentation (March 14, 10:30 a.m.)

Come learn more about Prime Tours' 2024 trips with the Hilliard Senior Center: Upstate New York Wine & Waterfalls (August 2024), and New York City Holiday (December 2024). They'll share information and answer any questions you have!

St. Patrick's Day Lunch (March 14, 12:00 p.m.)

Enjoy a fun St. Patrick's Day lunch including green mocktails, door prizes, and more! Pre-paid registration required. No to-go lunches.

NEW! Friday Fun Days (March 22, 4:30 p.m.)

On Friday Fun Days, the Hilliard Senior Center stays open later for a pizza and pop dinner paired with a fun activity! In March, come play Wii Bowling! Pre-register by day prior. \$8 HSC Member / \$10 Non-Member.