

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:30a Chair Yoga (MP) 10:00a Spades (CA) 11:30a Lunch (MP) 12:30p Samba Cards (MP) 12:30p Mahjong (CA)	2 Closed due to Freedom Fest Prep	3 Closed due to Freedom Fest Prep	4 Closed due to Freedom Fest HAPPY 4th OF JULY!
	7 9:00a Writers Group (CL) 9:30a Gone But Not Forgotten 10:00a Euchre (CA) 12:00p Duplicate Bridge (MP) 12:30p Pinochle (CA) 	8 9:30a Chair Yoga (MP) 10:00a Spades (CA) 10:30a Book Club (CR) 11:30a Lunch (MP) 12:30p Samba Cards (MP) 12:30p Mahjong (CA) 	9 9:30a Zumba Gold (MP) 9:30a Bridge (CA) 9:45a Hilliard Hikes 10:00a Craft Club (CR) 10:30a Coffee Chat (CL) 12:30p Euchre (MP)	10 9:00a Mex. Train Dominoes (CA) 9:30a Gentle Yoga (MP) 10:00a World of Travel (CL) 11:30a Lunch (MP) 12:30p Bingo (MP) 12:30p Samba Cards (CL) 12:30p Pinochle (CA)
14 9:00a Writers Group (CL) 10:00a Bible Study (MP-S) 10:00a Euchre (CA) 12:00p Duplicate Bridge (MP) 12:30p Pinochle (CA)	15 9:30a Chair Yoga (MP) 10:00a Spades (CA) 12:30p Samba Cards (MP) 12:30p Mahjong (CA)  SENIOR DAY AT THE FRANKLIN COUNTY FAIR	16 9:30a Zumba Gold (MP) 9:30a Bridge (CA) 9:45a Hilliard Hikes 10:00a Craft Club (CR) 10:30a Coffee Chat (CL) 12:30p Euchre (MP)	17 9:00a Mex. Train Dominoes (CA) 9:30a Gentle Yoga (MP) 11:30a Lunch (MP) 12:30a Bingo (MP) 12:30p Samba Cards (CL) 12:30p Pinochle (CA) 	18 9:00a Alz Care Consult (L) 9:30a Alz Support Gr (CL) 9:30a Chair Yoga (MP) 9:30a Open Studio (CR) 10:00a Spades (LO) 12:00p Blood Drive (MP) 12:30p Mahjong (CA) 12:30p Chess Club (CL)
21 9:00a Writers Group (CL) 10:00a Euchre (CA) 9:30a Gone But Not Forgotten 12:00p Duplicate Bridge (MP) 12:30p Pinochle (CA)	22 9:30a Chair Yoga (MP) 10:00a Spades (CA) 10:30a LUNCH & LEARN 11:30a Lunch (MP) 12:30p Samba Cards (MP) 12:30p Mahjong (CA) 	23 9:30a Zumba Gold (MP) 9:30a Bridge (CA) 9:45a Hilliard Hikes 10:00a Craft Club (CR) 10:30a Coffee Chat (CL) 12:30p Euchre (MP)	24 9:00a Mex. Train Dominoes (CA) 9:30a Gentle Yoga (MP) 11:30a Lunch (MP) 12:30a Bingo (MP) 12:30p Samba Cards (CL) 12:30p Pinochle (CA) 1:00p OSHIIP (L)  	25 9:30a Chair Yoga (MP) 9:30a Open Studio (CR) 10:00a Spades (CL) 11:30a Prayer Lunch (MP) 12:30p Mahjong (CA) 12:30p Chess Club (CL) 4:30p Friday Fun Day (MP)
28 9:00a Writers Group (CL) 10:00a Bible Study (MP-S) 10:00a Euchre (CA) 12:00p Duplicate Bridge (MP) 12:30p Pinochle (CA) 	29 9:30a Chair Yoga (MP) 10:00a Spades (CA) 11:30a Lunch (MP) 12:30p Samba Cards (MP) 12:30p Mahjong (CA) 	30 9:30a Zumba Gold (MP) 9:30a Bridge (CA) 9:45a Hilliard Hikes 10:00a Craft Club (CR) 10:30a Coffee Chat (CL) 12:30p Euchre (MP)	31 9:00a Mex. Train Dominoes (CA) 9:30a Gentle Yoga (MP) 11:30a Lunch (MP) 12:30a Bingo (MP) 12:30p Samba Cards (CL) 12:30p Pinochle (CA)	 - HSC Trip (see flyer for more info)

Alzheimer Care Consultation (3rd Friday, 9 a.m.-1 p.m.)

Alzheimer's Association offers this free personalized service addressing the issues that arise from Alzheimer's Disease or other related dementias.

Alzheimer Caregiver Support Group (3rd Friday, 9:30-11 a.m.)

Alzheimer's Association support groups, conducted by trained facilitators, are a safe place for caregivers to develop a support system, exchange practical info, talk through issues and ways of coping, and learn about community resources.

Aspiring Writers Group (Mondays, 9 a.m.)

Work on your own project on your own time and shares with the group.

Back to School Volunteer Program

The Back-to-School Senior Volunteer program pairs volunteers like you with elementary school students to help improve reading, social, and classroom skills. See the flyer at the front desk for more information.

Bible Study (2nd & 4th Monday, 10 a.m.)

Bring your own bible and join this discussion!

Bingo (Thursdays, 12:30 p.m.)

Sponsored by Humana, Cranberry Park, Lincoln Senior Insurance, Vitas Healthcare, Dublin Glenn, and Mayfair Village.

Blood Pressure Checks Norwich Township FD (1st Thursday, 11 a.m. - Noon)

Book Club (2nd Tuesday, 10:30 a.m.)

July Title: The Women by Kristan Hannah

Chess Club (Fridays, 12:30 p.m.)

Beginners and experienced players are welcome to join this group!

Coffee Chat (Wednesdays, 10:30 a.m.)

An informal gathering to connect with other older adults and meet some new friends!

Craft Club (Wednesdays, 10 a.m.)

Bring your own craft to work on.

Fitness Classes: \$5 per class. Register by day prior.

Chair Yoga—Melanie Ross (Tues and Fri, 9:30-10:15 a.m.)

Zumba Gold (low impact)—Doreen Woodard (Weds, 9:30-10:15 a.m.)

Gentle Yoga—Cindy Brewer (Thurs, 9:30-10:15 a.m.)

Gone not Forgotten Coffee & Donuts (1st & 3rd Mondays, 9:30 a.m.)

Informal group gathering for widows & widowers. Enjoy coffee & donuts with others who have experienced the loss of their partner. Register by day prior.

Happiness Club (2nd Friday, 11:30 a.m.)

Join for lunch, a business meeting, and entertainment. \$7 check, card, or meal ticket, plus \$1 cash to Happiness Club. Register by day prior.

Hearing Tests (4th Tuesday, 9 a.m.-3 p.m.)

Call 614-263-5151 to schedule an appointment. Columbus Speech & Hearing and Franklin County Senior Options are offering free hearing evaluations, hearing aid fittings and maintenance, and follow-up hearing aid services. Must be 60 or older, Franklin County resident, and meet financial guidelines.

Hilliard Express—Free Transportation for Hilliard Residents 55+

Call 1-833-742-7333 or visit SHAREMobility.com/hilliard to schedule.

Hilliard Hikes (Wednesdays, 10 a.m.)

Free weekly hike! See full schedule in *Your Hilliard*.

Mahjong (Tuesdays and Fridays, 12:30 p.m.)

Beginners, join at 12:30 p.m. to learn the rules. Play begins at 1 p.m.

Mexican Train Dominoes (Thursdays, 9 a.m.)

Be the first player to lay down all your dominoes. Tiles left in your hand count against you, so play strategically to get rid of the high tiles.

Open Studio (Fridays, 9:30 a.m.)

Artists can work on drawings or paintings & meet other artists. BYO supplies.

OSHIIP (4th Thursday)

The Ohio Senior Health Insurance Information Program provides free info and health insurance services to Medicare recipients. Schedule an appointment at the front desk.

Paper Craft Class (1st and 3rd Friday, 10-11:30 a.m.)

Create 4 different greeting cards with volunteer instructor Janet Hambleton. Limit of 5, may only register for one class per month. Register by day prior.

Prayer Luncheon (4th Friday, 11:30 a.m.)

An area minister presents a short message after meal. Register by day prior.

UPCOMING EVENTS

FREEDOM FEST (Friday, July 4, 5:00pm - 10:30pm)

We kick off the Freedom Fest festivities in Roger A. Reynolds Municipal Park with live music by a national artist, food trucks, inflatables and games for kids and adults. Spend the day celebrating the USA with us in the City of Hilliard. We top the night off with a spectacular fireworks show.

World of Travel Presentation (Thursday, July 11, 10:00am - 11:00am)

Join us for an inspiring, travel themed workshop that celebrates the art of exploration through storytelling, fresh perspectives, and meaningful community connections. Plus, get a free preview of exciting upcoming travel opportunities presented by a World of Travel manager. Please register if you plan to attend!

Lunch & Learn - Humana & Dedicated Senior Medical (Tuesday, July 22, 10:30am)

Join us for a FREE Lunch & Learn **Give your Brain a Boost/Foods that Boost your Brain Power**. Open to the first 30 participants to register starting 6/9 at 9:00am

Friday Fun Days (Friday, July 25, 4:30pm - 6:30pm)

On Friday Fun Days, the HSC stays open later for a pizza and pop dinner paired with a fun activity! This month we are having a puzzle competition. \$8 HSC Members. Register by day prior.