

Mon	Tue	Wed	Thu	Fri
1 8a AARP Taxes (CL & L) 9a Writers Group (MP-K) 9:30a Gone not Forgot (CR) 10a Euchre (CA) 12:30p Duplicate Bridge (MP) 12:30p Pinochle (CA)	2 8a AARP Taxes (CL & L) 8a Indoor Walking (G) 9:30a Cornhole (G) 9:30a Chair Yoga (MP) 12p Lunch (MP) 12:30p Samba Cards (MP) 12:30p Mahjong (CA)	3 8a AARP Taxes (CL & L) 9:30a Zumba Gold (MP) 10a Craft Club (CR) 10:30a Coffee Chat (CA) 12:30p Euchre (MP-K)	4 8a Indoor Walking (G) 9a Mex. Train Dominoes (CA) 9:30a Gentle Yoga (MP) 10:30a WOT Trip Pres. (CL) 11a Blood Pressure (LO) 12p Lunch & Bingo (MP) 12:30p Samba Cards (CL) 12:30p Pinochle (CA)	5 9:30a Chair Yoga (MP) 9:30a Open Studio (CR) 10a Paper Craft Class (CA) 10:30a Spades (CL) 12:30p Mahjong (CA) 12:30p Chess Club (CR)
8 8a AARP Taxes (CL & L) 9a Writers Group (MP-K) 10a Bible Study (MP-S) 10a Euchre (CA) 12:30p Duplicate Bridge (MP) 12:30p Pinochle (CA) 1p Solar Eclipse Party (Park)	9 8a AARP Taxes (CL & L) 8a Indoor Walking (G) 9:30a Cornhole (G) 9:30a Chair Yoga (MP) 10:30a Book Club (CR) 12p Lunch (MP) 12:30p Samba Cards (MP) 12:30p Mahjong (CA)	10 8a AARP Taxes (CL & L) 9:30a Zumba Gold (MP) 10a Craft Club (CR) 10:30a Coffee Chat (CA) 12:30p Euchre (MP-K) <i>*Eid al Fitr holiday— Parking will be very limited.</i>	11 8a Indoor Walking (G) 9a Mex. Train Dominoes (CA) 9:30a Gentle Yoga (MP) 10:30a Lunch & Learn (CL) 11a Blood Pressure (LO) 12p Lunch & Bingo (MP) 12:30p Samba Cards (CL) 12:30p Pinochle (CA)	12 9:30a Chair Yoga (MP) 9:30a Open Studio (CR) 10:30a Spades (CL) 12p Happiness Club (MP) 12:30p Mahjong (CA) 12:30p Chess Club (CR)
15 8a AARP Taxes (CL & L) 9a Writers Group (MP-K) 9:30a Gone not Forgot (CR) 10a Euchre (CA) 12:30p Duplicate Bridge (MP) 12:30p Pinochle (CA)	16 8a Indoor Walking (G) 9:30a Cornhole (G) 9:30a Chair Yoga (MP) 12p Lunch (MP) 12:30p Samba Cards (CL) 12:30p Mahjong (CA)	17 9:30a Zumba Gold (MP) 10a Craft Club (CR) 10:30a Coffee Chat (CL) 12:30p Euchre (MP)	18 8a Indoor Walking (G) 9a Mex. Train Dominoes (CA) 9:30a Gentle Yoga (MP) 10:30a Prime Tours (CL) 12p Lunch & Bingo 12:30p Samba Cards (CL) 12:30p Pinochle (CA) 6p Spring Formal Dance (G)	19 9a Alz Care Consult (L) 9:30a Alz Support Gr (CL) 9:30a Open Studio (CR) 10:30a Spades (LO) 12p Blood Drive (MP) 12:30p Mahjong (CA) 12:30p Chess Club (CR) <i>*No Chair Yoga</i>
22 9a Writers Group (CL) 10a Bible Study (MP) 10a Euchre (CA) 12:30p Duplicate Bridge (MP) 12:30p Pinochle (CA)	23 8a Indoor Walking (G) 9:30a Cornhole (G) 10a Health Fair (MP) 12p To-Go Lunches (MP) 1:30p Samba Cards (CL) 1:30p Mahjong (CA) <i>*No Chair Yoga</i>	24 9:30a Zumba Gold (MP) 10a Craft Club (CR) 10:30a Coffee Chat (CL) 12:30p Euchre (MP)	25 8a Indoor Walking (G) 9a Mex. Train Dominoes (CA) 9:30a Gentle Yoga (MP) 12p Lunch & Bingo (MP) 12:30p Samba Cards (CL) 12:30p Pinochle (CA) 1p OSHIIP (CR)	26 9:30a Chair Yoga (MP) 9:30a Open Studio (CR) 10:30a Spades (CL) 12p Prayer Lunch (MP) 12:30p Mahjong (CA) 12:30p Chess Club (CR) 4:30p Friday Fun Day (MP)
29 9a Writers Group (CL) 10a Euchre (CA) 12:30p Duplicate Bridge (MP) 12:30p Pinochle (CA)	30 8a Indoor Walking (G) 9:30a Cornhole (G) 9:30a Chair Yoga (MP) 12p Lunch (MP) 12:30p Samba Cards (CL) 12:30p Mahjong (CA)	<div> <div> <div>April 2024</div> <div> <div>CITY OF</div> <div>HILLIARD</div> <div>OHIO • 1853</div> </div> </div> <div> Hilliard Senior Center Monday-Friday 8 am-4 pm </div> <div> (MP) = Multipurpose Room (CR) = Craft Room (CL) = Classroom (CA) = Card Room (LO) = Lobby (G) = Gym (L) = Library </div> </div> <div></div> <div></div>		

Alzheimer Care Consultation (3rd Friday, 9 a.m.-1 p.m.)

Alzheimer's Association offers this free personalized service addressing the issues that arise from Alzheimer's Disease or other related dementias.

Alzheimer Caregiver Support Group (3rd Friday, 9:30-11 a.m.)

Alzheimer's Association support groups, conducted by trained facilitators, are a safe place for caregivers to develop a support system, exchange practical info, talk through issues and ways of coping, and learn about community resources.

Aspiring Writers Group (Mondays, 9 a.m.)

Work on your own project on your own time and shares with the group.

Back to School Volunteer Program

The Hilliard Senior Center has teamed up with Hilliard City School District to connect older adults with elementary schools for this new volunteer program. Assist with reading and academic support, play board games, help in the classroom, and more! Work will be assigned by the specific school principal. All participants must complete the HCSD online background check process. Sign-up at the front desk!

Bible Study (2nd & 4th Monday, 10 a.m.)

Bring your own bible and join this discussion!

Bingo (Thursdays, 1 p.m.)

Sponsored by Dedicated Senior Medical Center, VITAS Healthcare, Glenwood Memory Care, and ClearCaptions.

Blood Pressure Checks Norwich Township FD (1st Thursday, 11 a.m. - Noon)

Book Club (2nd Tuesday, 10:30 a.m.)

April Title: *American Dirt* by Jeanine Cummins

Chess Club (Fridays, 12:30 p.m.)

Beginners and experienced players are welcome to join this group!

Coffee Chat (Wednesdays, 10:30 a.m.)

An informal gathering to connect with other older adults and meet some new friends!

Cornhole (Tuesdays, 9:30 a.m.—12 p.m.)

Labor Day—Memorial Day

Craft Club (Wednesdays, 10 a.m.)

Work on various projects for donations. Supplies provided.

Fitness Classes: \$5 per class. Register by day prior.

Chair Yoga—Melanie Ross (*Tues and Fri, 9:30-10:15 a.m.*) *No class 4/19, 4/23

Zumba Gold (low impact)—Doreen Woodard (*Weds, 9:30-10:15 a.m.*)

Gentle Yoga—Cindy Brewer (*Thurs, 9:30-10:15 a.m.*)

Gone not Forgotten Coffee & Donuts (1st & 3rd Mondays, 9:30 a.m.)

Informal group gathering for widows & widowers. Enjoy coffee & donuts with others who have experienced the loss of their partner. Register by day prior.

Happiness Club (2nd Friday, 12 p.m.)

Join for lunch, a business meeting, and entertainment. \$7 check, card, or meal ticket, plus \$1 cash to Happiness Club. Register by day prior.

Hearing Tests (4th Tuesday, 9 a.m.-3 p.m.)

Call 614-263-5151 to schedule an appointment. Columbus Speech & Hearing and Franklin County Senior Options are offering free hearing evaluations, hearing aid fittings and maintenance, and follow-up hearing aid services. Must be 60 or older, Franklin County resident, and meet financial guidelines.

Hilliard Café Lunches (12 p.m.)

Register by day prior. See menu for prices & dates.

Hilliard Express—Free Transportation for Hilliard Residents 55+

Call 1-833-742-7333 or visit SHAREMobility.com/hilliard to schedule.

Hilliard Hikes (Wednesdays, 10 a.m.)

Free weekly hike! See full schedule in Your Hilliard.

Indoor Walking (Tuesday & Thursday, 8-9 a.m.)

Walk laps around the gymnasium. Labor Day—Memorial Day.

Mahjong (Tuesdays and Fridays, 12:30 p.m.)

Beginners, join at 12:30 p.m. to learn the rules. Play begins at 1 p.m.

Mexican Train Dominoes (Thursdays, 9 a.m.)

Be the first player to lay down all your dominoes. Tiles left in your hand count against you, so play strategically to get rid of the high tiles.

Open Studio (Fridays, 10 a.m.)

Artists can work on drawings or paintings & meet other artists. BYO supplies.

OSHIIP (4th Thursday)

The Ohio Senior Health Insurance Information Program provides free info and health insurance services to Medicare recipients. Schedule an appointment at the front desk.

Paper Craft Class (1st and 3rd Friday, 10-11:30 a.m.)

Create 4 different greeting cards with volunteer instructor Janet Hambleton. Limit of 5, may only register for one class per month. Register by day prior.

Prayer Luncheon (4th Friday, 12 p.m.)

An area minister presents a short message after meal. Register by day prior.

World of Travel Trip Presentation (April 4, 10:30 a.m.)

World of Travel will present on upcoming 2024 trips!

Solar Eclipse Party (April 8, 1:00 p.m.)

Bring your lawn chair and sit outside for a cookout, live music, and watching this rare astronomical event with friends! In case of inclement weather, we'll move the food and music inside. Pre-paid registration required. No to-go meals.

Spring Formal Dance (April 18, 6:00 - 8:00 p.m.)

Breakout your dresses, suits, and dancing shoes! Start the party with dinner at 6 p.m., then the band 3C Highway will play from 6:30 - 8:00 p.m. Take a picture at the photo booth, participate in a cake walk, and enjoy punch and hors d'oeuvres. This year's dance will be in the gymnasium for that nostalgic school dance vibe. Pre-paid registration required. No to-go meals.

Health & Wellness Fair (April 23, 10:00 a.m. - 1:00 p.m.)

All attendees will be entered into a raffle for prizes! This free event is designed to connect you with resources. Organizations will include rehab, Medicare reps, transportation, assisted living, home healthcare, hospice, senior services, volunteer opportunities, and more. A handout with vendors will be available at the front desk closer to the date. Lunches are to-go only; Samba, Mahjong delayed to 1:30 p.m.

Friday Fun Days - Scrabble (April 26, 4:30 p.m.)

On Friday Fun Days, the Hilliard Senior Center stays open later for a pizza and pop dinner paired with a fun activity! In April, come play Scrabble! Pre-register by day prior. \$8 HSC Member / \$10 Non-Member.

****PLEASE NOTE: April 10 is the Eid al Fitr holiday. Parking will be very limited.****