Hilliard Social Center Monday - Friday, 8:00am - 4:00pm

# May 2025

(MP) = Multipurpose Room (CR) = Craft Room (CL) = Classroom (CA) = Card Room (LO) = Lobby (G) = Gym (L) = Library

| Monday  | Tuesday  | Wednesday   | Thursday  | Friday  |
|---|--|---|---|---|
| CITY OF<br>HILLIARD<br>OHIO + 1853  |  | - HSC Trip<br>(see flyer for more info)   | <b>1</b><br>8:00a Indoor Walking (G)<br>9:00a Mex. Train Dominoes (CA)<br>9:30a Gentle Yoga (MP)<br>11:00a Blood Pressure Checks (L)<br>11:30a PROM LUNCHEON (MP)<br>12:30p Bingo (MP)<br>12:30p Samba Cards (CL)<br>12:30p Pinochle (CA) | 2<br>9:30a Cancelled Chair Yoga<br>9:30a Open Studio (CR)<br>10:00a Paper Craft Class (CA)<br>10:00a Spades (CL)<br>11:30a KENTUCKY DERBY (MP)<br>12:30p Mahjong (CA)<br>12:30p Chess Club (CR)   |
| 5<br>9:00a Writers Group (MP-K)<br>9:30a Gone But Not Forgotten<br>10:00a Euchre (CA)<br>12:30p Duplicate Bridge (MP)<br>12:30p Pinochle (CA)         | 6<br>8:00a Cancelled Indoor Walking (G)<br>9:30a Chair Yoga (MP)<br>9:30a Cancelled Cornhole (G)<br>10:00a Spades (CA)<br>11:30a Lunch (MP)<br>12:30p Samba Cards (MP)<br>12:30p Mahjong (CA)              | 7<br>9:30a Zumba Gold (MP)<br>9:30a Bridge (CA)<br>10:00a Craft Club (CR)<br>10:30a Coffee Chat (MP)<br>12:30p Euchre (MP)  | <b>8</b><br>8:00a Indoor Walking (G)<br>9:00a Mex. Train Dominoes (CA)<br>9:30a Gentle Yoga (MP)<br>11:30a Lunch (MP)<br>12:30p Bingo (MP)<br>12:30p Samba Cards (CL)<br>12:30p Pinochle (CA)   | 9<br>9:30a Chair Yoga (MP)<br>9:30a Open Studio (CR)<br>10:00a Spades (CL)<br>11:30a Happiness Club (MP)<br>12:30p Mahjong (CA)<br>12:30p Chess Club (CR)<br>SPRING FLING 4:30p-6:30p   |
| 12<br>9:00a Writers Group (MP-K)<br>10:00a Euchre (CA)<br>10:00a Bible Study (MP-S)<br>12:30p Duplicate Bridge (MP)<br>12:30p Pinochle (CA)           | <b>13</b><br>8:00a Indoor Walking (G)<br>9:30a Chair Yoga (MP)<br>9:30a Cornhole (G)<br>10:00a Spades (CA)<br>10:30a Book Club (CR)<br>11:30a Lunch (MP)<br>12:30p Samba Cards (MP)<br>12:30p Mahjong (CA) | 14<br>9:00a-12p TECHNOLOGY HELP<br>9:30a Zumba Gold (MP)<br>9:30a Bridge (CA)<br>10:00a Craft Club (CR)<br>10:30a Coffee Chat (MP)<br>12:30p Euchre (MP)              | <b>15</b><br>8:00a Indoor Walking (G)<br>9:00a Mex. Train Dominoes (CA)<br>9:30a Gentle Yoga (MP)<br>11:30a Lunch (MP)<br>12:30 Bingo (MP)<br>12:30p Samba Cards (CL)<br>12:30p Pinochle (CA)   | 16<br>9:00a Alz Care Consult (L)<br>9:30a Alz Support Gr (CL)<br>9:30a Chair Yoga (MP)<br>9:30a Open Studio (CR)<br>10:00a Paper Craft Class (CA)<br>10:00a Spades (LO)<br>12:00p Blood Drive (MP)<br>12:30p Mahjong (CA)<br>12:30p Chess Club (CR) |
| <b>19</b><br>9:00a Writers Group (MP-K)<br>9:30a Gone But Not Forgotten<br>10:00a Euchre (CA)<br>12:30p Duplicate Bridge (MP)<br>12:30p Pinochle (CA) | 20<br>8:00a Indoor Walking (G)<br>9:30a Chair Yoga (MP)<br>9:30a Cornhole (G)<br>10:00a Spades (CA)<br>11:30a Lunch (MP)<br>12:30p Samba Cards (MP)<br>12:30p Mahjong (CA)                                 | <b>21</b><br>9:30a <b>Zumba Gold</b> (MP)<br>9:30a <b>Bridge</b> (CA)<br>10:00a <b>Craft Club</b> (CR)<br>10:30a <b>Coffee Chat</b> (MP)<br>12:30p <b>Euchre</b> (MP) | 22<br>8:00a Indoor Walking (G)<br>9:00a Mex. Train Dominoes (CA)<br>9:30a Gentle Yoga (MP)<br>11:30a Lunch (MP)<br>12:30 Bingo (MP)<br>12:30p Samba Cards (CL)<br>12:30p Pinochle (CA)<br>1:00p OSHIIP (CR)                               | 23<br>9:30a Chair Yoga (MP)<br>9:30a Open Studio (CR)<br>10:00a Spades (CL)<br>11:30a Prayer Lunch (MP)<br>12:30p Mahjong (CA)<br>12:30p Chess Club (CR)<br>4:30p Friday Fun Day (MP)   |
| 26<br>HSC CLOSED IN<br>OBSERVANCE OF<br>MEMORIAL DAY  | 27<br>9:00a Hearing Tests (CR)<br>9:30a Chair Yoga (MP)<br>10:00a Spades (CA)<br>11:30a Lunch (MP)<br>12:30p Samba Cards (MP)<br>12:30p Mahjong (CA)   | <b>28</b><br>9:30a <b>Zumba Gold</b> (MP)<br>9:30a <b>Bridge</b> (CA)<br>10:00a <b>Craft Club</b> (CR)<br>10:30a <b>Coffee Chat</b> (MP)<br>12:30p <b>Euchre</b> (MP) | 29<br>9:00a Mex. Train Dominoes (CA)<br>9:30a Gentle Yoga (MP)<br>11:30a Lunch (MP)<br>12:30 Bingo (MP)<br>12:30p Samba Cards (CL)<br>12:30p Pinochle (CA)  | <b>30</b><br>9:30a <b>Chair Yoga</b> (MP)<br>9:30a <b>Open Studio</b> (CR)<br>10:00a <b>Spades</b> (LO)<br>12:30p <b>Mahjong</b> (CA)<br>12:30p <b>Chess Club</b> (CR)  |

#### Alzheimer Care Consultation (3rd Friday, 9 a.m.-1 p.m..)

Alzheimer's Association offers this free personalized service addressing the issues that arise from Alzheimer's Disease or other related dementias.

## Alzheimer Caregiver Support Group (3rd Friday, 9:30-11 a.m.)

Alzheimer's Association support groups, conducted by trained facilitators, are a safe place for caregivers to develop a support system, exchange practical info, talk through issues and ways of coping, and learn about community resources.

## Aspiring Writers Group (Mondays, 9 a.m.)

Work on your own project on your own time and shares with the group.

## Back to School Volunteer Program

The Back-to-School Senior Volunteer program pairs volunteers like you with elementary school students to help improve reading, social, and classroom skills. See the flyer at the front desk for more information.

## Bible Study (2nd & 4th Monday, 10 a.m.)

Bring your own bible and join this discussion!

Bingo (Thursdays, 12:30 p.m.)

Sponsored by Humana, Cranberry Park, Lincoln Senior Insurance, Vitas Healthcare, Dublin Glenn, and Mayfair Village.

Blood Pressure Checks Norwich Township FD (1st Thursday, 11 a.m. - Noon)

## Book Club (2nd Tuesday, 10:30 a.m.)

May Title: Unfinished Love Story by Doris Kearns Goodwin

Chess Club (Fridays, 12:30 p.m.)

Beginners and experienced players are welcome to join this group!

Coffee Chat (Wednesdays, 10:30 a.m.)

An informal gathering to connect with other older adults and meet some new friends!

Cornhole (Tuesdays, 9:30 a.m.-12 p.m.)

Labor Day–Memorial Day

Craft Club (Wednesdays, 10 a.m.)

Bring your own craft to work on.

<u>Fitness Classes:</u> \$5 per class. Register by day prior.

Chair Yoga—Melanie Ross (Tues and Fri, 9:30-10:15 a.m.)

Zumba Gold (low impact)—Doreen Woodard (Weds, 9:30-10:15 a.m.) Gentle Yoga—Cindy Brewer (Thurs, 9:30-10:15 a.m.)

# Gone not Forgotten Coffee & Donuts (1st & 3rd Mondays, 9:30 a.m.)

Informal group gathering for widows & widowers. Enjoy coffee & donuts with others who have experienced the loss of their partner. Register by day prior. **Happiness Club** (2nd Friday, 11:30 a.m.)

Join for lunch, a business meeting, and entertainment. \$7 check, card, or meal ticket, plus \$1 cash to Happiness Club. Register by day prior.

Hearing Tests (4th Tuesday, 9 a.m.-3 p.m.)

Call 614-263-5151 to schedule an appointment. Columbus Speech & Hearing and Franklin County Senior Options are offering free hearing evaluations, hearing aid fittings and maintenance, and follow-up hearing aid services. Must be 60 or older, Franklin County resident, and meet financial guidelines.

# Hilliard Café Lunches (11:30 a.m.)

Register by day prior. See menu for prices & dates.

# Hilliard Express—Free Transportation for Hilliard Residents 55+

Call 1-833-742-7333 or visit SHAREMobility.com/hilliard to schedule.

## Hilliard Hikes (Wednesdays, 10 a.m.)

Free weekly hike! See full schedule in Your Hilliard.

Indoor Walking (Tuesday & Thursday, 8-9 a.m.)

Walk laps around the gymnasium. Labor Day-Memorial Day.

Mahjong (Tuesdays and Fridays, 12:30 p.m.)

Beginners, join at 12:30 p.m. to learn the rules. Play begins at 1 p.m.

## Mexican Train Dominoes (Thursdays, 9 a.m.)

Be the first player to lay down all your dominoes. Tiles left in your hand count against you, so play strategically to get rid of the high tiles.

## Open Studio (Fridays, 9:30 a.m.)

Artists can work on drawings or paintings & meet other artists. BYO supplies. **OSHIIP** (*4th Thursday*)

The Ohio Senior Health Insurance Information Program provides free info and health insurance services to Medicare recipients. Schedule an appointment at the front desk.

## Paper Craft Class (1st and 3rd Friday, 10-11:30 a.m.)

Create 4 different greeting cards with volunteer instructor Janet Hambleton. Limit of 5, may only register for one class per month. Register by day prior.

#### Prayer Luncheon (4th Friday, 11:30 a.m.)

An area minister presents a short message after meal. Register by day prior.

# **UPCOMING EVENTS**

## Prom Luncheon with Darby High School (Thursday, May 1, 11:30am - 1:00pm)

Join us for a special afternoon as Darby High School seniors showcase their stunning prom attire before sitting down to enjoy lunch with us. This is a fantastic opportunity to meet and connect with these wonderful students while celebrating this memorable milestone together!

## Kentucky Derby Party (Friday, May 2, 11:30am - 12:30pm)

The Hilliard Social Center is off to the races! Place a friendly wager on the horse of your choosing, sip on a virgin mint julep, eat lunch, and finish with Kentucky blue grass pie. Remember to wear your favorite hat! Prepaid.

# Spring Fling Dance (Friday, May 9, 4:30pm - 6:30pm)

Break out your boogeying shoes and join us for a fun Spring Fling dance! Take a picture in the photo booth, participate in a cake walk, enjoy punch and hors d'oeuvres, and dance the night away to a live band. Prepaid registration is required.

# Technology Help Day (Wednesday, May 14, 9:00am - 12:00pm)

The City of Hilliard's IT Department will be on hand to assist with your technology needs, including phones, laptops, and tablets. Register by May 13.

## Friday Fun Days (Friday, May 23, 4:30pm - 6:30pm)

On Friday Fun Days, the HSC stays open later for a pizza and pop dinner paired with a fun activity! This month we are making a fun craft. \$8 HSC Members. Register by day prior.