September 2025

(A) = Alton Hall A (B) = Alton Hall B (C) = Alton Hall C (W) = The Well (L) = Lounge (G) = Game Room (TC) = Teaching Kitchen

Monday	Tuesday	Wednesday	Thursday	Friday
1 HSC Closed in Observance of Labor Day	2 9:30a Chair Yoga (MP) 9:30a Cornhole (G) 10:00a Spades (CA) 10:30a Book Club (CR) 11:30a Lunch (MP) 12:30p Samba Cards (MP) 12:30p Mahjong (CA)	9:30a Zumba Gold (MP) 9:30a Bridge (CA) 9:45a Hilliard Hikes 10:00a Craft Club (CR) 10:30a Coffee Chat (CL) 12:30p Euchre (MP)	9:00a Mex. Train Dominoes (CA) 9:30a Gentle Yoga (MP) 11:30a Lunch (MP) 12:30a Bingo (MP) 12:30p Samba Cards (CL) 12:30p Pinochle (CA)	9:30a Chair Yoga (MP) 9:30a Open Studio (CR) 10:00a Spades (CL) 12:30p Mahjong (CA) 12:30p Chess Club (CL)
3	9	10	11	12
HSC Closed due to move to The Well	HSC Closed due to move to The Well	HSC Closed due to move to The Well	HSC SOFT OPENING LUNCH 11:00am	HSC Closed due to move to The Well
HSC Closed due to move to The Well	HSC Closed due to move to The Well	HSC Closed due to move to The Well	THE WELL GRAND OPENING!!	9:00a Alz Care Consult (W) 9:30a Alz Support Gr (W) 9:30a Open Studio (A) 10:00a Paper Craft Class (B) 10:00a Spades (C) 12:30p Mahjong (B) 12:30p Chess Club (L)
8:30a Water Walking (W) 9:00a Writers Group (A) 10:00a Euchre (B) 10:00a Bible Study (C) 12:00p Duplicate Bridge (C) 12:30p Pinochle (A)	8:30a Walking Track (W) 9:30a Cornhole (W) 10:00a Spades (A) 11:30a Lunch (B&C) 12:30p Samba Cards (A) 12:30p Mahjong (B)	8:30a Water Walking (W) 9:30a Bridge (B) 10:00a Craft Club (A) 10:30a Coffee Chat (C) 12:30p Euchre (C)	8:30a Walking Track (W) 9:00a Mex. Train Dominoes (A) 11:30a Lunch (B&C) 12:30a Bingo (B&C) 12:30p Samba Cards (A) 12:30p Pinochle (L) 1:00p OSHIIP (W)	9:30a Open Studio (A) 10:00a Spades (C) 12:30p Mahjong (A) 12:30p Chess Club (L)
8:30a Water Walking (W) 9:00a Writers Group (A) 10:00a Euchre (B) 12:00p Duplicate Bridge (C) 12:30p Pinochle (A)	30 8:30a Walking Track (W) 9:30a Cornhole (W) 10:00a Spades (A) 11:30a Lunch (B&C) 12:30p Samba Cards (A) 12:30p Mahjong (B)	HILLIARD OHIO. 1853	- HSC Trip (see flyer for more info)	THE WELL HILLIARD RECREATION & WELLNESS CENTER

Alzheimer Care Consultation (3rd Friday, 9 a.m.-1 p.m..)

Alzheimer's Association offers this free personalized service addressing the issues that arise from Alzheimer's Disease or other related dementias.

Alzheimer Caregiver Support Group (3rd Friday, 9:30-11 a.m.)

Alzheimer's Association support groups, conducted by trained facilitators, are a safe place for caregivers to develop a support system, exchange practical info, talk through issues and ways of coping, and learn about community resources.

Aspiring Writers Group (Mondays, 9 a.m.)

Work on your own project on your own time and shares with the group.

Back to School Volunteer Program

The Back-to-School Senior Volunteer program pairs volunteers like you with elementary school students to help improve reading, social, and classroom skills. See the flyer at the front desk for more information.

Bible Study (2nd & 4th Monday, 10 a.m.)

Bring your own bible and join this discussion!

Bingo (Thursdays, 12:30 p.m.)

Sponsored by Humana, Cranberry Park, Lincoln Senior Insurance, Vitas Healthcare, Dublin Glenn, and Mayfair Village.

<u>Blood Pressure Checks Norwich Township FD (1st Thursday, 11 a.m. - Noon)</u>

Book Club (2nd Tuesday, 10:30 a.m.)

September Title: Hidden Potential by Adam Grant

Chess Club (Fridays, 12:30 p.m.)

Beginners and experienced players are welcome to join this group!

Coffee Chat (Wednesdays, 10:30 a.m.)

An informal gathering to connect with other older adults and meet some new friends!

Cornhole (Tuesdays, 9:30 a.m. -12 p.m.)

Labor Day—Memorial Day

Craft Club (Wednesdays, 10 a.m.)

Bring your own craft to work on.

Fitness Classes: \$5 per class. Register by day prior.

Chair Yoga—Melanie Ross (Tues and Fri, 9:30-10:15 a.m.)

Zumba Gold (low impact)—Doreen Woodard (Weds, 9:30-10:15 a.m.)

Gentle Yoga—Cindy Brewer (Thurs, 9:30-10:15 a.m.)

Gone not Forgotten Coffee & Donuts (1st & 3rd Mondays, 9:30 a.m.)

Informal group gathering for widows & widowers. Enjoy coffee & donuts with others who have experienced the loss of their partner. Register by day prior.

Happiness Club (2nd Friday, 11:30 a.m.)

Join for lunch, a business meeting, and entertainment. \$7 check, card, or meal ticket, plus \$1 cash to Happiness Club. Register by day prior.

Hearing Tests (4th Tuesday, 9 a.m.-3 p.m.)

Call 614-263-5151 to schedule an appointment. Columbus Speech & Hearing and Franklin County Senior Options are offering free hearing evaluations, hearing aid fittings and maintenance, and follow-up hearing aid services. Must be 60 or older, Franklin County resident, and meet financial guidelines.

Hilliard Café Lunches (11:30 a.m.)

Register by day prior. See menu for prices & dates.

Hilliard Express-Free Transportation for Hilliard Residents 55+

Call 1-833-742-7333 or visit SHAREMobility.com/hilliard to schedule.

Mahjong (Tuesdays and Fridays, 12:30 p.m.)

Beginners, join at 12:30 p.m. to learn the rules. Play begins at 1 p.m.

Mexican Train Dominoes (Thursdays, 9 a.m.)

Be the first player to lay down all your dominoes. Tiles left in your hand count against you, so play strategically to get rid of the high tiles.

Open Studio (Fridays, 9:30 a.m.)

Artists can work on drawings or paintings & meet other artists. BYO supplies.

OSHIIP (4th Thursday)

The Ohio Senior Health Insurance Information Program provides free info and health insurance services to Medicare recipients. Schedule an appointment at the front desk.

Paper Craft Class (1st and 3rd Friday, 10-11:30 a.m.)

Create 4 different greeting cards with volunteer instructor Janet Hambleton. Limit of 5, may only register for one class per month. Register by day prior.

Prayer Luncheon (4th Friday, 11:30 a.m.)

An area minister presents a short message after meal. Register by day prior.

UPCOMING EVENTS

HSC Soft Opening Lunch (Thursday, September 11, 11 a.m.-12:30 p.m.)

Join us for the Soft Opening of the HSC at The Well! Take a tour of the HSC and have our very first Hilliard Café lunch with us. Please sign up by 9/5. No to go's.

The Well GRAND OPENING!! (Thursday, September 18, 5:30-8:30 p.m.)

It's the Grand Opening Celebration for The Well

Friday, September 19

Start of regular HSC operating hours at The Well Mondays—Fridays 8:00 a.m.—4:00 p.m.

Yearly Shut Down Update: Due to the opening of The Well in September, the annual maintenance shut down is going to be September 8 - 17.

Information on trips can be found on September 2025 Trip Registration Flyer