

# FIFTY-FIVE PLUS

## HSC HOURS

**3810 Veterans Memorial Dr**

**Open:** Monday - Friday 8 a.m. - 4 p.m.

**Closed:** Memorial Day, Monday, May 27

Independence Day, July 3, 4, and 5

## MEMBERSHIP

A \$15 annual fee gives members ages 55 and older access to a variety of benefits, including activities and lunches. To learn more, ask a team member. Free memberships are available to those 90 and older.

## OSHIIP

The Ohio Senior Health Insurance Information Program provides free information and other health insurance services to Ohioans covered by Medicare. Schedule a one-on-one appointment at the Senior Center office or by calling (614) 876-0747.

## LIBRARY

The Senior Center library has a wide selection of books, movies, audio books, and puzzles. A computer and printer are also available for your use. Thank you to everyone who has donated items!

## SENIOR HALL OF FAME

Honored for a lifetime of service, personal achievement and a positive image of aging, one or two older adults are inducted to the Hilliard Senior Citizen Hall of Fame biennially. Nominees may be living or deceased and should exemplify how older adults contribute to their communities and respond creatively to retirement.

Nomination forms are always available online and at the Hilliard Senior Center, the Community Center, and the Municipal Building.

## FREE TRANSPORTATION

Residents 55 and older can ride the Hilliard Express to popular destinations within the community. Just schedule a ride for free door-to-door service.

A professional driver will pick seniors up from any address in Hilliard and take them to shopping, dining, medical appointments, entertainment, places of worship, or parks.

To schedule a pick up, call 1-833-SHARE-33 or visit [sharemobility.com/hilliard](http://sharemobility.com/hilliard).

[hilliardohio.gov](http://hilliardohio.gov) | Your Hilliard

## BLOOD DRIVES

Donate the gift of life at the HSC. Make an appointment by calling the Red Cross at 1-800-RedCross or by visiting [RedCrossBlood.org](http://RedCrossBlood.org). Walk-ins will be accepted. The Red Cross is taking precautions for COVID-19 to ensure your safety while donating. Use code "HilliardSenior" for registration. Donors must be age 17 or older.

Date	Time	Day
May 17	11:30 a.m.- 5 p.m.	Fri
June 21	11:30 a.m.- 5 p.m.	Fri
July 19	11:30 a.m.- 5 p.m.	Fri
Aug. 16	11:30 a.m.- 5 p.m.	Fri

## THE HILLIARD CAFÉ

Enjoy weekly lunches at the HSC or order to go. Reservations are required by 4 p.m. the preceding day by calling (614) 876-0747. Check the monthly menu online at [hilliardohio.gov/senior-center](http://hilliardohio.gov/senior-center) for dates and times. Payment is accepted via Check, VISA, Discover, AMEX, or MasterCard.

### Lunch Hours

**Memorial Day – Labor Day** 11:30 a.m.

**Labor Day – Memorial Day** noon

## HAPPINESS CLUB

The Happiness Club is a fundraising arm of the Senior Center. Register by 4 p.m. the prior Wednesday to join this group for lunch, a business meeting, and entertainment.

Date	Time	Day
May 10	Noon	Fri
June 14	11:30 a.m.	Fri
July 12	11:30 a.m.	Fri
Aug. 9	11:30 a.m.	Fri

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## PRAYER LUNCHEON

An area minister presents a short message after lunch. Register by 4 p.m. the preceding day.

Date	Time	Day
May 24	Noon	Fri
June 28	11:30 a.m.	Fri
July 26	11:30 a.m.	Fri
Aug. 23	11:30 a.m.	Fri

## EUCHRE PARTY

Includes snacks, dinner, and prizes.

**Location:** HSC  
**Cost:** \$8 HSC Members  
**Age:** 55 and older

Activity No.	Date	Time	Day(s)
715122 27	June 27	2:30-5:30 p.m.	Th

## TECHNOLOGY HELP

The City of Hilliard's IT Department will be on hand to assist with your technology needs, including phones, laptops, and tablets. Register by the day before the event.

**Location:** HSC  
**Cost:** Free  
**Age:** 55 and older

Date	Time	Day(s)
May 8	9 a.m.-noon	Wed

## PROM FASHION SHOW

Watch Hilliard high school students showcase their prom best.

**Location:** HSC  
**Cost:** \$7 HSC Members | \$9 Non-Members  
**Age:** 55 and older

Date	Time	Day(s)
May 2	11:30 a.m.-1 p.m.	Th

## HEALTH & WELLNESS FAIR

This free event connects older adults with resources. Organizations will include rehabilitation, Medicare reps, transportation, senior living communities, assisted living, home healthcare, hospice, senior services, volunteer opportunities, travel, and more. All attendees will be entered into a raffle for prizes! Register by day prior.

**Location:** HSC  
**Cost:** Free  
**Age:** 55 and older

Date	Time	Day(s)
4/23	10 a.m.-1 p.m.	Tu

## SPRING FORMAL DANCE AND DINNER

Break out your dresses, suits, and dancing shoes! Start the party with dinner at 6 p.m. and a band from 6:30-8 p.m. Take a picture at the photo booth, participate in a cake walk, and enjoy punch and hors d'oeuvres. Pre-paid registration is required. No to-go meals.

**Location:** HSC  
**Cost:** \$8 Member | \$10 Non Member  
**Age:** 55 and older

Activity No.	Date	Time	Day(s)
456123 23	4/18	6-8 p.m.	Th

## KENTUCKY DERBY PARTY

The HSC is off to the races. Place a friendly wager on the horse of your choosing, sip on a virgin mint julep, eat lunch, and finish with a Kentucky blue grass pie. Don't forget to wear your favorite hat.

**Location:** HSC  
**Cost:** HSC Member \$8 | Non-Member \$10  
**Age:** 55 and older

Activity No.	Date	Time	Day(s)
456123 24	May 3	Noon-1 p.m.	Fri



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## SENIOR DAY AT THE FRANKLIN COUNTY FAIR

Seniors will enjoy breakfast, bingo, entertainment, prizes, and lunch at the fair. Norwich Township firefighters, City of Hilliard police, volunteers, and sponsors join in the fun. Shuttle service begins at 8 a.m. from the HSC and continues until 1 p.m. Tickets are \$10, and the bus is free.

**Location:** Franklin County Fairgrounds

**Cost:** \$10

**Age:** 55 and older

Activity No.	Date	Time	Day(s)
5560701 16	July 16	8 a.m.-1 p.m.	Tu

## GRANDPARENTS POOL PARTY

Bring your grandkids or come with friends to our pool party. Enjoy breakfast and mocktails at the sand bar, rubber flamingo races, swimming, and more.

**Location:** Hilliard Family Aquatic Center

**Cost:** HSC Member \$8 | Non-Member \$10

**Age:** 55 and older

Activity No.	Date	Time	Day(s)
456123 25	July 27	9-11 a.m.	Sat

## BACK TO SCHOOL LUNCH AND SPELLING BEE

Eat a nostalgic school lunch, then stick around to watch or compete in the 3rd Annual Spelling Bee.

**Location:** HSC

**Cost:** \$7 Members | \$9 Non-Members

**Age:** 55 and older

Date	Time	Day
Aug. 27	11:30 a.m.-1:30 p.m.	Tu

## SENIOR GAMES

Check the HSC's July calendar for details about the Senior Games. The closing ceremony will be on Friday Fun Day July 26, which is also the first day of the 2024 Summer Olympics.

## FRIDAY FUN DAYS

On certain Fridays each month, the HSC stays open late for a pizza and pop dinner paired with a fun activity.

**Location:** HSC

**Cost:** HSC Member \$8 | Non-Member \$10

**Age:** 55 and older

Activity No.	Date	Activity	Time
5560201 01	May 24	Puzzle competition	4:30-6:30 p.m.
5560201 02	June 28	Game show night	4:30-6:30 p.m.
5560201 03	July 26	Senior Games closing ceremony	4:30-6:30 p.m.
5560201 04	Aug. 23	Trivia	4:30-6:30 p.m.

## ASPIRING WRITERS GROUP

Weekly informal networking sessions for aspiring writers. Each person works on their own projects on their own time and shares them with the group. This group meets **every Monday at 9 a.m.**

## BIBLE STUDY

Bring your own Bible and join the discussion. This group meets the **second and fourth Monday of the month at 10 a.m.**

## BILLIARDS

Two billiard tables are available daily during normal business hours.

## BINGO

Enjoy free bingo on **Thursday right after lunch (12:30 p.m. Memorial Day – Labor Day; 1 p.m. Labor Day – Memorial Day)**. Participants may bring a non-perishable food item to donate to the Hilliard Food Pantry. Bingo is sponsored by Dedicated Senior Medical Center, Vitas Healthcare, ClearCaptions, and Glenwood Memory Care.

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## BLOOD PRESSURE CHECKS

Norwich Township Fire Department provides free blood pressure checks the **first Thursday of the month from 11 a.m.-noon.**

## BOOK CLUB

**Second Tuesday of the month at 10:30 a.m.**

## CARDS

**Samba:** Tuesday and Thursday at 12:30 p.m.

**Spades:** Fridays at 10:30 a.m.

**Duplicate Bridge:** Monday at noon.

**Pinochle:** Monday and Thursday at 12:30 p.m.

**Bridge:** Wednesday at 9:30 a.m.

**Euchre:** Mondays at 9:30 a.m.

Wednesdays 12:30 p.m.

## GONE BUT NOT FORGOTTEN

**1st and 3rd Mondays at 9:30 a.m.**

Informal group gathering for widows and widowers. Enjoy coffee, donuts, and the company of others who have experienced the loss of their spouse. Register by day prior.

## FITNESS CLASSES

\$5 per class

**Chair Yoga:** Tuesday and Friday at 9:30 – 10:15 a.m.

**Zumba Gold:** Wednesday at 9:30 – 10:15 a.m.

**Gentle Yoga:** Thursdays at 9:30-10:15 a.m.

## MEXICAN TRAIN DOMINOES

**Thursday at 9:30 a.m.** Be the first player to lay down all your dominoes. Tiles left in your hand count against you, so play strategically to get rid of the high tiles.

## MAHJONG

**Tuesday and Fridays at 1 p.m.** Bring your own set.

## 500-MILE WALKING CHALLENGE

Start tracking your miles beginning Jan. 1 and try to reach 500 before the end of the year! Earn a T-shirt and have your photo posted on the wall at the Hilliard Senior Center.

## INDOOR WALKING (LABOR DAY - MEMORIAL DAY)

Community Center Gym

**Tuesday and Thursday: 8-9 a.m.**

## ALZHEIMER CARE CONSULTATION

Alzheimer's Association offers this free personalized service addressing the issues that arise from Alzheimer's Disease or other related dementias.

**Third Friday, 9 a.m.-1 p.m.**



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## CHESS CLUB

Beginners and experienced players are welcome to join this group.

**Fridays, 12:30 p.m.**

## COFFEE CHAT

An informal gathering to connect with other older adults and meet some new friends.

**Wednesdays, 10:30 a.m.**

## HEARING TESTS

Call **614-263-5151** to schedule an appointment. Columbus Speech & Hearing and Franklin County Senior Options are offering free hearing evaluations, hearing aid fittings and maintenance, and follow-up hearing aid services. Must be 60 or older, a Franklin County resident, and meet financial guidelines.

**Fourth Tuesdays, 9 a.m.-3 p.m.**



## Innovating THE CLOUD to you.

Building our Hilliard  
community together.

