February 2025



Hilliard Senior Center Monday-Friday, 8 am-4 pm

| | OHIO • 1853 | | wonday-Friday, o am-4 pm | |
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| Mon | Tue | Wed | Thu | Fri |
| 3 8a AARP Taxes (CL & L) 9a Writers Group (MP-K) 9:30a Gone not Forgot (CR) 10a Euchre (CA) 12:30p Duplicate Bridge (MP) 12:30p Pinochle (CA) | 4 8a AARP Taxes (CL & L) 8a Indoor Walking (G) 9:30a Chair Yoga (MP) 9:30a Cornhole (G) 10a Spades (CA) 11:30a Lunch (MP) 12:30p Samba Cards (MP) 12:30p Mahjong (CA) | 5 8a AARP Taxes (CL & L) 9:30a Zumba Gold (MP) 9:30a Bridge (CA) 10a Craft Club (CR) 10:30a Coffee Chat (MP) 12:30p Euchre (MP) | 6 8a Indoor Walking (G) 9a Mex. Train Dominoes (CA) 9:30a Gentle Yoga (MP) 10a Lunch & Learn (CL) 11:30a Superbowl Lunch (MP) 12:30p Bingo (MP) 12:30p Samba Cards (CL) 12:30p Pinochle (CA) | 7 9:30a Chair Yoga (MP) 9:30a Open Studio (CR) 10a Paper Craft Class (CA) 10a Spades (CL) 12:30p Mahjong (CA) 12:30p Chess Club (CR) |
| 10 8a AARP Taxes (CL & L) 9a Writers Group (MP-K) 10a Bible Study (MP-S) 10a Euchre (CA) 12:30p Duplicate Bridge (MP) 12:30p Pinochle (CA) | 11 8a AARP Taxes (CL & L) 8a Indoor Walking (G) 9:30a Chair Yoga (MP) 9:30a Cornhole (G) 10a Spades (CA) 10:30a Book Club (CR) 11:30a Lunch (MP) 12:30p Samba Cards (MP) 12:30p Mahjong (CA) | 12 8a AARP Taxes (CL & L) 9:30a Zumba Gold (MP) 9:30a Bridge (CA) 10a Craft Club (CR) 10:30a Coffee Chat (MP) 12:30p Euchre (MP) | 13 8a Indoor Walking (G) 9a Mex. Train Dominoes (CA) 9:30a Gentle Yoga (MP) 11:30a V-Day Lunch (MP) 12:30p Bingo (MP) 12:30p Samba Cards (CL) 12:30p Pinochle (CA) | 14 9:30a Chair Yoga (MP) 9:30a Open Studio (CR) 10a Spades (CL) 11:30a Happiness Club (MP) 12:30p Mahjong (CA) 12:30p Chess Club (CR) |
| 17 8a AARP Taxes (CL & L) 9a Writers Group (MP-K) 9:30a Gone not Forgot (CR) 10a Euchre (CA) 12:30p Duplicate Bridge (MP) 12:30p Pinochle (CA) | 18 8a AARP Taxes (CL & L) 8a Indoor Walking (G) 9:30a Chair Yoga (MP) 9:30a Cornhole (G) 10a Spades (CA) 11:30a Lunch (MP) 12:30p Samba Cards (MP) 12:30p Mahjong (CA) | 19 8a AARP Taxes (CL & L) 9:30a Zumba Gold (MP) 9:30a Bridge (CA) 10a Craft Club (CR) 10:30a Coffee Chat (MP) 12:30p Euchre (MP) | 20 8a Indoor Walking (G) 9a Mex. Train Dominoes (CA) 9:30a Gentle Yoga (MP) 11:30a Lunch & Bingo (MP) 12:30p Samba Cards (CL) 12:30p Pinochle (CA) | 21 9:30a Chair Yoga (MP) 9a Alz Care Consult (L) 9:30a Alz Support Gr (CL) 9:30a Open Studio (CR) 10a Paper Craft Class (CA) 10a Spades (LO) 12p Blood Drive (MP) 12:30p Mahjong (CA) 12:30p Chess Club (CR) |
| 24 8a AARP Taxes (CL & L) 9a Writers Group (MP-K) 10a Bible Study (MP-S) 10a Euchre (CA) 12:30p Duplicate Bridge (MP) 12:30p Pinochle (CA) | 25 8a AARP Taxes (CL & L) 8a Indoor Walking (G) 9a Hearing Tests (CR) 9:30a Chair Yoga (MP) 9:30a Cornhole (G) 10a Spades (CA) 11:30a Lunch (MP) 12:30p Samba Cards (MP) 12:30p Mahjong (CA) | 26 8a AARP Taxes (CL & L) 9:30a Zumba Gold (MP) 9:30a Bridge (CA) 10a Craft Club (CR) 10:30a Coffee Chat (MP) 12:30p Euchre (MP) | 27 8a Indoor Walking (G) 9a Mex. Train Dominoes (CA) 9:30a Gentle Yoga (MP) 11:30a Lunch & Bingo (MP) 12:30p Samba Cards (CL) 12:30p Pinochle (CA) 1p OSHIIP (CR) | 28 9:30a Chair Yoga (MP) 9:30a Open Studio (CR) 10a Spades (CL) 11:30a Prayer Lunch (MP) 12:30p Mahjong (CA) 12:30p Chess Club (CR) 4:30p Friday Fun Day (MP) |

(MP) = Multipurpose Room (CR) = Craft Room (CL) = Classroom (CA) = Card Room (LO) = Lobby (G) = Gym (L) = Library

| Alzheimer Care Consultation (3rd Friday, 9 a.m1 p.m) | <u>Hilliard Café Lunches (11:30 a.m.)</u> |
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| Alzheimer's Association offers this free personalized service addressing the issues that | Register by day prior. See menu for prices & dates. |
| arise from Alzheimer's Disease or other related dementias. | <u>Hilliard Express—Free Transportation for Hilliard Residents 55+</u> |
| Alzheimer Caregiver Support Group (3rd Friday, 9:30-11 a.m.) | Call 1-833-742-7333 or visit SHAREMobility.com/hilliard to schedule. |
| Alzheimer's Association support groups, conducted by trained facilitators, are a safe | Hilliard Hikes (Wednesdays, 10 a.m.) |
| place for caregivers to develop a support system, exchange practical info, talk through | Free weekly hike! See full schedule in Your Hilliard. |
| issues and ways of coping, and learn about community resources. | Indoor Walking (Tuesday & Thursday, 8-9 a.m.) |
| Aspiring Writers Group (Mondays, 9 a.m.) | Walk laps around the gymnasium. Labor Day—Memorial Day. |
| Work on your own project on your own time and shares with the group. | Mahjong (Tuesdays and Fridays, 12:30 p.m.) |
| Back to School Volunteer Program | Beginners, join at 12:30 p.m. to learn the rules. Play begins at 1 p.m. |
| The Back-to-School Senior Volunteer program pairs volunteers like you with | |
| elementary school students to help improve reading, social, and classroom skills. See | <u>Mexican Train Dominoes (Thursdays, 9 a.m.)</u> |
| the flyer at the front desk for more information. | Be the first player to lay down all your dominoes. Tiles left in your hand count against |
| Bible Study (2nd & 4th Monday, 10 a.m.) | you, so play strategically to get rid of the high tiles. |
| Bring your own bible and join this discussion! | <u>Open Studio (Fridays, 10 a.m.)</u> |
| Bingo (Thursdays, 12:30 p.m.) | Artists can work on drawings or paintings & meet other artists. BYO supplies. |
| Sponsored by Humana, Cranberry Park, Lincoln Senior Insurance, Vitas Healthcare, | OSHIIP (4th Thursday) |
| Dublin Glenn, and Mayfair Village. | The Ohio Senior Health Insurance Information Program provides free info and health |
| Blood Pressure Checks Norwich Township FD (1st Thursday, 11 a.m Noon) | insurance services to Medicare recipients. Schedule an appointment at the front desk. |
| Book Club (2nd Tuesday, 10:30 a.m.) | Paper Craft Class (1st and 3rd Friday, 10-11:30 a.m.) |
| February Title: <i>Mad Honey</i> by Jodi Picoult | Create 4 different greeting cards with volunteer instructor Janet Hambleton. Limit of |
| Chess Club (Fridays, 12:30 p.m.) | 5, may only register for one class per month. Register by day prior. |
| Beginners and experienced players are welcome to join this group! | Prayer Luncheon (4th Friday, 11:30 a.m.) |
| Coffee Chat (Wednesdays, 10:30 a.m.) | An area minister presents a short message after meal. Register by day prior. |
| An informal gathering to connect with other older adults and meet some new friends! | AARP Tax Appointments |
| Cornhole (Tuesdays, 9:30 a.m.—12 p.m.) | Free tax prep for simple returns. Please check back in mid-January for registration |
| Labor Day—Memorial Day Craft Club (Wedneedman 10 a.m.) | dates. |
| <u>Craft Club (Wednesdays, 10 a.m.)</u> Bring your own craft to work on. | Lunch & Learn - Rutherford Funeral Home (January 6, 10 a.m.) |
| Fitness Classes: \$5 per class. Register by day prior. | Join Rutherford Funeral Home to learn about funeral pre-planning, including service |
| | options, costs, and benefits to pre-paying ahead of time. All attendees will receive a |
| Chair Yoga—Melanie Ross (Tues and Fri, 9:30-10:15 a.m.) Zumba Gold (low impact)—Doreen Woodard (Weds, 9:30-10:15 a.m.) | free Hilliard Café lunch courtesy of Rutherford Funeral Home. Register by day prior. |
| Gentle Yoga—Cindy Brewer (<i>Thurs, 9:30-10:15 a.m.</i>) | |
| Gone not Forgotten Coffee & Donuts (1st & 3rd Mondays, 9:30 a.m.) | Valentine's Day Lunch (February 13, 12:00 p.m.) |
| Informal group gathering for widows & widowers. Enjoy coffee & donuts with others | Enjoy a fun Valentine's Day lunch with friends, including a harpist, V-Day candy, |
| who have experienced the loss of their partner. Register by day prior. | door prizes, and more! Pre-paid registration required. No to-go lunches. |
| Happiness Club (2nd Friday, 11:30 a.m.) | <u>Friday Fun Days (February 28, 4:30–6:30 p.m.)</u> |
| Join for lunch, a business meeting, and entertainment. \$7 check, card, or meal ticket, | On Friday Fun Days, the HSC stays open later for a pizza and pop dinner paired with a |
| plus \$1 cash to Happiness Club. Register by day prior. | fun activity! February's activity is a Game Show Night, where you'll compete to win |
| Hearing Tests (4th Tuesday, 9 a.m3 p.m.) | popular game shows. \$8 HSC Members. Register by day prior. |
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Call 614-263-5151 to schedule an appointment. Columbus Speech & Hearing and Franklin County Senior Options are offering free hearing evaluations, hearing aid fittings and maintenance, and follow-up hearing aid services. Must be 60 or older, Franklin County resident, and meet financial guidelines.

**No Wii Bowling during taxes due to Classroom being utilized. Can resume in mid-April.