

# 55+ SOCIAL CENTER

## Hilliard Social Center (HSC)

3810 Veterans Memorial Dr

**Open:** Monday - Friday 8 a.m. - 4 p.m.

**Closed:** Closed week of Sept. 2-6 for annual maintenance

Closed Nov. 28

Closed Dec. 24 and 25

## Membership

The Hilliard Senior Center is now the Hilliard Social Center! Our new name more accurately reflects the wide range of social, educational, physical, and emotional support that members ages 55 and older want as part of their active lifestyles!

A \$15 annual fee gives members ages 55 and older access to a variety of benefits, including activities and lunches. To learn more, ask a team member. Free memberships are available to those 90 and older.

## OSHIIP

The Ohio Senior Health Insurance Information Program provides free information and other health insurance services to Ohioans covered by Medicare. Schedule a one-on-one appointment at the Senior Center office or by calling (614) 876-0747.

## Library

The Social Center library has a wide selection of books, movies, audio books, and puzzles. A computer and printer are also available for your use. Thank you to everyone who has donated items!

## Free Transportation

Residents 55 and older can ride the Hilliard Express to popular destinations within the community. Just schedule a ride for free door-to-door service.

A professional driver will pick seniors up from any address in Hilliard and take them to shopping, dining, medical appointments, entertainment, places of worship, or parks.

To schedule a pick up, call 1-833-SHARE-33 or visit [sharemobility.com/hilliard](http://sharemobility.com/hilliard).

## 500-MILE WALKING CHALLENGE

Start tracking your miles beginning Jan. 1 and try to reach 500 before the end of the year! Earn a T-shirt and have your photo posted on the wall at the Hilliard Social Center.

## ALZHEIMER CARE CONSULTATION

Alzheimer's Association offers this free personalized service addressing the issues that arise from Alzheimer's Disease or other related dementias.

**Third Friday, 9 a.m.-1 p.m.**

## ALZHEIMER CARE GIVER SUPPORT GROUP

Alzheimer's Association support groups, conducted by trained facilitators, are a safe place for caregivers to develop a support system, exchange practical information, talk through issues and ways of coping, and learn about community resources.

**Third Friday (of each month), 9:30-11 a.m.**

## ASPIRING WRITERS GROUP

Weekly informal networking sessions for aspiring writers. Each person works on their own projects on their own time and shares them with the group. This group meets **every Monday at 9 a.m.**

## BIBLE STUDY

Bring your own Bible and join the discussion. This group meets the **second and fourth Monday of the month at 10 a.m.**

## BILLIARDS

Two billiard tables are available daily during normal business hours.

## BINGO

Enjoy free bingo on **Thursday right after lunch (12:30 p.m. Memorial Day – Labor Day; 1 p.m. Labor Day – Memorial Day)**. Participants may bring a non-perishable food item to donate to the Hilliard Food Pantry. Bingo is sponsored by Dedicated Senior Medical Center, Cranberry Park, Vitas Healthcare, ClearCaptions, and Lincoln Senior Insurance.

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## BLOOD DRIVES

Donate the gift of life at the Hilliard Social Center. Make an appointment by calling the Red Cross at 1-800-RedCross or by visiting [RedCrossBlood.org](http://RedCrossBlood.org). Walk-ins will be accepted. The Red Cross is taking precautions for COVID-19 to ensure your safety while donating. Use code "HilliardSenior" for registration. Donors must be age 17 or older.

Date	Time	Day
Sept. 20	11:30 a.m.-5 p.m.	Fri
Oct. 18	11:30 a.m.-5 p.m.	Fri
Nov. 15	11:30 a.m.-5 p.m.	Fri
Dec. 20	11:30 a.m.-5 p.m.	Fri

## BLOOD PRESSURE CHECKS

Norwich Township Fire Department provides free blood pressure checks the **first Thursday of the month from 11 a.m.-noon.**

## BOOK CLUB

**Second Tuesday of the month at 10:30 a.m.**

## CARDS

**Samba:** Tuesday and Thursday at 12:30 p.m.  
**Spades:** Fridays at 10:30 a.m.  
**Duplicate Bridge:** Monday at noon.  
**Pinochle:** Monday and Thursday at 12:30 p.m.  
**Bridge:** Wednesday at 9:30 a.m.  
**Euchre:** Mondays at 9:30 a.m.  
 Wednesdays 12:30 p.m.

## CHESS CLUB

Beginners and experienced players are welcome to join this group.

**Fridays, 12:30 p.m.**

## COFFEE CHAT

An informal gathering to connect with other older adults and meet some new friends.

**Wednesdays, 10:30 a.m.**

## EUCHRE PARTY

Enjoy euchre, snacks, dinner, and prizes.

**Location:** Hilliard Social Center

**Cost:** \$10 HSC Members

**Age:** 55 and older

Activity No.	Date	Time	Day(s)
715122 27	Sept. 19	2:30-5:30 p.m.	Thu

## FITNESS CLASSES

\$5 per class

**Chair Yoga:** Tuesday and Friday at 9:30 – 10:15 a.m.

**Zumba Gold:** Wednesday at 9:30 – 10:15 a.m.

**Gentle Yoga:** Thursdays at 9:30-10:15 a.m.

## FRIDAY FUN DAYS

On Friday Fun Days, the Hilliard Social Center stays open later for a pizza and pop dinner paired with a fun activity.

**Location:** Hilliard Social Center

**Cost:** HSC Member \$8 | Non-Member \$10

**Age:** 55 and older

Activity No.	Date	Activity	Time
5560201 07	Sept. 27	Pictionary	4:30-6:30 p.m.
5560201 08	Oct. 25	Wii Bowling	4:30-6:30 p.m.
5560201 09	Nov. 22	Puzzle Competition	4:30-6:30 p.m.
5560201 10	Dec. 6	Reindeer Games	4:30-6:30 p.m.

## GONE BUT NOT FORGOTTEN

Informal group gathering for widows and widowers. Enjoy coffee, donuts, and the company of others who have experienced the loss of their spouse. Register by the day before the activity.

**1st and 3rd Mondays at 9:30 a.m.**

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## HEALTH & WELLNESS FAIR

This free event connects seniors with resources. Organizations will include rehabilitation, Medicare reps, transportation, assisted living, home healthcare, hospice, senior services, volunteer opportunities, and more. All attendees will be entered into a raffle for prizes. Register by the day before the event.

**Location:** Hilliard Social Center

**Cost:** Free

**Age:** 55 and older

Date	Time	Day(s)
Oct. 22	10 a.m.-noon	Tue

## HAPPINESS CLUB

The Happiness Club is a fundraising arm of the Social Center. Register by 4 p.m. the prior Wednesday to join this group for lunch, a business meeting, and entertainment.

Date	Time	Day
Sept. 13	Noon	Fri
Oct. 11	Noon	Fri
Nov. 8	Noon	Fri
Dec. 13	Noon	Fri

## THE HILLIARD CAFÉ

Enjoy weekly lunches at the Hilliard Social Center or order to go. Reservations are required by 4 p.m. the preceding day by calling (614) 876-0747. Check the monthly menu online at [hilliardohio.gov/senior-center](http://hilliardohio.gov/senior-center) for dates and times. Payment is accepted via Check, VISA, Discover, AMEX, or MasterCard.

### Lunch Hours

**Memorial Day – Labor Day** 11:30 a.m.

**Labor Day – Memorial Day** noon

## HEARING TESTS

Call **614-263-5151** to schedule an appointment. Columbus Speech & Hearing and Franklin County Senior Options are offering free hearing evaluations, hearing aid fittings and maintenance, and follow-up hearing aid services. Must be 60 or older, a Franklin County resident, and meet financial guidelines.

**Fourth Tuesdays, 9 a.m.-3 p.m.**

## INDOOR WALKING (LABOR DAY - MEMORIAL DAY)

Community Center Gym

**Tuesday and Thursday:** 8-9 a.m.

## MAHJONG

**Tuesday and Fridays at 1 p.m.** Bring your own set.

## MEXICAN TRAIN DOMINOES

**Thursday at 9:30 a.m.** Be the first player to lay down all your dominoes. Tiles left in your hand count against you, so play strategically to get rid of the high tiles.

## PRAYER LUNCHEON

An area minister presents a short message after lunch. Register by 4 p.m. the preceding day.

Date	Time	Day
Sept. 27	Noon	Fri
Oct. 25	Noon	Fri
Dec. 6	Noon	Fri

## TECHNOLOGY HELP

The City of Hilliard's IT Department will be on hand to assist with your technology needs, including phones, laptops, and tablets. Register by the day before the event.

**Location:** Hilliard Social Center

**Cost:** Free

**Age:** 55 and older

Date	Time	Day(s)
Sept. 11	9 a.m.-noon	Wed

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## HALLOWEEN LUNCH

Dress in your favorite costume and enjoy this holiday lunch with special treats and a costume contest! Pre-paid registration is required. No meal tickets or to-go meals.

**Location:** Hilliard Social Center  
**Cost:** HSC member \$8 | HSC Non-member \$10  
**Age:** 55 and older

Activity No.	Date	Time	Day(s)
456123 26	Oct. 31	Noon-1 p.m.	Thu

## VETERANS DAY LUNCH

We salute all the men and women who have served our country. This lunch is open to all and free to our veterans and their spouses. After lunch, enjoy a concert in your honor. Pre-register with the front desk. Regular lunch prices and meal tickets are accepted. No to-go meals.

**Location:** Hilliard Social Center  
**Cost:** HSC member \$8 | HSC Non-member \$10  
**Age:** 55 and older

Date	Time	Day(s)
Nov. 8	11:30 a.m.-1 p.m.	Fri

## THANKSGIVING LUNCH

This meal features all the traditional favorites, including turkey, mashed potatoes, dressing, green beans, and pumpkin pie! Pre-paid registration is required. No meal tickets or to-go meals.

**Location:** Hilliard Social Center  
**Cost:** HSC member \$8 | HSC Non-member \$10  
**Age:** 55 and older

Activity No.	Date	Time	Day(s)
456123 27	Nov. 21	Noon-1 p.m.	Thu

## CHRISTMAS LUNCH

Join the Hilliard Social Center for a delicious Christmas feast! Pre-paid registration is required. No meal tickets or to-go meals.

**Location:** Hilliard Social Center  
**Cost:** HSC member \$8 | HSC Non-member \$10  
**Age:** 55 and older

Activity No.	Date	Time	Day(s)
456123 28	Dec. 12	Noon-1 p.m.	Thu

## NOON YEAR'S EVE BRUNCH

Ring in the New Year at the Hilliard Social Center with brunch, music, and a countdown to noon! Pre-paid registration is required. No meal tickets or to-go meals.

**Location:** Hilliard Social Center  
**Cost:** HSC member \$8 | HSC Non-member \$10  
**Age:** 55 and older

Activity No.	Date	Time	Day(s)
456123 29	Dec. 31	11 a.m.-noon	Tue

